

全港精英跳繩比賽 2026 暨 香港代表隊選拔賽 (個人賽) 大會流程表

日期：2026 年 1 月 25 日

地點：石硤尾公園體育館 (深水埗南昌街 290 號)

賽事：個人賽 (所有組別)

預計開始時間	比賽項目/活動
單人繩速度跳比賽(30 秒)	
09:00	9-11 歲 (2015-17 年出生) 男、女子組 12 - 15 歲 (2011 - 2014 年出生) 男、女子組 16 歲或以上 (2010 年或之前出生) 男、女子組
單人繩速度耐力跳比賽(180 秒)	
10:05	9-11 歲 (2015-17 年出生) 男、女子組 12 - 15 歲 (2011 - 2014 年出生) 男、女子組 16 歲或以上 (2010 年或之前出生) 男、女子組
單人繩三重耐力跳比賽	
11:40	16 歲或以上 (2010 年或之前出生) 男、女子組
午膳時間	

單人繩個人花式比賽(75 秒)

13:30

9-11 歲 (2015-17 年出生) 男、女子組
12 - 15 歲 (2011 - 2014 年出生) 男、女子組
16 歲或以上 (2010 年或之前出生) 男、女子組

頒獎典禮

- 以上時間只供參考，如有需要，本會會實際情況而作出調動，請留意大會宣佈。
- 各隊伍的比賽次序，請參考相關的出場序。
- 請運動員於比賽項目開始前 **10-15** 分鐘到召集處報到。
- 各運動員必須攜同有效的身份證明文件正本或副本 (證明文件必須印有參賽者樣貌及出生日期，如：香港身份證 / 護照 / 學生手冊)到召集處報到及進入所屬比賽場區的裁判，以便核對身份。
- 如果運動員 / 隊伍因未經正確途徑進入比賽場區；例如未先到報到處報到，而進入等候區，或比賽場區，該運動員 / 隊伍將不會獲得參賽的資格。

Address: Workshop F on 11/F, Leapont Centre, Nos. 18-28 Wo Liu Hang Road, Shatin, N.T., Hong Kong
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Heat 1

Entry	Station/Event	Team	Participants
#10	1: SRSS F 9-11	繩研跳繩運動學院	 Elly Ngai Sum Fung
#1	2: SRSS F 9-11	HKRSC	 Wai Kiu Cheng
#5	3: SRSS F 9-11	元朗區體育會	 Hoi Ying Fung
#7	4: SRSS F 9-11	星辰跳繩部	 YAN KI ZHENG
#6	5: SRSS F 9-11	星辰跳繩部	 Ying Hei CHAN
#8	6: SRSS F 9-11	星辰跳繩部	 Chung Yiu Chan
#9	7: SRSS F 9-11	星辰跳繩部	 Cheuk Yin Ng
#3	8: SRSS F 9-11	JUMPER	 NGA SUM ALISHA TAM
#4	9: SRSS F 9-11	Jump Lab	 Tsz Yu Lai
#11	10: SRSS F 9-11	香港跳繩精英訓練社(Aces)	 Gabriella Wong

Heat 2

Entry	Station/Event	Team	Participants
#2	1: SRSS F 9-11	JUMPER	 YEUK LAM MOK
#92	2: SRSS M 9-11	HKRSC	 TIN HANG TIVON IP
#94	3: SRSS M 9-11	HKRSC	 CLAYTON HUNGZEN LUKE
#100	4: SRSS M 9-11	香港跳繩精英訓練社(Aces)	 Yu Yat Pun
#93	5: SRSS M 9-11	HKRSC	 TSZ HEI AU
#98	6: SRSS M 9-11	香港跳繩精英訓練社(Aces)	 Tin Shing Jadon Chung
#96	7: SRSS M 9-11	Vigor	 Yu Kiu Choi
#91	8: SRSS M 9-11	Duckie Learning Centre	 Yuk Long POON
#99	9: SRSS M 9-11	香港跳繩精英訓練社(Aces)	 On Yin Wong
#101	10: SRSS M 9-11	香港跳繩精英訓練社(Aces)	 Yu Cheung Choi

Heat 3

Entry	Station/Event	Team	Participants
#95	1: SRSS M 9-11	JUMP TO INFINITY	 Ching Kiu Cho
#97	2: SRSS M 9-11	星辰跳繩部	 Cheuk Lap Lucas Fong
#1019	3: SRSS F 12-15	HKRSC	 Hoi Ching WONG

Heat 3

Entry	Station/Event	Team	Participants
#1024	4: SRSS F 12-15	JUMP TO INFINITY	 Ka Yan TSANG
#1035	5: SRSS F 12-15	星辰跳繩部	 Chin Tung Rellaa SO
#1021	6: SRSS F 12-15	HKRSC	 Cheuk Lam Jolie NG
#1036	7: SRSS F 12-15	星辰跳繩部	 Sum Yau LAW
#1010	8: SRSS F 12-15	Duckie Learning Centre	 Hei Yau CHAN
#1011	9: SRSS F 12-15	HKRSAcademy	 Hiu Chin AU
#1008	10: SRSS F 12-15	Duckie Learning Centre	 Yin Sum Iris WONG

Heat 4

Entry	Station/Event	Team	Participants
#1018	1: SRSS F 12-15	HKRSC	 LETTY HUI
#1014	2: SRSS F 12-15	Fever Jump Rope	 Tsz Fei Lai
#1027	3: SRSS F 12-15	Vigor	 Chi Hei CHAN
#1038	4: SRSS F 12-15	繩研跳繩運動學院	 Tsz Hei LAW
#1012	5: SRSS F 12-15	HKRSAcademy	 Sze Yu PANG
#1022	6: SRSS F 12-15	HKRSC	 Tsz Ying Leung
#1013	7: SRSS F 12-15	HKRSAcademy	 Yi Sum LAM
#1037	8: SRSS F 12-15	星辰跳繩部	 EMMA WONG
#1039	9: SRSS F 12-15	至專運動學院	 Yuen Yan Sheung
#1020	10: SRSS F 12-15	HKRSC	 Hiu Lam CHAN

Heat 5

Entry	Station/Event	Team	Participants
#1030	1: SRSS F 12-15	Vigor	 Sik Tung LI
#1026	2: SRSS F 12-15	Stunning Rope Skipping Club	 Hiu Tung LEUNG
#1031	3: SRSS F 12-15	Vigor	 Hei Wing Isabelle Chung
#1017	4: SRSS F 12-15	HKRSC	 Hiu Tung WONG
#1023	5: SRSS F 12-15	HKRSC	 Hiu Laam Kasie SHE
#1009	6: SRSS F 12-15	Duckie Learning Centre	 Hoi Ka CHAN
#1032	7: SRSS F 12-15	Vigor	 Cheuk Ying Law
#1015	8: SRSS F 12-15	Fever Jump Rope	 Chi Yau Fong

Heat 5

Entry	Station/Event	Team	Participants
#1028	9: SRSS F 12-15	Vigor	 Kei Ching Alexis LUNG
#1033	10: SRSS F 12-15	Vigor	 Sik Tung LI

Heat 6

Entry	Station/Event	Team	Participants
#1025	1: SRSS F 12-15	Stunning Rope Skipping Club	 Hoi Lam LEUNG
#1029	2: SRSS F 12-15	Vigor	 YEE CHING KWOK
#1034	3: SRSS F 12-15	國際跳繩有限公司	 Suet Sha Lo
#1016	4: SRSS F 12-15	HKRSC	 Nok Ching MA
#1264	5: SRSS M 12-15	繩研跳繩運動學院	 Ho Long LIANG
#1255	6: SRSS M 12-15	Vigor	 Tung Yeung CHEUNG
#1253	7: SRSS M 12-15	Stunning Rope Skipping Club	 Shun Hang WAT
#1240	8: SRSS M 12-15	HKRSAcademy	 Long Yin YAN
#1272	9: SRSS M 12-15	香港跳繩精英訓練社(Aces)	 Hui San Lei
#1266	10: SRSS M 12-15	至專運動學院	 Man Ho TSANG

