

全港精英跳繩比賽 2026 暨 香港代表隊選拔賽

(團體賽及單項 - 公開組)

大會流程表

日期：2026 年 1 月 11 日

地點：石硤尾公園體育館 (深水埗南昌街 290 號)

賽事：團體賽及單項 (公開組)

預計開始時間	比賽項目/活動
單人繩四人速度跳接力比賽 (4x 30 秒)	
09:00	9-11 歲 (2015-17 年出生) 公開組 12 - 15 歲 (2011 - 2014 年出生) 公開組 16 歲或以上 (2010 年或之前出生) 公開組
交互繩四人速度跳接力比賽 (4x 30 秒)	
09:35	9-11 歲 (2015-17 年出生) 公開組 12 - 15 歲 (2011 - 2014 年出生) 公開組 16 歲或以上 (2010 年或之前出生) 公開組
單人繩二人二重跳接力比賽 (2x 30 秒)	
10:10	9-11 歲 (2015-17 年出生) 公開組 12 - 15 歲 (2011 - 2014 年出生) 公開組 16 歲或以上 (2010 年或之前出生) 公開組
交互繩單人速度比賽 (60 秒)	
10:40	9-11 歲 (2015-17 年出生) 公開組 12 - 15 歲 (2011 - 2014 年出生) 公開組 16 歲或以上 (2010 年或之前出生) 公開組
團體四人單人繩花式比賽 (75 秒) 團體四人交互繩花式比賽 (75 秒)	
11:15	9-11 歲 (2015-17 年出生) 公開組 12 - 15 歲 (2011 - 2014 年出生) 公開組 16 歲或以上 (2010 年或之前出生) 公開組
午膳時間	

團體二人單人繩花式比賽 (75 秒) 團體三人交互繩花式比賽 (75 秒)	
15:30	9-11 歲 (2015-17 年出生) 公開組 12 - 15 歲 (2011 - 2014 年出生) 公開組 16 歲或以上 (2010 年或之前出生) 公開組
團體二人車輪跳比賽 (75 秒)	
18:30	9-11 歲 (2015-17 年出生) 公開組 12 - 15 歲 (2011 - 2014 年出生) 公開組 16 歲或以上 (2010 年或之前出生) 公開組
頒獎典禮	

- 以上時間只供參考，如有需要，本會會實際情況而作出調動，請留意大會宣佈。
- 各隊伍的比賽次序，請參考相關的出場序。
- 請運動員於比賽項目開始前 **10-15** 分鐘到召集處報到。
- 各運動員必須攜同有效的身份證明文件正本或副本 (證明文件必須印有參賽者樣貌及出生日期，如：香港身份證 / 護照 / 學生手冊) 到召集處報到及進入所屬比賽場區的裁判，以便核對身份。
- 如果運動員 / 隊伍因未經正確途徑進入比賽場區；例如未先到報到處報到，而進入等候區，或比賽場區，該運動員 / 隊伍將不會獲得參賽的資格。

Address: Workshop F on 11/F, Leapont Centre, Nos. 18-28 Wo Liu Hang Road, Shatin, N.T., Hong Kong
 香港新界火炭禾寮坑路 18-28 號聯邦中心 11 樓 F 室

Telephone: (852) 9464 9757 Fax: (852) 3020 5764 Website: <http://www.hkropeskiping.org>
 E-mail: info@hkropeskiping.org

Heat 1

Entry	Station/Event	Team	Participants	
#210	1: SRSR X 9-11	元朗區體育會	Yin Hei Samuel CHAN Yik San HUI	Wing Yau FUNG Hannah LAU
#201	2: SRSR X 9-11	Duckie Learning Centre	Nok Sum KU Kar Ming LEUNG	Yin Wai Chloe LAM Chun Ngo WONG
#212	3: SRSR X 9-11	香港跳繩精英訓練社(Aces)	Yuen Sing Chen Gabriella Wong	Quentin Sung Hei Lee Man Ching Wong
#207	4: SRSR X 9-11	Masterful Studio	Yan Tung LEE Pak Hin SO	Wing Lam NG Shu Yeung YIP
#209	5: SRSR X 9-11	TONG SIR Rope Skipping Academy	Mun Ting Lam Tsoi Yin WONG	Sze Yu Lam Wing Kiu YEUNG
#202	6: SRSR X 9-11	HKRSAcademy	Yat Lok Cheung Lok Him Himson Lai	Hui Ching Fung Sum Yu Wong
#203	7: SRSR X 9-11	HKRSAcademy	Hiu Chun Joan Chan Nok Hui	Yui Ning Alicia Chong King Yui Leung
#204	8: SRSR X 9-11	HKSPORTPRO	Sum Yin CHAN Dick Son Keung	kam Yau HUI Sum Yu Lo
#211	9: SRSR X 9-11	繩研跳繩運動學院	Hing Yiu CHING Cheuk Kiu Liao	Elly Ngai Sum Fung Hoi Yung Annice Shing
#205	10: SRSR X 9-11	Jump Lab	Yee Pang CHEN LOK HIM TSUI	Tsz Yu Lai Cheuk Nok YIP

Heat 2

Entry	Station/Event	Team	Participants	
#208	1: SRSR X 9-11	Stunning Rope Skipping Club	Ching Hong KAI Cheuk Yan Malissa LEE	Lok Hang LAM Hoi Yiu WONG
#206	2: SRSR X 9-11	JUMP TO INFINITY	Man Chun Kyson Chau Ching Kiu Cho	Tsun Yu Chiu Ka Kei Tsang
#1487	3: SRSR X 12-15	繩研跳繩運動學院	Tsz Hei LAW Tsz Ming TSUI	Ho Long LIANG Hei Tung YUNG
#1484	4: SRSR X 12-15	Vigor	Shek Hei CHAN Dik Sum Yeung	HO WANG JAY TANG Nok Ching Yu
#1489	5: SRSR X 12-15	香港跳繩精英訓練社(Aces)	Chun Yin CHAN Cheuk Yin LAU	Yui Kwong Sin Yu LUK
#1476	6: SRSR X 12-15	HKRSAcademy	Yik Hang Chan Ka Hei Yim	Yuk Hon Ho Tin Yan Yuen
#1478	7: SRSR X 12-15	JUMPER	Chun Pak Chan Nga Yin Law	TSZ LAM KUANG Yat Hei Lui
#1488	8: SRSR X 12-15	香港跳繩精英訓練社(Aces)	Tsz Yu Jessie Chan Tsz Ying Li	Chun Yan Leung YI MAN YIP
#1477	9: SRSR X 12-15	HKRSC	Chit Wai LEUNG Nok Ching MA	Nok Tung Ma Hiu Tung WONG
#1481	10: SRSR X 12-15	JUMP TO INFINITY	Sum Kit CHEUNG Ka Man Li	Chun Hei DAI Ching Tin Lui

Heat 3

Entry	Station/Event	Team	Participants	
#1485	1: SRSR X 12-15	星辰跳繩部	Yee Ching CHAN Yu Lok Wong	Sin Hang CHONG Cheuk Lam YIP
#1479	2: SRSR X 12-15	JUMPER	Lok Yiu CHU Hoi Kiu LO	Hon Nam Zenis Li Hei Tung NG
#1482	3: SRSR X 12-15	Masterful Studio	Tsz Fung Lau Tsz Hin WONG	Pak Hei Wong Tsz Yan WONG

Heat 3

Entry	Station/Event	Team	Participants	
#1475	4: SRSR X 12-15	HKRSAcademy	Chun Kiu Adrian CHAN Yi Sum LAM	Cheuk Hei LAI Chit Nam Anson LOK
#1483	5: SRSR X 12-15	Stunning Rope Skipping Club	Ying Fung LEUNG Sin Yiu SUI	Cheuk Kiu LO Shun Hang WAT
#1474	6: SRSR X 12-15	Duckie Learning Centre	Hoi Ka CHAN Chun Yip WONG	Hau Yin KWONG Yin Sum Iris WONG
#1480	7: SRSR X 12-15	JUMP TO INFINITY	Tsz Fung MAK Tsz Long (1) Wong	Ka Yan TSANG Pui Ga WONG
#1486	8: SRSR X 12-15	星辰跳繩部	Chun Yiu Law SZE LONG WONG	Hiu Cin TAM YAN MING WONG
#885	9: SRSR X 16+ (S)	Masterful Studio	Yeuk Lam HUI Sze Wai LEE	Chun Wing LAM Sin Hing TSANG
#878	10: SRSR X 16+ (S)	Fever Jump Rope	Yin Hei CHAN Sin Hang WAI	Tsz Tik Leung Hau Yee WONG