Heat 7

Entry	Station/Event	Team	Participants
#1273	1: SRSS M 12-15	香港跳繩精英訓練社(Aces)	 Cheuk Yin LAU
#1250	2: SRSS M 12-15	HKRSC	 YAU HEI STEWART LAM
#1243	3: SRSS M 12-15	HKRSAcademy	 Chun Kiu Adrian CHAN
#1257	4: SRSS M 12-15	Vigor	 Tsun Ka HO
#1262	5: SRSS M 12-15	星辰跳繩部	 Pak Hin Kok
#1258	6: SRSS M 12-15	Vigor	 Yin Hang CHUNG
#1249	7: SRSS M 12-15	HKRSC	 DAO LANG YEUNG
#1269	8: SRSS M 12-15	香港跳繩精英訓練社(Aces)	 Chung Hei Wong
#1241	9: SRSS M 12-15	HKRSAcademy	 Tin Long YEUNG
#1247	10: SRSS M 12-15	HKRSC	 Nok Tung Ma

Heat 8

Entry	Station/Event	Team	Participants
#1263	1: SRSS M 12-15	繩研跳繩運動學院	 Tsz Ming TSUI

Heat 8

Entry	Station/Event	Team	Participants
#1265	2: SRSS M 12-15	至專運動學院	 Tung Chak WONG
#1254	3: SRSS M 12-15	Vigor	 Aden Hei Tung CHUNG
#1252	4: SRSS M 12-15	JUMP TO INFINITY	 Tsz Fung MAK
#1259	5: SRSS M 12-15	國際跳繩有限公司	 Ka Him Chan
#1274	6: SRSS M 12-15	香港跳繩精英訓練社(Aces)	 Yui Kwong
#1270	7: SRSS M 12-15	香港跳繩精英訓練社(Aces)	 Chun Hei Tsang
#1260	8: SRSS M 12-15	星辰跳繩部	 Hoi Chun CHAN
#1261	9: SRSS M 12-15	星辰跳繩部	 Ka Lok CHAN
#1239	10: SRSS M 12-15	Duckie Learning Centre	 Hau Yin KWONG

Heat 9

Entry	Station/Event	Team	Participants
#1268	1: SRSS M 12-15	至專運動學院	 Ka Chun NG
#1244	2: SRSS M 12-15	HKRSAcademy	 Chit Nam Anson LOK
#1248	3: SRSS M 12-15	HKRSC	 KING YU NG
#1251	4: SRSS M 12-15	HKSPORTPRO	 Yui Chit Lee
#1246	5: SRSS M 12-15	HKRSC	 Chit Wai LEUNG
#1267	6: SRSS M 12-15	至專運動學院	 Man Kiu LAM
#1245	7: SRSS M 12-15	Fever Jump Rope	 Yiu Hong Chun
#1256	8: SRSS M 12-15	Vigor	 HO WANG JAY TANG
#1271	9: SRSS M 12-15	香港跳繩精英訓練社(Aces)	 Chun Kit Siu
#1242	10: SRSS M 12-15	HKRSAcademy	 Sze Long LUK

Heat 10

Entry	Station/Event	Team	Participants
#305	1: SRSS F 16+ (S)	星辰跳繩部	 Tsz Ching Gustave YEUNG
#279	2: SRSS F 16+ (S)	HKRSAcademy	 Hiu Lam CHAN
#300	3: SRSS F 16+ (S)	Vigor	 Hoi Ching Li
#294	4: SRSS F 16+ (S)	JUMPER	 Yu Tung Lai
#289	5: SRSS F 16+ (S)	HKRSC	 Tsz Yiu WONG
#296	6: SRSS F 16+ (S)	Masterful Studio	 Uen Yan LEE

Heat 10

Entry	Station/Event	Team	Participants
#306	7: SRSS F 16+ (S)	濠動體育有限公司	 Sum Yi LEE
#286	8: SRSS F 16+ (S)	HKRSAcademy	 Yue Tong Eden WU
#282	9: SRSS F 16+ (S)	HKRSAcademy	 Pui Lam LEE
#284	10: SRSS F 16+ (S)	HKRSAcademy	 Ziqi CHEN

Heat 11

Entry	Station/Event	Team	Participants
#307	1: SRSS F 16+ (S)	至專運動學院	 Cheuk Ki HO
#310	2: SRSS F 16+ (S)	香港跳繩精英訓練社(Aces)	 Shin Hang LO
#285	3: SRSS F 16+ (S)	HKRSAcademy	 Wing Yau TAI
#308	4: SRSS F 16+ (S)	香港跳繩精英訓練社(Aces)	 Siu Yu LUO
#298	5: SRSS F 16+ (S)	Stunning Rope Skipping Club	 Cheuk Lam LI
#297	6: SRSS F 16+ (S)	Stunning Rope Skipping Club	 Cho Yi LAW
#303	7: SRSS F 16+ (S)	星辰跳繩部	 Hoi Tung CHENG
#292	8: SRSS F 16+ (S)	HKRSC	 Hoi Ching TANG
#299	9: SRSS F 16+ (S)	Vigor	 Sze Lam Roselyn Law
#304	10: SRSS F 16+ (S)	星辰跳繩部	 Wing SHIH

Heat 12

Entry	Station/Event	Team	Participants
#291	1: SRSS F 16+ (S)	HKRSC	 Cheuk Yiu SIN
#287	2: SRSS F 16+ (S)	HKRSAcademy	 Wai Ka TSANG
#302	3: SRSS F 16+ (S)	國際跳繩有限公司	 Tsz Mong CHAN
#280	4: SRSS F 16+ (S)	HKRSAcademy	 Hong Lam WONG
#309	5: SRSS F 16+ (S)	香港跳繩精英訓練社(Aces)	 Ka Ying So
#281	6: SRSS F 16+ (S)	HKRSAcademy	 Hiu Tung YUEN
#283	7: SRSS F 16+ (S)	HKRSAcademy	 Hiu Lam SHUM
#301	8: SRSS F 16+ (S)	國際跳繩有限公司	 Chi Wing CHIANG
#288	9: SRSS F 16+ (S)	Fever Jump Rope	 Hau Yee WONG
#290	10: SRSS F 16+ (S)	HKRSC	 Yin Ting POON

Heat 13

Entry	Station/Event	Team	Participants
#293	1: SRSS F 16+ (S)	JUMPER	 Cheuk Yan MA
#295	2: SRSS F 16+ (S)	JUMP TO INFINITY	 Tsz Yiu HUANG
#578	3: SRSS M 16+ (S)	星辰跳繩部	 Cheuk Lam KE
#586	4: SRSS M 16+ (S)	繩研跳繩運動學院	 Ho Yuen LOUIE
#557	5: SRSS M 16+ (S)	FORCES	 Wing Lam CHEUNG
#559	6: SRSS M 16+ (S)	HKRSC	 Qing Bin CHEN
#583	7: SRSS M 16+ (S)	星辰跳繩部	 Sing Long Lee
#551	8: SRSS M 16+ (S)	HKRSAcademy	 Ching Yau YUEN
#565	9: SRSS M 16+ (S)	HKRSC	 Po Hang Parco SHUM
#550	10: SRSS M 16+ (S)	HKRSAcademy	 Tin Yau WONG

Heat 14

Entry	Station/Event	Team	Participants
#571	1: SRSS M 16+ (S)	Masterful Studio	 Chin Hei LAI
#576	2: SRSS M 16+ (S)	星辰跳繩部	 Hoi Hang Chen
#569	3: SRSS M 16+ (S)	Masterful Studio	 Chun Hei Tsang
#582	4: SRSS M 16+ (S)	星辰跳繩部	 Man Hei LAI
#554	5: SRSS M 16+ (S)	HKRSAcademy	 Kwan Hop Chan
#580	6: SRSS M 16+ (S)	星辰跳繩部	 Yik Nam HO
#570	7: SRSS M 16+ (S)	Masterful Studio	 Chi Hung WONG
#588	8: SRSS M 16+ (S)	香港跳繩精英訓練社(Aces)	 Shuishan JIANG
#564	9: SRSS M 16+ (S)	HKRSC	 Chun Kin Alvin Kwok
#568	10: SRSS M 16+ (S)	Masterful Studio	 Hong Yau CHOI

Heat 15

Entry	Station/Event	Team	Participants
#548	1: SRSS M 16+ (S)	HKRSAcademy	 Yun San LEUNG
#561	2: SRSS M 16+ (S)	HKRSC	 Chun Lai KONG
#572	3: SRSS M 16+ (S)	Masterful Studio	 Ka Po LAI
#589	4: SRSS M 16+ (S)	香港跳繩精英訓練社(Aces)	 Cheuk Him MA