Heat 4

Entry	Station/Event	Team	Participants	
#880	1: SRSR X 16+ (S)	HKRSC	Qing Bin CHEN RYAN SO	Hiu Laam Kasie SHE Tsz Yiu WONG
#888	2: SRSR X 16+ (S)	Stunning Rope Skipping Club	Hiu Lam Cheng Tsz Lok WONG	Man Chung MA Yuen Yee WONG
#882	3: SRSR X 16+ (S)	HKSPORTPRO	Hoi Yu Evis Ho Tsz Shun Jayden Wong	Cheuk Yau LI Cheuk Nam WONG
#890	4: SRSR X 16+ (S)	Vigor	Yin Hang CHUNG Wing Hei WONG	Hui Wa LAU MEI YI WONG
#875	5: SRSR X 16+ (S)	HKRSAcademy	Wang Hei CHAN Lai Kit Leung	Muk Sing Chen Cheuk Luen Cherry WOO
#877	6: SRSR X 16+ (S)	HKRSAcademy	Yat Ning Alexis CHONG Hin Yau TSANG	Mang I Marco LAM Yuet Lam Felice WONG
#883	7: SRSR X 16+ (S)	Masterful Studio	Mei Kei Maggie LAU Sze Nga NG	Chon Meng LEE Ying Nam Kay TSUI
#891	8: SRSR X 16+ (S)	Vigor	Chung Man CHEUNG Chun Ho Law	Hok Nga LAM Hiu Tung LIU
#893	9: SRSR X 16+ (S)	濤動體育有限公司	Ka Yuen Rex CHOY HIU CHING SUM	Ho Yin LEONG Ka Chun WONG
#889	10: SRSR X 16+ (S)	Stunning Rope Skipping Club	Mei Sze Lai Wai Shan PANG	Kam Chiu LI Hoi Lok TAM

Heat 5

Entry	Station/Event	Team	Participants	
#894	1: SRSR X 16+ (S)	至專運動學院	Chun Him Derek CHAN Kai Lok Jophy Tang	Kit Lam CHU Kin Wo Yuan
#887	2: SRSR X 16+ (S)	Stunning Rope Skipping Club	Ka Ying CHAN Cheuk Yin LI	Tsz Chai Simon LEUNG Wing Ho LO
#892	3: SRSR X 16+ (S)	星辰跳繩部	Ching Hin CHAN Yik Nam HO	Hoi Tung CHENG Yan Hei LEUNG
#886	4: SRSR X 16+ (S)	RopeZen Academy	Yee Kiu CHAN Yi Ki KUANG	Sum Yin HO Chun Yin WONG
#884	5: SRSR X 16+ (S)	Masterful Studio	Hoi Kit CHAN Wai Ying CHU	Pak Shun CHEUNG Chun Yiu HO
#879	6: SRSR X 16+ (S)	FORCES	Pak Hung CHEUNG Sung Chit WONG	Wing Lam CHEUNG Wing Yan WONG
#881	7: SRSR X 16+ (S)	HKRSC	Wing Laam KWAN Tin Chung Edward NG	Pak Wai LEUNG Cheuk Yiu SIN

Heat 5

Entry	Station/Event	Team	Participants	
#876	8: SRSR	HKRSAcademy	 Ming Yip CHE	 Chun Yin CHEN
	X 16+ (S)		 Ziqi CHEN	 Chak Man LIU