Heat 15

Entry	Station/Event	Team	Participants
#556	5: SRSS M 16+ (S)	FORCES	 Pak Hung CHEUNG
#581	6: SRSS M 16+ (S)	星辰跳繩部	 Ching Hin CHAN
#549	7: SRSS M 16+ (S)	HKRSAcademy	 Pan Hei LAU
#552	8: SRSS M 16+ (S)	HKRSAcademy	 Tsz Wai WONG
#558	9: SRSS M 16+ (S)	HKRSC	 Tin Long LEE
#573	10: SRSS M 16+ (S)	SKIPPER'Z	 Hong Tai Yan

Heat 16

Entry	Station/Event	Team	Participants
#567	1: SRSS M 16+ (S)	Masterful Studio	 Chi Kin NG
#585	2: SRSS M 16+ (S)	濠動體育有限公司	 Pak Ming YIP
#560	3: SRSS M 16+ (S)	HKRSC	 Tsz Hin CHEUNG
#577	4: SRSS M 16+ (S)	星辰跳繩部	 Ho Yiu TANG
#587	5: SRSS M 16+ (S)	繩研跳繩運動學院	 Cheuk Nam Scott Yau
#584	6: SRSS M 16+ (S)	濠動體育有限公司	 Hon Man CHAN
#575	7: SRSS M 16+ (S)	Stunning Rope Skipping Club	 Hoi Lok TAM
#590	8: SRSS M 16+ (S)	香港跳繩精英訓練社(Aces)	 Ka Lok NG
#553	9: SRSS M 16+ (S)	HKRSAcademy	 Tsun Hei Edgar HO
#555	10: SRSS M 16+ (S)	Fever Jump Rope	 Tsz Tik Leung

Heat 17

Entry	Station/Event	Team	Participants
#566	1: SRSS M 16+ (S)	JUMPER	 Shun Him Zachary CHEUNG
#574	2: SRSS M 16+ (S)	SKIPPER'Z	 Wan Yi Kwong
#591	3: SRSS M 16+ (S)	香港跳繩精英訓練社(Aces)	 Ka Hei LI
#579	4: SRSS M 16+ (S)	星辰跳繩部	 Cheuk Hing KE
#563	5: SRSS M 16+ (S)	HKRSC	 Hiu Hei XU
#562	6: SRSS M 16+ (S)	HKRSC	 Pak Wai CHU

Heat 18

Entry	Station/Event	Team	Participants
#21	1: SRSE F 9-11	繩研跳繩運動學院	 Elly Ngai Sum Fung
#16	2: SRSE F 9-11	元朗區體育會	 Hoi Ying Fung
#18	3: SRSE F 9-11	星辰跳繩部	 YAN KI ZHENG
#13	4: SRSE F 9-11	JUMPER	 YEUK LAM MOK
#20	5: SRSE F 9-11	星辰跳繩部	 Cheuk Yin Ng
#17	6: SRSE F 9-11	星辰跳繩部	 Ying Hei CHAN
#19	7: SRSE F 9-11	星辰跳繩部	 Chung Yiu Chan
#12	8: SRSE F 9-11	HKRSC	 Wai Kiu Cheng
#15	9: SRSE F 9-11	Jump Lab	 Tsz Yu Lai
#14	10: SRSE F 9-11	JUMPER	 NGA SUM ALISHA TAM

Heat 19

Entry	Station/Event	Team	Participants
#22	1: SRSE F 9-11	香港跳繩精英訓練社(Aces)	 Gabriella Wong
#109	2: SRSE M 9-11	星辰跳繩部	 Cheuk Lap Lucas Fong
#110	3: SRSE M 9-11	香港跳繩精英訓練社(Aces)	 Tin Shing Jadon Chung
#108	4: SRSE M 9-11	Vigor	 Yu Kiu Choi
#106	5: SRSE M 9-11	HKRSC	 CLAYTON HUNGZEN LUKE
#105	6: SRSE M 9-11	HKRSC	 TSZ HEI AU
#112	7: SRSE M 9-11	香港跳繩精英訓練社(Aces)	 Yu Yat Pun
#107	8: SRSE M 9-11	JUMP TO INFINITY	 Ching Kiu Cho
#103	9: SRSE M 9-11	Duckie Learning Centre	 Yuk Long POON
#113	10: SRSE M 9-11	香港跳繩精英訓練社(Aces)	 Yu Cheung Choi

Heat 20

Entry	Station/Event	Team	Participants
#111	1: SRSE M 9-11	香港跳繩精英訓練社(Aces)	 On Yin Wong
#104	2: SRSE M 9-11	HKRSC	 TIN HANG TIVON IP
#1058	3: SRSE F 12-15	Vigor	 Chi Hei CHAN

Heat 20

Entry	Station/Event	Team	Participants
#1043	4: SRSE F 12-15	HKRSAcademy	 Hiu Chin AU
#1051	5: SRSE F 12-15	HKRSC	 Hoi Ching WONG
#1053	6: SRSE F 12-15	HKRSC	 Cheuk Lam Jolie NG
#1047	7: SRSE F 12-15	Fever Jump Rope	 Chi Yau Fong
#1041	8: SRSE F 12-15	Duckie Learning Centre	 Hoi Ka CHAN
#1066	9: SRSE F 12-15	星辰跳繩部	 Sum Yau LAW
#1069	10: SRSE F 12-15	至專運動學院	 Yuen Yan Sheung

Heat 21

Entry	Station/Event	Team	Participants
#1055	1: SRSE F 12-15	HKRSC	 Hiu Laam Kasie SHE
#1062	2: SRSE F 12-15	Vigor	 Hei Wing Isabelle Chung
#1049	3: SRSE F 12-15	HKRSC	 Hiu Tung WONG
#1050	4: SRSE F 12-15	HKRSC	 LETTY HUI
#1052	5: SRSE F 12-15	HKRSC	 Hiu Lam CHAN
#1067	6: SRSE F 12-15	星辰跳繩部	 EMMA WONG
#1068	7: SRSE F 12-15	繩研跳繩運動學院	 Tsz Hei LAW
#1042	8: SRSE F 12-15	Duckie Learning Centre	 Hei Yau CHAN
#1045	9: SRSE F 12-15	HKRSAcademy	 Yi Sum LAM
#1040	10: SRSE F 12-15	Duckie Learning Centre	 Yin Sum Iris WONG

Heat 22

Entry	Station/Event	Team	Participants
#1061	1: SRSE F 12-15	Vigor	 Sik Tung LI
#1054	2: SRSE F 12-15	HKRSC	 Tsz Ying Leung
#1060	3: SRSE F 12-15	Vigor	 YEE CHING KWOK
#1056	4: SRSE F 12-15	Stunning Rope Skipping Club	 Hoi Lam LEUNG
#1057	5: SRSE F 12-15	Stunning Rope Skipping Club	 Hiu Tung LEUNG
#1059	6: SRSE F 12-15	Vigor	 Kei Ching Alexis LUNG
#1046	7: SRSE F 12-15	Fever Jump Rope	 Tsz Fei Lai
#1048	8: SRSE F 12-15	HKRSC	 Nok Ching MA

Heat 22

Entry	Station/Event	Team	Participants
#1044	9: SRSE F 12-15	HKRSAcademy	 Sze Yu PANG
#1065	10: SRSE F 12-15	星辰跳繩部	 Chin Tung Rellaa SO

Heat 23

Entry	Station/Event	Team	Participants
#1063	1: SRSE F 12-15	Vigor	 Cheuk Ying Law
#1064	2: SRSE F 12-15	國際跳繩有限公司	 Suet Sha Lo
#1299	3: SRSE M 12-15	繩研跳繩運動學院	 Ho Long LIANG
#1283	4: SRSE M 12-15	HKRSC	 Nok Tung Ma
#1276	5: SRSE M 12-15	HKRSAcademy	 Long Yin YAN
#1280	6: SRSE M 12-15	HKRSAcademy	 Chit Nam Anson LOK
#1284	7: SRSE M 12-15	HKRSC	 KING YU NG
#1297	8: SRSE M 12-15	星辰跳繩部	 Pak Hin Kok
#1309	9: SRSE M 12-15	香港跳繩精英訓練社(Aces)	 Yui Kwong
#1288	10: SRSE M 12-15	Stunning Rope Skipping Club	 Shun Hang WAT

Heat 24

Entry	Station/Event	Team	Participants
#1282	1: SRSE M 12-15	HKRSC	 Chit Wai LEUNG
#1307	2: SRSE M 12-15	香港跳繩精英訓練社(Aces)	 Hui San Lei
#1295	3: SRSE M 12-15	星辰跳繩部	 Hoi Chun CHAN
#1285	4: SRSE M 12-15	HKRSC	 DAO LANG YEUNG
#1279	5: SRSE M 12-15	HKRSAcademy	 Chun Kiu Adrian CHAN
#1293	6: SRSE M 12-15	Vigor	 Yin Hang CHUNG
#1308	7: SRSE M 12-15	香港跳繩精英訓練社(Aces)	 Cheuk Yin LAU
#1275	8: SRSE M 12-15	Duckie Learning Centre	 Hau Yin KWONG
#1306	9: SRSE M 12-15	香港跳繩精英訓練社(Aces)	 Chun Kit Siu
#1289	10: SRSE M 12-15	Vigor	 Aden Hei Tung CHUNG

Heat 25

Entry	Station/Event	Team	Participants
#1287	1: SRSE M 12-15	JUMP TO INFINITY	 Tsz Fung MAK

Heat 25

Entry	Station/Event	Team	Participants
#1294	2: SRSE M 12-15	國際跳繩有限公司	 Ka Him Chan
#1290	3: SRSE M 12-15	Vigor	 Tung Yeung CHEUNG
#1300	4: SRSE M 12-15	至專運動學院	 Tung Chak WONG
#1277	5: SRSE M 12-15	HKRSAcademy	 Tin Long YEUNG
#1286	6: SRSE M 12-15	HKRSC	 YAU HEI STEWART LAM
#1281	7: SRSE M 12-15	Fever Jump Rope	 Yiu Hong Chun
#1304	8: SRSE M 12-15	香港跳繩精英訓練社(Aces)	 Chung Hei Wong
#1301	9: SRSE M 12-15	至專運動學院	 Man Ho TSANG
#1303	10: SRSE M 12-15	至專運動學院	 Ka Chun NG

Heat 26

Entry	Station/Event	Team	Participants
#1291	1: SRSE M 12-15	Vigor	 HO WANG JAY TANG
#1305	2: SRSE M 12-15	香港跳繩精英訓練社(Aces)	 Chun Hei Tsang
#1292	3: SRSE M 12-15	Vigor	 Tsun Ka HO
#1302	4: SRSE M 12-15	至專運動學院	 Man Kiu LAM
#1278	5: SRSE M 12-15	HKRSAcademy	 Sze Long LUK
#1298	6: SRSE M 12-15	繩研跳繩運動學院	 Tsz Ming TSUI
#1296	7: SRSE M 12-15	星辰跳繩部	 Ka Lok CHAN
#330	8: SRSE F 16+ (S)	Stunning Rope Skipping Club	 Cheuk Lam LI
#340	9: SRSE F 16+ (S)	香港跳繩精英訓練社(Aces)	 Siu Yu LUO
#337	10: SRSE F 16+ (S)	星辰跳繩部	 Tsz Ching Gustave YEUNG

Heat 27

Entry	Station/Event	Team	Participants
#317	1: SRSE F 16+ (S)	HKRSAcademy	 Wing Yau TAI
#324	2: SRSE F 16+ (S)	HKRSC	 Hoi Ching TANG
#316	3: SRSE F 16+ (S)	HKRSAcademy	 Ziqi CHEN
#335	4: SRSE F 16+ (S)	星辰跳繩部	 Hoi Tung CHENG
#325	5: SRSE F 16+ (S)	JUMPER	 Cheuk Yan MA
#315	6: SRSE F 16+ (S)	HKRSAcademy	 Hiu Lam SHUM

Heat 27

Entry	Station/Event	Team	Participants
#333	7: SRSE F 16+ (S)	國際跳繩有限公司	 Chi Wing CHIANG
#312	8: SRSE F 16+ (S)	HKRSAcademy	 Hong Lam WONG
#318	9: SRSE F 16+ (S)	HKRSAcademy	 Yue Tong Eden WU
#336	10: SRSE F 16+ (S)	星辰跳繩部	 Wing SHIH

Heat 28

Entry	Station/Event	Team	Participants
#322	1: SRSE F 16+ (S)	HKRSC	 Yin Ting POON
#313	2: SRSE F 16+ (S)	HKRSAcademy	 Hiu Tung YUEN
#326	3: SRSE F 16+ (S)	JUMPER	 Yu Tung Lai
#339	4: SRSE F 16+ (S)	至專運動學院	 Cheuk Ki HO
#323	5: SRSE F 16+ (S)	HKRSC	 Cheuk Yiu SIN
#338	6: SRSE F 16+ (S)	濠動體育有限公司	 Sum Yi LEE
#329	7: SRSE F 16+ (S)	Stunning Rope Skipping Club	 Cho Yi LAW
#342	8: SRSE F 16+ (S)	香港跳繩精英訓練社(Aces)	 Shin Hang LO
#328	9: SRSE F 16+ (S)	Masterful Studio	 Uen Yan LEE
#311	10: SRSE F 16+ (S)	HKRSAcademy	 Hiu Lam CHAN

Heat 29

Entry	Station/Event	Team	Participants
#331	1: SRSE F 16+ (S)	Vigor	 Sze Lam Roselyn Law
#321	2: SRSE F 16+ (S)	HKRSC	 Tsz Yiu WONG
#327	3: SRSE F 16+ (S)	JUMP TO INFINITY	 Tsz Yiu HUANG
#341	4: SRSE F 16+ (S)	香港跳繩精英訓練社(Aces)	 Ka Ying So
#332	5: SRSE F 16+ (S)	Vigor	 Hoi Ching Li
#319	6: SRSE F 16+ (S)	HKRSAcademy	 Wai Ka TSANG
#314	7: SRSE F 16+ (S)	HKRSAcademy	 Pui Lam LEE
#334	8: SRSE F 16+ (S)	國際跳繩有限公司	 Tsz Mong CHAN
#320	9: SRSE F 16+ (S)	Fever Jump Rope	 Hau Yee WONG
#621	10: SRSE M 16+ (S)	星辰跳繩部	 Ho Yiu TANG

Heat 30

Entry	Station/Event	Team	Participants
#603	1: SRSE M 16+ (S)	HKRSC	 Qing Bin CHEN
#619	2: SRSE M 16+ (S)	Stunning Rope Skipping Club	 Hoi Lok TAM
#600	3: SRSE M 16+ (S)	FORCES	 Pak Hung CHEUNG
#628	4: SRSE M 16+ (S)	星辰跳繩部	 Sing Long Lee
#594	5: SRSE M 16+ (S)	HKRSAcademy	 Tin Yau WONG
#614	6: SRSE M 16+ (S)	Masterful Studio	 Chi Hung WONG
#622	7: SRSE M 16+ (S)	星辰跳繩部	 Cheuk Lam KE
#631	8: SRSE M 16+ (S)	繩研跳繩運動學院	 Ho Yuen LOUIE
#602	9: SRSE M 16+ (S)	HKRSC	 Tin Long LEE
#609	10: SRSE M 16+ (S)	HKRSC	 Po Hang Parco SHUM

Heat 31

Entry	Station/Event	Team	Participants
#608	1: SRSE M 16+ (S)	HKRSC	 Chun Kin Alvin Kwok
#595	2: SRSE M 16+ (S)	HKRSAcademy	 Ching Yau YUEN
#604	3: SRSE M 16+ (S)	HKRSC	 Tsz Hin CHEUNG
#626	4: SRSE M 16+ (S)	星辰跳繩部	 Ching Hin CHAN
#623	5: SRSE M 16+ (S)	星辰跳繩部	 Cheuk Hing KE
#615	6: SRSE M 16+ (S)	Masterful Studio	 Chin Hei LAI
#598	7: SRSE M 16+ (S)	HKRSAcademy	 Kwan Hop Chan
#597	8: SRSE M 16+ (S)	HKRSAcademy	 Tsun Hei Edgar HO
#617	9: SRSE M 16+ (S)	SKIPPER'Z	 Hong Tai Yan
#624	10: SRSE M 16+ (S)	星辰跳繩部	 Ho Yiu TANG

Heat 32

Entry	Station/Event	Team	Participants
#612	1: SRSE M 16+ (S)	Masterful Studio	 Hong Yau CHOI
#613	2: SRSE M 16+ (S)	Masterful Studio	 Chun Hei Tsang
#620	3: SRSE M 16+ (S)	星辰跳繩部	 Hoi Hang Chen
#635	4: SRSE M 16+ (S)	香港跳繩精英訓練社(Aces)	 Ka Lok NG