Heat 6

Entry	Station/Event	Team	Participants	
#233	1: DDSR X 9-11	Masterful Studio	Yan Tung LEE Pak Hin SO	Wing Lam NG Shu Yeung YIP
#234	2: DDSR X 9-11	Stunning Rope Skipping Club	Ching Hong KAI Cheuk Yan Malissa LEE	Lok Hang LAM Hoi Yiu WONG
#232	3: DDSR X 9-11	JUMP TO INFINITY	Man Chun Kyson Chau Tsun Yu Chiu	Man Hei Kimi Chau Ka Kei Tsang
#230	4: DDSR X 9-11	HKSPORTPRO	Sum Yin CHAN Dick Son Keung	kam Yau HUI Sum Yu Lo
#236	5: DDSR X 9-11	繩研跳繩運動學院	Hing Yiu CHING Cheuk Kiu Liao	Elly Ngai Sum Fung Hoi Yung Annice Shing
#227	6: DDSR X 9-11	Duckie Learning Centre	Nok Sum KU Kar Ming LEUNG	Yin Wai Chloe LAM Chun Ngo WONG
#231	7: DDSR X 9-11	Jump Lab	Yee Pang CHEN LOK HIM TSUI	Tsz Yu Lai Cheuk Nok YIP
#235	8: DDSR X 9-11	元朗區體育會	Yin Hei Samuel CHAN Yik San HUI	Wing Yau FUNG Hannah LAU
#237	9: DDSR X 9-11	香港跳繩精英訓練社(Aces)	Yuen Sing Chen Chung Ping Tang	Quentin Sung Hei Lee Man Ching Wong
#229	10: DDSR X 9-11	HKRSAcademy	Elizabeth Chan Nok Hui	Hiu Chun Joan Chan King Yui Leung

Heat 7

Entry	Station/Event	Team	Participants	
#228	1: DDSR X 9-11	HKRSAcademy	Yat Lok Cheung Lok Him Himson Lai	Hui Ching Fung Sum Yu Wong
#1509	2: DDSR X 12-15	JUMP TO INFINITY	Pak Yeung Lam Ka Yan TSANG	Tsz Fung MAK Pui Ga WONG
#1503	3: DDSR X 12-15	Duckie Learning Centre	Hoi Ka CHAN Chun Yip WONG	Hau Yin KWONG Yin Sum Iris WONG
#1516	4: DDSR X 12-15	香港跳繩精英訓練社(Aces)	Chun Yin CHAN Cheuk Yin LAU	Yui Kwong Sin Yu LUK
#1505	5: DDSR X 12-15	HKRSAcademy	Yik Hang Chan Tin Yan Yuen	Yuk Hon Ho Cheuk Wang Yung
#1513	6: DDSR X 12-15	Vigor	Shek Hei CHAN Nok Ching Yu	Dik Sum Yeung Nok Wang Yu
#1511	7: DDSR X 12-15	Masterful Studio	Tsz Fung Lau Tsz Hin WONG	Pak Hei Wong Tsz Yan WONG
#1512	8: DDSR X 12-15	Stunning Rope Skipping Club	Yi Ki LEUNG Sin Yiu SUI	Ying Fung LEUNG Shun Hang WAT
#1506	9: DDSR X 12-15	HKRSC	Chit Wai LEUNG Hiu Tung WONG	Nok Tung Ma TIN YEUK WU
#1507	10: DDSR X 12-15	JUMPER	Chun Pak Chan Yat Hei Lui	TSZ LAM KUANG Yiu Nam Wong

Heat 8

Entry	Station/Event	Team	Participants	
#1514	1: DDSR X 12-15	繩研跳繩運動學院	Tsz Hei LAW Tsz Ming TSUI	Ho Long LIANG Hei Tung YUNG
#1510	2: DDSR X 12-15	JUMP TO INFINITY	Sum Kit CHEUNG Cheuk Yan Fu	Chun Hei DAI Ka Man Li
#1504	3: DDSR X 12-15	HKRSAcademy	Chun Kiu Adrian CHAN Yi Sum LAM	Cheuk Hei LAI Sze Yu PANG

Heat 8

Entry	Station/Event	Team	Participants	
#1515	4: DDSR X 12-15	香港跳繩精英訓練社(Aces)	Chun Yan Leung CHUNG SING TANG	Tsz Ying Li YI MAN YIP
#1508	5: DDSR X 12-15	JUMPER	Lok Yiu CHU Hoi Kiu LO	Hon Nam Zenis Li Hei Tung NG
#925	6: DDSR X 16+ (S)	Vigor	Yin Hang CHUNG Wing Hei WONG	Hui Wa LAU MEI YI WONG
#921	7: DDSR X 16+ (S)	RopeZen Academy	Tsz Lam CHAN Tsz Hei TSUI	Chi Wing Chris Kan Yue Wang WONG
#918	8: DDSR X 16+ (S)	Masterful Studio	Mei Kei Maggie LAU Kin Wang LEE	Chon Meng LEE Ying Nam Kay TSUI
#922	9: DDSR X 16+ (S)	Stunning Rope Skipping Club	Ka Ying CHAN Cheuk Yin LI	Tsz Chai Simon LEUNG Wing Ho LO
#914	10: DDSR X 16+ (S)	HKRSC	Qing Bin CHEN Hiu Laam Kasie SHE	Tsz Hin CHEUNG Tsz Yiu WONG