Heat 32

Entry	Station/Event	Team	Participants
#599	5: SRSE M 16+ (S)	Fever Jump Rope	 Tsz Tik Leung
#607	6: SRSE M 16+ (S)	HKRSC	 Hiu Hei XU
#634	7: SRSE M 16+ (S)	香港跳繩精英訓練社(Aces)	 Cheuk Him MA
#629	8: SRSE M 16+ (S)	濠動體育有限公司	 Hon Man CHAN
#605	9: SRSE M 16+ (S)	HKRSC	 Chun Lai KONG
#633	10: SRSE M 16+ (S)	香港跳繩精英訓練社(Aces)	 Shuishan JIANG

Heat 33

Entry	Station/Event	Team	Participants
#618	1: SRSE M 16+ (S)	SKIPPER'Z	 Wan Yi Kwong
#636	2: SRSE M 16+ (S)	香港跳繩精英訓練社(Aces)	 Ka Hei LI
#592	3: SRSE M 16+ (S)	HKRSAcademy	 Yun San LEUNG
#601	4: SRSE M 16+ (S)	FORCES	 Wing Lam CHEUNG
#611	5: SRSE M 16+ (S)	Masterful Studio	 Chi Kin NG
#630	6: SRSE M 16+ (S)	濠動體育有限公司	 Pak Ming YIP
#616	7: SRSE M 16+ (S)	Masterful Studio	 Ka Po LAI
#593	8: SRSE M 16+ (S)	HKRSAcademy	 Pan Hei LAU
#606	9: SRSE M 16+ (S)	HKRSC	 Pak Wai CHU
#632	10: SRSE M 16+ (S)	繩研跳繩運動學院	 Cheuk Nam Scott Yau

Heat 34

Entry	Station/Event	Team	Participants
#610	1: SRSE M 16+ (S)	JUMPER	 Shun Him Zachary CHEUNG
#596	2: SRSE M 16+ (S)	HKRSAcademy	 Tsz Wai WONG
#625	3: SRSE M 16+ (S)	星辰跳繩部	 Yik Nam HO
#627	4: SRSE M 16+ (S)	星辰跳繩部	 Man Hei LAI

Heat 35

Entry	Station/Event	Team	Participants
#349	1: SRTU F 16+ (S)	Vigor	 Sze Lam Roselyn Law
#343	2: SRTU F 16+ (S)	Fever Jump Rope	 Hau Yee WONG
#359	3: SRTU F 16+ (S)	香港跳繩精英訓練社(Aces)	 Shin Hang LO
#355	4: SRTU F 16+ (S)	星辰跳繩部	 Hoi Tung CHENG
#360	5: SRTU F 16+ (S)	香港跳繩精英訓練社(Aces)	 Ka Ying So
#345	6: SRTU F 16+ (S)	Masterful Studio	 Mei Kei Maggie LAU
#351	7: SRTU F 16+ (S)	國際跳繩有限公司	 Tsz Mong CHAN
#350	8: SRTU F 16+ (S)	Vigor	 Cheuk Ying Law
#356	9: SRTU F 16+ (S)	濠動體育有限公司	 Sum Yi LEE
#346	10: SRTU F 16+ (S)	Stunning Rope Skipping Club	 Cho Yi LAW

Heat 36

Entry	Station/Event	Team	Participants
#344	1: SRTU F 16+ (S)	JUMP TO INFINITY	 Tsz Yiu HUANG
#353	2: SRTU F 16+ (S)	星辰跳繩部	 Tsz Ching Gustave YEUNG
#348	3: SRTU F 16+ (S)	Vigor	 Hoi Ching Li
#358	4: SRTU F 16+ (S)	香港跳繩精英訓練社(Aces)	 Siu Yu LUO
#354	5: SRTU F 16+ (S)	星辰跳繩部	 Wing SHIH
#357	6: SRTU F 16+ (S)	濠動體育有限公司	 YING SO
#352	7: SRTU F 16+ (S)	國際跳繩有限公司	 Chi Wing CHIANG
#347	8: SRTU F 16+ (S)	Stunning Rope Skipping Club	 Cheuk Lam LI
#644	9: SRTU M 16+ (S)	Masterful Studio	 Chin Hei LAI
#662	10: SRTU M 16+ (S)	繩研跳繩運動學院	 Cheuk Nam Scott Yau

Heat 37

Entry	Station/Event	Team	Participants
#661	1: SRTU M 16+ (S)	繩研跳繩運動學院	 Ho Yuen LOUIE
#655	2: SRTU M 16+ (S)	星辰跳繩部	 Cheuk Lam KE
#640	3: SRTU M 16+ (S)	HKRSC	 Tin Long LEE

Heat 37

Entry	Station/Event	Team	Participants
#653	4: SRTU M 16+ (S)	星辰跳繩部	 Yik Nam HO
#658	5: SRTU M 16+ (S)	濠動體育有限公司	 Hon Man CHAN
#649	6: SRTU M 16+ (S)	國際跳繩有限公司	 Tik Long Fung
#642	7: SRTU M 16+ (S)	Masterful Studio	 Chi Hung WONG
#651	8: SRTU M 16+ (S)	星辰跳繩部	 Man Hei LAI
#657	9: SRTU M 16+ (S)	星辰跳繩部	 Hoi Hang Chen
#638	10: SRTU M 16+ (S)	FORCES	 Wing Lam CHEUNG

Heat 38

Entry	Station/Event	Team	Participants
#645	1: SRTU M 16+ (S)	SKIPPER'Z	 Wan Yi Kwong
#648	2: SRTU M 16+ (S)	Vigor	 Yin Hang CHUNG
#659	3: SRTU M 16+ (S)	濠動體育有限公司	 Pak Ming YIP
#654	4: SRTU M 16+ (S)	星辰跳繩部	 Cheuk Hing KE
#641	5: SRTU M 16+ (S)	Masterful Studio	 Chi Kin NG
#643	6: SRTU M 16+ (S)	Masterful Studio	 Ka Po LAI
#650	7: SRTU M 16+ (S)	星辰跳繩部	 Sing Long Lee
#652	8: SRTU M 16+ (S)	星辰跳繩部	 Ching Hin CHAN
#663	9: SRTU M 16+ (S)	繩研跳繩運動學院	 Pan Wing CHAN
#647	10: SRTU M 16+ (S)	Stunning Rope Skipping Club	 Hoi Lok TAM

Heat 39

Entry	Station/Event	Team	Participants
#656	1: SRTU M 16+ (S)	星辰跳繩部	 Ho Yiu TANG
#665	2: SRTU M 16+ (S)	香港跳繩精英訓練社(Aces)	 Cheuk Him MA
#639	3: SRTU M 16+ (S)	FORCES	 Pak Hung CHEUNG
#660	4: SRTU M 16+ (S)	濠動體育有限公司	 Ho Yin LEONG
#667	5: SRTU M 16+ (S)	香港跳繩精英訓練社(Aces)	 Ka Hei LI
#664	6: SRTU M 16+ (S)	香港跳繩精英訓練社(Aces)	 Shuishan JIANG
#666	7: SRTU M 16+ (S)	香港跳繩精英訓練社(Aces)	 Ka Lok NG
#646	8: SRTU M 16+ (S)	SKIPPER'Z	 Hong Tai Yan

Heat 39

Entry	Station/Event	Team	Participants
#637	9: SRTU M 16+ (S)	Fever Jump Rope	 Tsz Tik Leung

Heat 40

Entry	Station/Event	Team	Participants
#30	1: SRIF F 9-11	星辰跳繩部	 Chung Yiu Chan

Heat 41

Entry	Station/Event	Team	Participants
#25	1: SRIF F 9-11	JUMPER	 NGA SUM ALISHA TAM

Heat 42

Entry	Station/Event	Team	Participants
#27	1: SRIF F 9-11	元朗區體育會	 Hoi Ying Fung

Heat 43

Entry	Station/Event	Team	Participants
#32	1: SRIF F 9-11	繩研跳繩運動學院	 Elly Ngai Sum Fung

Heat 44

Entry	Station/Event	Team	Participants
#26	1: SRIF F 9-11	Jump Lab	 Tsz Yu Lai

Heat 45

Entry	Station/Event	Team	Participants
#31	1: SRIF F 9-11	星辰跳繩部	 Cheuk Yin Ng

Heat 46

Entry	Station/Event	Team	Participants
#28	1: SRIF F 9-11	星辰跳繩部	 Ying Hei CHAN

Heat 47

Entry	Station/Event	Team	Participants
#33	1: SRIF F 9-11	香港跳繩精英訓練社(Aces)	 Gabriella Wong

Heat 48

Entry	Station/Event	Team	Participants
#29	1: SRIF F 9-11	星辰跳繩部	 YAN KI ZHENG

Heat 49

Entry	Station/Event	Team	Participants
#24	1: SRIF F 9-11	JUMPER	 YEUK LAM MOK

Heat 50

Entry	Station/Event	Team	Participants
#23	1: SRIF F 9-11	HKRSC	 Wai Kiu Cheng

Heat 51

Entry	Station/Event	Team	Participants
#120	1: SRIF M 9-11	Vigor	 Yu Kiu Choi

Heat 52

Entry	Station/Event	Team	Participants
#115	1: SRIF M 9-11	Duckie Learning Centre	 Yuk Long POON

Heat 53

Entry	Station/Event	Team	Participants
#116	1: SRIF M 9-11	HKRSC	 TIN HANG TIVON IP

Heat 54

Entry	Station/Event	Team	Participants
#117	1: SRIF M 9-11	HKRSC	 TSZ HEI AU

Heat 55

Entry	Station/Event	Team	Participants
#125	1: SRIF M 9-11	香港跳繩精英訓練社(Aces)	 Yu Cheung Choi

Heat 56

Entry	Station/Event	Team	Participants
#123	1: SRIF M 9-11	香港跳繩精英訓練社(Aces)	 On Yin Wong

Heat 57

Entry	Station/Event	Team	Participants
#119	1: SRIF M 9-11	JUMP TO INFINITY	 Ching Kiu Cho

Heat 58

Entry	Station/Event	Team	Participants
#124	1: SRIF M 9-11	香港跳繩精英訓練社(Aces)	 Yu Yat Pun

Heat 59

Entry	Station/Event	Team	Participants
#122	1: SRIF M 9-11	香港跳繩精英訓練社(Aces)	 Tin Shing Jadon Chung

Heat 60

Entry	Station/Event	Team	Participants
#118	1: SRIF M 9-11	HKRSC	 CLAYTON HUNGZEN LUKE

Heat 61

Entry	Station/Event	Team	Participants
#121	1: SRIF M 9-11	星辰跳繩部	 Cheuk Lap Lucas Fong

Heat 62

Entry	Station/Event	Team	Participants
#1072	1: SRIF F 12-15	Duckie Learning Centre	 Hei Yau CHAN

Heat 63

Entry	Station/Event	Team	Participants
#1085	1: SRIF F 12-15	HKRSC	 Hiu Laam Kasie SHE

Heat 64

Entry	Station/Event	Team	Participants
#1088	1: SRIF F 12-15	Stunning Rope Skipping Club	 Hiu Tung LEUNG

Heat 65

Entry	Station/Event	Team	Participants
#1075	1: SRIF F 12-15	HKRSAcademy	 Yi Sum LAM

Heat 66

Entry	Station/Event	Team	Participants
#1084	1: SRIF F 12-15	HKRSC	 Tsz Ying Leung

Heat 67

Entry	Station/Event	Team	Participants
#1080	1: SRIF F 12-15	HKRSC	 LETTY HUI

Heat 68

Entry	Station/Event	Team	Participants
#1099	1: SRIF F 12-15	繩研跳繩運動學院	 Tsz Hei LAW

Heat 69

Entry	Station/Event	Team	Participants
#1098	1: SRIF F 12-15	星辰跳繩部	 EMMA WONG

Heat 70

Entry	Station/Event	Team	Participants
#1083	1: SRIF F 12-15	HKRSC	 Cheuk Lam Jolie NG

Heat 71

Entry	Station/Event	Team	Participants
#1079	1: SRIF F 12-15	HKRSC	 Hiu Tung WONG

Heat 72

Entry	Station/Event	Team	Participants
#1089	1: SRIF F 12-15	Vigor	 Chi Hei CHAN

Heat 73

Entry	Station/Event	Team	Participants
#1082	1: SRIF F 12-15	HKRSC	 Hiu Lam CHAN

Heat 74

Entry	Station/Event	Team	Participants
#1077	1: SRIF F 12-15	Fever Jump Rope	 Chi Yau Fong

Heat 75

Entry	Station/Event	Team	Participants
#1076	1: SRIF F 12-15	Fever Jump Rope	 Tsz Fei Lai

Heat 76

Entry	Station/Event	Team	Participants
#1097	1: SRIF F 12-15	星辰跳繩部	 Sum Yau LAW

Heat 77

Entry	Station/Event	Team	Participants
#1081	1: SRIF F 12-15	HKRSC	 Hoi Ching WONG

Heat 78

Entry	Station/Event	Team	Participants
#1087	1: SRIF F 12-15	Stunning Rope Skipping Club	 Hoi Lam LEUNG

Heat 79

Entry	Station/Event	Team	Participants
#1090	1: SRIF F 12-15	Vigor	 Kei Ching Alexis LUNG

Heat 80

Entry	Station/Event	Team	Participants
#1094	1: SRIF F 12-15	Vigor	 Cheuk Ying Law

Heat 81

Entry	Station/Event	Team	Participants
#1070	1: SRIF F 12-15	Duckie Learning Centre	 Yin Sum Iris WONG

Heat 82

Entry	Station/Event	Team	Participants
#1086	1: SRIF F 12-15	JUMP TO INFINITY	 Ka Yan TSANG

Heat 83

Entry	Station/Event	Team	Participants
#1078	1: SRIF F 12-15	HKRSC	 Nok Ching MA

Heat 84

Entry	Station/Event	Team	Participants
#1100	1: SRIF F 12-15	至專運動學院	 Yuen Yan Sheung

Heat 85

Entry	Station/Event	Team	Participants
#1074	1: SRIF F 12-15	HKRSAcademy	 Sze Yu PANG

Heat 86

Entry	Station/Event	Team	Participants
#1092	1: SRIF F 12-15	Vigor	 Sik Tung LI

Heat 87

Entry	Station/Event	Team	Participants
#1071	1: SRIF F 12-15	Duckie Learning Centre	 Hoi Ka CHAN

Heat 88

Entry	Station/Event	Team	Participants
#1096	1: SRIF F 12-15	星辰跳繩部	 Chin Tung Rellaa SO

Heat 89

Entry	Station/Event	Team	Participants
#1073	1: SRIF F 12-15	HKRSAcademy	 Hiu Chin AU

Heat 90

Entry	Station/Event	Team	Participants
#1093	1: SRIF F 12-15	Vigor	 Hei Wing Isabelle Chung

Heat 91

Entry	Station/Event	Team	Participants
#1091	1: SRIF F 12-15	Vigor	 YEE CHING KWOK

Heat 92

Entry	Station/Event	Team	Participants
#1095	1: SRIF F 12-15	國際跳繩有限公司	 Suet Sha Lo

Heat 93

Entry	Station/Event	Team	Participants
#1345	1: SRIF M 12-15	香港跳繩精英訓練社(Aces)	 Chun Kit Siu

Heat 94

Entry	Station/Event	Team	Participants
#1336	1: SRIF M 12-15	星辰跳繩部	 Pak Hin Kok

Heat 95

Entry	Station/Event	Team	Participants
#1319	1: SRIF M 12-15	HKRSC	 KING YU NG

Heat 96

Entry	Station/Event	Team	Participants
#1332	1: SRIF M 12-15	Vigor	 Yin Hang CHUNG

Heat 97

Entry	Station/Event	Team	Participants
#1343	1: SRIF M 12-15	香港跳繩精英訓練社(Aces)	 Chung Hei Wong

Heat 98

Entry	Station/Event	Team	Participants
#1334	1: SRIF M 12-15	星辰跳繩部	 Hoi Chun CHAN

Heat 99

Entry	Station/Event	Team	Participants
#1315	1: SRIF M 12-15	HKRSAcademy	 Chit Nam Anson LOK

Heat 100

Entry	Station/Event	Team	Participants
#1330	1: SRIF M 12-15	Vigor	 HO WANG JAY TANG

Heat 101

Entry	Station/Event	Team	Participants
#1320	1: SRIF M 12-15	HKRSC	 DAO LANG YEUNG