Heat 9

Entry	Station/Event	Team	Participants	
#911	1: DDSR X 16+ (S)	HKRSAcademy	Chun Wa Chan Ziqi CHEN	Chun Yin CHEN Chak Man LIU
#915	2: DDSR X 16+ (S)	HKRSC	Zhuo Feng CHEN Tin Chung Edward NG	Pak Wai LEUNG Cheuk Yiu SIN
#923	3: DDSR X 16+ (S)	Stunning Rope Skipping Club	Hiu Lam Cheng Tsz Lok WONG	Man Chung MA Yuen Yee WONG
#913	4: DDSR X 16+ (S)	FORCES	Pak Hung CHEUNG Sung Chit WONG	Wing Lam CHEUNG Wing Yan WONG
#924	5: DDSR X 16+ (S)	Stunning Rope Skipping Club	Mei Sze Lai Wai Shan PANG	Kam Chiu LI Hoi Lok TAM
#927	6: DDSR X 16+ (S)	星辰跳繩部	Ching Hin CHAN Yik Nam HO	Hoi Tung CHENG Yan Hei LEUNG
#919	7: DDSR X 16+ (S)	Masterful Studio	Hoi Kit CHAN Chun Yiu HO	Pak Shun CHEUNG Tsz Ying WONG
#917	8: DDSR X 16+ (S)	HKSPORTPRO	Hoi Yu Evis Ho Tsz Shun Jayden Wong	Tsz Yeung Li Cheuk Nam WONG
#916	9: DDSR X 16+ (S)	HKRSC	Wing Lok CHOW Chi Ki LAW	Chu Ting HO Kai Ming WONG
#920	10: DDSR X 16+ (S)	Masterful Studio	Yeuk Lam HUI Sze Wai LEE	Chun Wing LAM Sin Hing TSANG

Heat 10

Entry	Station/Event	Team	Participants	
#910	1: DDSR X 16+ (S)	HKRSAcademy	Wang Hei CHAN Lai Kit Leung	Muk Sing Chen Cheuk Luen Cherry WOO
#928	2: DDSR X 16+ (S)	濠動體育有限公司	Ka Yuen Rex CHOY Ho Yin LEONG	Sum Yi LEE Ka Chun WONG
#929	3: DDSR X 16+ (S)	至專運動學院	Chun Him Derek CHAN Kit Lam CHU	Hoi Ching CHIU Kai Lok Jophy Tang
#912	4: DDSR X 16+ (S)	HKRSAcademy	Yat Ning Alexis CHONG Hin Yau TSANG	Mang I Marco LAM Yuet Lam Felice WONG
#926	5: DDSR X 16+ (S)	Vigor	Chung Man CHEUNG Sai Kit LAU	Hok Nga LAM Hiu Tung LIU

Heat 11

Entry	Station/Event	Team	Participants	
#216	1: SRDR X 9-11	HKRSAcademy	 Lok Him Himson Lai	 Sum Yu Wong
#222	2: SRDR X 9-11	星辰跳繩部	 Hiu Cin TAM	 HON CHING TANG
#220	3: SRDR X 9-11	TONG SIR Rope Skipping Academy	 Mun Ting Lam	 Wing Kiu YEUNG
#215	4: SRDR X 9-11	HKRSAcademy	 Hiu Chun Joan Chan	 King Yui Leung
#214	5: SRDR X 9-11	Duckie Learning Centre	 Yin Wai Chloe LAM	 Chun Ngo WONG
#223	6: SRDR X 9-11	繩研跳繩運動學院	 Hing Yiu CHING	 Cheuk Kiu Liao
#217	7: SRDR X 9-11	HKSPORTPRO	 Dick Son Keung	 Chi Yin WONG
#226	8: SRDR X 9-11	香港跳繩精英訓練社(Aces)	 Quentin Sung Hei Lee	 Gabriella Wong
#225	9: SRDR X 9-11	香港跳繩精英訓練社(Aces)	 matthias Isaac Ho	 Man Ching Wong
#213	10: SRDR X 9-11	Duckie Learning Centre	 Yan Ching MOK	 Yuk Long POON