Heat 102

Entry	Station/Event	Team	Participants
#1346	1: SRIF M 12-15	香港跳繩精英訓練社(Aces)	 Hui San Lei

Heat 103

Entry	Station/Event	Team	Participants
#1321	1: SRIF M 12-15	HKRSC	 YAU HEI STEWART LAM

Heat 104

Entry	Station/Event	Team	Participants
#1335	1: SRIF M 12-15	星辰跳繩部	 Ka Lok CHAN

Heat 105

Entry	Station/Event	Team	Participants
#1329	1: SRIF M 12-15	Vigor	 Tung Yeung CHEUNG

Heat 106

Entry	Station/Event	Team	Participants
#1327	1: SRIF M 12-15	Stunning Rope Skipping Club	 Shun Hang WAT

Heat 107

Entry	Station/Event	Team	Participants
#1347	1: SRIF M 12-15	香港跳繩精英訓練社(Aces)	 Cheuk Yin LAU

Heat 108

Entry	Station/Event	Team	Participants
#1341	1: SRIF M 12-15	至專運動學院	 Man Kiu LAM

Heat 109

Entry	Station/Event	Team	Participants
#1339	1: SRIF M 12-15	至專運動學院	 Tung Chak WONG

Heat 110

Entry	Station/Event	Team	Participants
#1326	1: SRIF M 12-15	JUMP TO INFINITY	 Tsz Fung MAK

Heat 111

Entry	Station/Event	Team	Participants
#1322	1: SRIF M 12-15	HKSPORTPRO	 Yui Chit Lee

Heat 112

Entry	Station/Event	Team	Participants
#1337	1: SRIF M 12-15	繩研跳繩運動學院	 Tsz Ming TSUI

Heat 113

Entry	Station/Event	Team	Participants
#1328	1: SRIF M 12-15	Vigor	 Aden Hei Tung CHUNG

Heat 114

Entry	Station/Event	Team	Participants
#1340	1: SRIF M 12-15	至專運動學院	 Man Ho TSANG

Heat 115

Entry	Station/Event	Team	Participants
#1344	1: SRIF M 12-15	香港跳繩精英訓練社(Aces)	 Chun Hei Tsang

Heat 116

Entry	Station/Event	Team	Participants
#1333	1: SRIF M 12-15	國際跳繩有限公司	 Ka Him Chan

Heat 117

Entry	Station/Event	Team	Participants
#1324	1: SRIF M 12-15	JUMPER	 Yat CHAN

Heat 118

Entry	Station/Event	Team	Participants
#1310	1: SRIF M 12-15	Duckie Learning Centre	 Hau Yin KWONG

Heat 119

Entry	Station/Event	Team	Participants
#1311	1: SRIF M 12-15	HKRSAcademy	 Long Yin YAN

Heat 120

Entry	Station/Event	Team	Participants
#1338	1: SRIF M 12-15	繩研跳繩運動學院	 Ho Long LIANG

Heat 121

Entry	Station/Event	Team	Participants
#1317	1: SRIF M 12-15	HKRSC	 Chit Wai LEUNG

Heat 122

Entry	Station/Event	Team	Participants
#1331	1: SRIF M 12-15	Vigor	 Tsun Ka HO

Heat 123

Entry	Station/Event	Team	Participants
#1316	1: SRIF M 12-15	Fever Jump Rope	 Yiu Hong Chun

Heat 124

Entry	Station/Event	Team	Participants
#1318	1: SRIF M 12-15	HKRSC	 Nok Tung Ma

Heat 125

Entry	Station/Event	Team	Participants
#1314	1: SRIF M 12-15	HKRSAcademy	 Chun Kiu Adrian CHAN

Heat 126

Entry	Station/Event	Team	Participants
#1312	1: SRIF M 12-15	HKRSAcademy	 Tin Long YEUNG

Heat 127

Entry	Station/Event	Team	Participants
#1325	1: SRIF M 12-15	JUMPER	 Lok Him CHU

Heat 128

Entry	Station/Event	Team	Participants
#1323	1: SRIF M 12-15	JUMPER	 Tsz Wang SO

Heat 129

Entry	Station/Event	Team	Participants
#1313	1: SRIF M 12-15	HKRSAcademy	 Sze Long LUK

Heat 130

Entry	Station/Event	Team	Participants
#1348	1: SRIF M 12-15	香港跳繩精英訓練社(Aces)	 Yui Kwong

Heat 131

Entry	Station/Event	Team	Participants
#1342	1: SRIF M 12-15	至專運動學院	 Ka Chun NG

Heat 132

Entry	Station/Event	Team	Participants
#377	1: SRIF F 16+ (S)	Masterful Studio	 Uen Yan LEE

Heat 133

Entry	Station/Event	Team	Participants
#387	1: SRIF F 16+ (S)	星辰跳繩部	 Tsz Ching Gustave YEUNG

Heat 134

Entry	Station/Event	Team	Participants
#375	1: SRIF F 16+ (S)	JUMPER	 Cheuk Yan MA

Heat 135

Entry	Station/Event	Team	Participants
#384	1: SRIF F 16+ (S)	國際跳繩有限公司	 Tsz Mong CHAN

Heat 136

Entry	Station/Event	Team	Participants
#379	1: SRIF F 16+ (S)	Stunning Rope Skipping Club	 Cho Yi LAW

Heat 137

Entry	Station/Event	Team	Participants
#363	1: SRIF F 16+ (S)	HKRSAcademy	 Hiu Tung YUEN

Heat 138

Entry	Station/Event	Team	Participants
#374	1: SRIF F 16+ (S)	HKRSC	 Hoi Ching TANG

Heat 139

Entry	Station/Event	Team	Participants
#365	1: SRIF F 16+ (S)	HKRSAcademy	 Hiu Lam SHUM

Heat 140

Entry	Station/Event	Team	Participants
#378	1: SRIF F 16+ (S)	Masterful Studio	 Mei Kei Maggie LAU

Heat 141

Entry	Station/Event	Team	Participants
#376	1: SRIF F 16+ (S)	JUMPER	 Yu Tung Lai

Heat 142

Entry	Station/Event	Team	Participants
#388	1: SRIF F 16+ (S)	濠動體育有限公司	 Sum Yi LEE

Heat 143

Entry	Station/Event	Team	Participants
#372	1: SRIF F 16+ (S)	HKRSC	 Yin Ting POON

Heat 144

Entry	Station/Event	Team	Participants
#368	1: SRIF F 16+ (S)	HKRSAcademy	 Yue Tong Eden WU

Heat 145

Entry	Station/Event	Team	Participants
#366	1: SRIF F 16+ (S)	HKRSAcademy	 Ziqi CHEN

Heat 146

Entry	Station/Event	Team	Participants
#369	1: SRIF F 16+ (S)	HKRSAcademy	 Wai Ka TSANG

Heat 147

Entry	Station/Event	Team	Participants
#380	1: SRIF F 16+ (S)	Stunning Rope Skipping Club	 Cheuk Lam LI

Heat 148

Entry	Station/Event	Team	Participants
#373	1: SRIF F 16+ (S)	HKRSC	 Cheuk Yiu SIN

Heat 149

Entry	Station/Event	Team	Participants
#364	1: SRIF F 16+ (S)	HKRSAcademy	 Pui Lam LEE

Heat 150

Entry	Station/Event	Team	Participants
#386	1: SRIF F 16+ (S)	星辰跳繩部	 Wing SHIH

Heat 151

Entry	Station/Event	Team	Participants
#361	1: SRIF F 16+ (S)	HKRSAcademy	 Hiu Lam CHAN

Heat 152

Entry	Station/Event	Team	Participants
#381	1: SRIF F 16+ (S)	Vigor	 Sze Lam Roselyn Law

Heat 153

Entry	Station/Event	Team	Participants
#370	1: SRIF F 16+ (S)	Fever Jump Rope	 Hau Yee WONG

Heat 154

Entry	Station/Event	Team	Participants
#389	1: SRIF F 16+ (S)	至專運動學院	 Cheuk Ki HO

Heat 155

Entry	Station/Event	Team	Participants
#385	1: SRIF F 16+ (S)	星辰跳繩部	 Hoi Tung CHENG

Heat 156

Entry	Station/Event	Team	Participants
#391	1: SRIF F 16+ (S)	香港跳繩精英訓練社(Aces)	 Ka Ying So

Heat 157

Entry	Station/Event	Team	Participants
#382	1: SRIF F 16+ (S)	Vigor	 Hoi Ching Li

Heat 158

Entry	Station/Event	Team	Participants
#371	1: SRIF F 16+ (S)	HKRSC	 Tsz Yiu WONG

Heat 159

Entry	Station/Event	Team	Participants
#383	1: SRIF F 16+ (S)	國際跳繩有限公司	 Chi Wing CHIANG

Heat 160

Entry	Station/Event	Team	Participants
#367	1: SRIF F 16+ (S)	HKRSAcademy	 Wing Yau TAI

Heat 161

Entry	Station/Event	Team	Participants
#392	1: SRIF F 16+ (S)	香港跳繩精英訓練社(Aces)	 Shin Hang LO

Heat 162

Entry	Station/Event	Team	Participants
#362	1: SRIF F 16+ (S)	HKRSAcademy	 Hong Lam WONG

Heat 163

Entry	Station/Event	Team	Participants
#390	1: SRIF F 16+ (S)	香港跳繩精英訓練社(Aces)	 Siu Yu LUO

Heat 164

Entry	Station/Event	Team	Participants
#698	1: SRIF M 16+ (S)	星辰跳繩部	 Ho Yiu TANG

Heat 165

Entry	Station/Event	Team	Participants
#685	1: SRIF M 16+ (S)	HKRSC	 Po Hang Parco SHUM

Heat 166

Entry	Station/Event	Team	Participants
#712	1: SRIF M 16+ (S)	香港跳繩精英訓練社(Aces)	 Shuishan JIANG

Heat 167

Entry	Station/Event	Team	Participants
#697	1: SRIF M 16+ (S)	星辰跳繩部	 Hoi Hang Chen

Heat 168

Entry	Station/Event	Team	Participants
#672	1: SRIF M 16+ (S)	HKRSAcademy	 Tsz Wai WONG

Heat 169

Entry	Station/Event	Team	Participants
#714	1: SRIF M 16+ (S)	香港跳繩精英訓練社(Aces)	 Ka Lok NG

Heat 170

Entry	Station/Event	Team	Participants
#688	1: SRIF M 16+ (S)	Masterful Studio	 Hong Yau CHOI

Heat 171

Entry	Station/Event	Team	Participants
#680	1: SRIF M 16+ (S)	HKRSC	 Tsz Hin CHEUNG

Heat 172

Entry	Station/Event	Team	Participants
#695	1: SRIF M 16+ (S)	Stunning Rope Skipping Club	 Hoi Lok TAM

Heat 173

Entry	Station/Event	Team	Participants
#703	1: SRIF M 16+ (S)	星辰跳繩部	 Man Hei LAI

Heat 174

Entry	Station/Event	Team	Participants
#701	1: SRIF M 16+ (S)	星辰跳繩部	 Yik Nam HO

Heat 175

Entry	Station/Event	Team	Participants
#709	1: SRIF M 16+ (S)	繩研跳繩運動學院	 Ho Yuen LOUIE

Heat 176

Entry	Station/Event	Team	Participants
#669	1: SRIF M 16+ (S)	HKRSAcademy	 Pan Hei LAU

Heat 177

Entry	Station/Event	Team	Participants
#705	1: SRIF M 16+ (S)	濠動體育有限公司	 Hon Man CHAN

Heat 178

Entry	Station/Event	Team	Participants
#702	1: SRIF M 16+ (S)	星辰跳繩部	 Ching Hin CHAN

Heat 179

Entry	Station/Event	Team	Participants
#668	1: SRIF M 16+ (S)	HKRSAcademy	 Yun San LEUNG

Heat 180

Entry	Station/Event	Team	Participants
#682	1: SRIF M 16+ (S)	HKRSC	 Pak Wai CHU

Heat 181

Entry	Station/Event	Team	Participants
#711	1: SRIF M 16+ (S)	至專運動學院	 Tin Long Yeung

Heat 182

Entry	Station/Event	Team	Participants
#691	1: SRIF M 16+ (S)	Masterful Studio	 Chin Hei LAI

Heat 183

Entry	Station/Event	Team	Participants
#678	1: SRIF M 16+ (S)	HKRSC	 Tin Long LEE

Heat 184

Entry	Station/Event	Team	Participants
#675	1: SRIF M 16+ (S)	Fever Jump Rope	 Tsz Tik Leung

Heat 185

Entry	Station/Event	Team	Participants
#673	1: SRIF M 16+ (S)	HKRSAcademy	 Tsun Hei Edgar HO

Heat 186

Entry	Station/Event	Team	Participants
#690	1: SRIF M 16+ (S)	Masterful Studio	 Chi Hung WONG

Heat 187

Entry	Station/Event	Team	Participants
#679	1: SRIF M 16+ (S)	HKRSC	 Qing Bin CHEN

Heat 188

Entry	Station/Event	Team	Participants
#683	1: SRIF M 16+ (S)	HKRSC	 Hiu Hei XU

Heat 189

Entry	Station/Event	Team	Participants
#696	1: SRIF M 16+ (S)	國際跳繩有限公司	 Tik Long Fung

Heat 190

Entry	Station/Event	Team	Participants
#708	1: SRIF M 16+ (S)	濠動體育有限公司	 Ho Yin LEONG

Heat 191

Entry	Station/Event	Team	Participants
#686	1: SRIF M 16+ (S)	JUMPER	 Shun Him Zachary CHEUNG

Heat 192

Entry	Station/Event	Team	Participants
#687	1: SRIF M 16+ (S)	Masterful Studio	 Chi Kin NG

Heat 193

Entry	Station/Event	Team	Participants
#684	1: SRIF M 16+ (S)	HKRSC	 Chun Kin Alvin Kwok

Heat 194

Entry	Station/Event	Team	Participants
#707	1: SRIF M 16+ (S)	濠動體育有限公司	 Ka Chun WONG

Heat 195

Entry	Station/Event	Team	Participants
#715	1: SRIF M 16+ (S)	香港跳繩精英訓練社(Aces)	 Ka Hei LI

Heat 196

Entry	Station/Event	Team	Participants
#704	1: SRIF M 16+ (S)	星辰跳繩部	 Sing Long Lee

Heat 197

Entry	Station/Event	Team	Participants
#713	1: SRIF M 16+ (S)	香港跳繩精英訓練社(Aces)	 Cheuk Him MA

Heat 198

Entry	Station/Event	Team	Participants
#689	1: SRIF M 16+ (S)	Masterful Studio	 Chun Hei Tsang

Heat 199

Entry	Station/Event	Team	Participants
#693	1: SRIF M 16+ (S)	SKIPPER'Z	 Wan Yi Kwong

Heat 200

Entry	Station/Event	Team	Participants
#671	1: SRIF M 16+ (S)	HKRSAcademy	 Ching Yau YUEN

Heat 201

Entry	Station/Event	Team	Participants
#700	1: SRIF M 16+ (S)	星辰跳繩部	 Cheuk Hing KE

Heat 202

Entry	Station/Event	Team	Participants
#676	1: SRIF M 16+ (S)	FORCES	 Pak Hung CHEUNG

Heat 203

Entry	Station/Event	Team	Participants
#674	1: SRIF M 16+ (S)	HKRSAcademy	 Kwan Hop Chan

Heat 204

Entry	Station/Event	Team	Participants
#681	1: SRIF M 16+ (S)	HKRSC	 Chun Lai KONG

Heat 205

Entry	Station/Event	Team	Participants
#706	1: SRIF M 16+ (S)	濠動體育有限公司	 Pak Ming YIP

Heat 206

Entry	Station/Event	Team	Participants
#710	1: SRIF M 16+ (S)	繩研跳繩運動學院	 Cheuk Nam Scott Yau

Heat 207

Entry	Station/Event	Team	Participants
#699	1: SRIF M 16+ (S)	星辰跳繩部	 Cheuk Lam KE

Heat 208

Entry	Station/Event	Team	Participants
#692	1: SRIF M 16+ (S)	Masterful Studio	 Ka Po LAI

Heat 209

Entry	Station/Event	Team	Participants
#694	1: SRIF M 16+ (S)	SKIPPER'Z	 Hong Tai Yan

Heat 210

Entry	Station/Event	Team	Participants
#670	1: SRIF M 16+ (S)	HKRSAcademy	 Tin Yau WONG

Heat 211

Entry	Station/Event	Team	Participants
#677	1: SRIF M 16+ (S)	FORCES	 Wing Lam CHEUNG