Heat 12

Entry	Station/Event	Team	Participants	
#219	1: SRDR X 9-11	Jump Lab	 Tsz Ki KWOK	 Yik Kiu Yorik TAI
#224	2: SRDR X 9-11	香港跳繩精英訓練社(Aces)	 Yuen Sing Chen	 Chung Ping Tang
#218	3: SRDR X 9-11	Jump Lab	 Yee Pang CHEN	 Tsz Yu Lai
#221	4: SRDR X 9-11	星辰跳繩部	 Chung Yiu Chan	 Cheuk Lap Lucas Fong
#1497	5: SRDR X 12-15	Vigor	 Aden Hei Tung CHUNG	 YEE CHING KWOK
#1491	6: SRDR X 12-15	HKSPORTPRO	 Ka Yuet HUANG	 Yat Long Yeung
#1496	7: SRDR X 12-15	Stunning Rope Skipping Club	 Cheuk Kiu LO	 Shun Hang WAT
#1492	8: SRDR X 12-15	Masterful Studio	 Tsz Hin WONG	 Tsz Yan WONG
#1494	9: SRDR X 12-15	SKIPPER'Z	 Hei Tung Chui	 Tsz Chun Hui
#1498	10: SRDR X 12-15	Vigor	 Tsz Pak LEUNG	 Tin Sheung Yip

Heat 13

Entry	Station/Event	Team	Participants	
#1490	1: SRDR X 12-15	HKRSC	 Cheuk Lam Jolie NG	 TIN YEUK WU
#1493	2: SRDR X 12-15	SKIPPER'Z	 Ching Hei Tsoi	 Nga Ching Elie Yeung
#1502	3: SRDR X 12-15	香港跳繩精英訓練社(Aces)	 Chun Yan Leung	 Tsz Ying Li

Heat 13

Entry	Station/Event	Team	Participants	
#1501	4: SRDR X 12-15	星辰跳繩部	 Chun Yiu Law	 YAN MING WONG
#1495	5: SRDR X 12-15	Stropex. Studio	 Wing Kwok Pang	 Pak Hei PANG
#1375	6: SRDR X 12-15	SKIPPER'Z	 Yat Long Lai	 Tsz Lam Leung
#1499	7: SRDR X 12-15	元朗區體育會	 Hoi Ying Fung	 Pak Kiu TUNG
#1500	8: SRDR X 12-15	國際跳繩有限公司	 Ka Him Chan	 Suet Sha Lo
#896	9: SRDR X 16+ (S)	HKRSAcademy	 Hin Yau TSANG	 Yuet Lam Felice WONG
#909	10: SRDR X 16+ (S)	香港跳繩精英訓練社(Aces)	 Tsz Ching Ho	 Ka Hei LI

Heat 14

Entry	Station/Event	Team	Participants	
#908	1: SRDR X 16+ (S)	濠動體育有限公司	 Ka Yuen Rex CHOY	 Sum Yi LEE
#895	2: SRDR X 16+ (S)	HKRSAcademy	 Tsun Hei Edgar HO	 Yue Tong Eden WU
#900	3: SRDR X 16+ (S)	HKRSC	 Qing Bin CHEN	 Hiu Laam Kasie SHE
#907	4: SRDR X 16+ (S)	RopeZen Academy	 Tsz Lam CHAN	 Yue Wang WONG
#903	5: SRDR X 16+ (S)	JUMP TO INFINITY	 Tsz Fung MAK	 Ka Yan TSANG
#906	6: SRDR X 16+ (S)	Masterful Studio	 Hiu Lam LEE	 Chun Hei Tsang
#897	7: SRDR X 16+ (S)	HKRSAcademy	 Yat Ning Alexis CHONG	 Mang I Marco LAM
#901	8: SRDR X 16+ (S)	HKRSC	 Chu Ting HO	 Yin Ting POON
#905	9: SRDR X 16+ (S)	Masterful Studio	 Chin Hei LAI	 Hoi Ching TSE
#899	10: SRDR X 16+ (S)	HKRSC	 Zhuo Feng CHEN	 Cheuk Yiu SIN

Heat 15

Entry	Station/Event	Team	Participants	
#902	1: SRDR X 16+ (S)	HKSPORTPRO	 Hoi Yu Evis Ho	 Pak Nok LO
#904	2: SRDR X 16+ (S)	Masterful Studio	 King Chun CHAN	 Amy CHEUNG
#898	3: SRDR X 16+ (S)	HKRSC	 Tsz Hin CHEUNG	 Tsz Yiu WONG

Heat 16

Entry	Station/Event	Team	Participants	
#244	1: DDSS X 9-11	Stunning Rope Skipping Club	Ching Hong KAI Hoi Yiu WONG	Cheuk Yan Malissa LEE
#238	2: DDSS X 9-11	Duckie Learning Centre	Yan Ching MOK Aiden Kam Yuen TAM	Yuk Long POON
#246	3: DDSS X 9-11	Ziberty Sports Studio	Ho Yu Chan Lok Yan Wong	Man Kei Loi
#247	4: DDSS X 9-11	香港跳繩精英訓練社(Aces)	Yuen Sing Chen Man Ching Wong	Chung Ping Tang
#245	5: DDSS X 9-11	TONG SIR Rope Skipping Academy	Mun Ting Lam Tsoi Yin WONG	Sze Yu Lam
#243	6: DDSS X 9-11	Jump Lab	Tsz Yu Lai Cheuk Nok YIP	LOK HIM TSUI
#248	7: DDSS X 9-11	香港跳繩精英訓練社(Aces)	matthias Isaac Ho Gabriella Wong	Quentin Sung Hei Lee
#241	8: DDSS X 9-11	HKRSAcademy	Yat Lok Cheung Sum Yu Wong	Lok Him Himson Lai
#242	9: DDSS X 9-11	HKSPORTPRO	kam Yau HUI Sum Yu Lo	Dick Son Keung
#240	10: DDSS X 9-11	HKRSAcademy	Elizabeth Chan Nok Hui	Yui Ning Alicia Chong

Heat 17

Entry	Station/Event	Team	Participants	
#239	1: DDSS X 9-11	Duckie Learning Centre	Nok Sum KU Chun Ngo WONG	Yin Wai Chloe LAM
#1523	2: DDSS X 12-15	Masterful Studio	Tsz Fung Lau Tsz Yan WONG	Pak Hei Wong
#1525	3: DDSS X 12-15	Stropex. Studio	Chun Long Ng Yu Yung PANG	Wing Kwok Pang
#1529	4: DDSS X 12-15	Vigor	HO WANG JAY TANG Nok Wang Yu	Nok Ching Yu
#1531	5: DDSS X 12-15	元朗區體育會	Hoi Ying Fung Pak Kiu TUNG	Tsz Him Shek
#1532	6: DDSS X 12-15	繩研跳繩運動學院	Tsz Hei LAW Tsz Ming TSUI	Ho Long LIANG
#1527	7: DDSS X 12-15	Vigor	Hei Wing Isabelle Chung	Aden Hei Tung CHUNG Sik Tung LI
#1530	8: DDSS X 12-15	Ziberty Sports Studio	YI SHUN CHAN CHUN TING WONG	Man Hei Loi
#1518	9: DDSS X 12-15	HKRSC	LETTY HUI Lok Tung Tsui	Chit Wai LEUNG
#1521	10: DDSS X 12-15	JUMPER	Nga Yin Law Yiu Nam Wong	Yat Hei Lui

Heat 18

Entry	Station/Event	Team	Participants	
#1520	1: DDSS X 12-15	HKSPORTPRO	Hoi Yu Evis Ho Tsz Shun Jayden Wong	Cheuk Yau LI
#1517	2: DDSS X 12-15	HKRSAcademy	Oi Yuet Kristy Pang Tsz Ching Yuen	Tsz Wai Pang
#1534	3: DDSS X 12-15	香港跳繩精英訓練社(Aces)	Tsz Yu Jessie Chan YI MAN YIP	Chun Yan Leung

Heat 18

Entry	Station/Event	Team	Participants	
#1519	4: DDSS X 12-15	HKRSC	Nok Tung Ma Hiu Tung WONG	Nok Ching MA
#1522	5: DDSS X 12-15	JUMP TO INFINITY	Pak Yeung Lam Pui Ga WONG	Ka Yan TSANG
#1526	6: DDSS X 12-15	TONG SIR Rope Skipping Academy	Ting Hong Chow Tin Yu WOO	Wai Kiu FOK
#1533	7: DDSS X 12-15	繩研跳繩運動學院	Tsz Shun Chung Yee Lam Lai	Weixuan Guo
#1535	8: DDSS X 12-15	香港跳繩精英訓練社(Aces)	Ching Lai Cheuk Ying Wong	Lok Man Curtis Lee
#1528	9: DDSS X 12-15	Vigor	Long Yuet Chan Tin Sheung Yip	Tsz Pak LEUNG
#1524	10: DDSS X 12-15	SKIPPER'Z	Yat Long Lai Tsz Yan Leung	Tsz Lam Leung

Heat 19

Entry	Station/Event	Team	Participants	
#937	1: DDSS X 16+ (S)	星辰跳繩部	Hoi Tung CHENG Yan Hei LEUNG	Yik Nam HO
#930	2: DDSS X 16+ (S)	HKRSAcademy	Yat Ning Alexis CHONG Hin Yau TSANG	Mang I Marco LAM
#933	3: DDSS X 16+ (S)	HKRSC	Chu Ting HO Kai Ming WONG	Yin Ting POON
#934	4: DDSS X 16+ (S)	Masterful Studio	Pik Man Carman CHOI Chi Kin NG	Wing Sum LAU
#936	5: DDSS X 16+ (S)	Stunning Rope Skipping Club	Ka Ying CHAN Wing Ho LO	Cheuk Yin LI
#932	6: DDSS X 16+ (S)	HKRSC	Qing Bin CHEN Hiu Laam Kasie SHE	Tsz Hin CHEUNG
#931	7: DDSS X 16+ (S)	HKRSAcademy	Wang Hei CHAN Lai Kit Leung	Muk Sing Chen
#935	8: DDSS X 16+ (S)	SKIPPER'Z	Kam Yuen Chan Yu Chung Lam	Pui Yu Peony Chin
#938	9: DDSS X 16+ (S)	至專運動學院	Hoi Ching CHIU Kin Wo Yuan	Kit Lam CHU

Heat 20

Entry	Station/Event	Team	Participants	
#967	1: SRTF X 16+ (S)	星辰跳繩部	Ching Hin CHAN Yik Nam HO	Hoi Tung CHENG Yan Hei LEUNG
#1581	2: DDPF X 12-15	Vigor	Shek Hei CHAN Nok Ching Yu	HO WANG JAY TANG Nok Wang Yu

Heat 21

Entry	Station/Event	Team	Participants	
#966	1: SRTF X 16+ (S)	Vigor	Chung Man CHEUNG Sai Kit LAU	Hok Nga LAM Hiu Tung LIU
#1578	2: DDPF X 12-15	JUMP TO INFINITY	Pak Yeung Lam Tsz Long (1) Wong	Tsz Fung MAK Pui Ga WONG

Heat 22

Entry	Station/Event	Team	Participants	
#962	1: SRTF X 16+ (S)	Stunning Rope Skipping Club	Ka Ying CHAN Cheuk Yin LI	Tsz Chai Simon LEUNG Wing Ho LO
#1576	2: DDPF X 12-15	JUMPER	Chun Pak Chan Nga Yin Law	TSZ LAM KUANG Yat Hei Lui

Heat 23

Entry	Station/Event	Team	Participants	
#964	1: SRTF X 16+ (S)	Stunning Rope Skipping Club	Mei Sze Lai Wai Shan PANG	Kam Chiu LI Hoi Lok TAM
#1577	2: DDPF X 12-15	JUMPER	Lok Yiu CHU Hoi Kiu LO	Hon Nam Zenis Li Hei Tung NG

Heat 24

Entry	Station/Event	Team	Participants	
#955	1: SRTF X 16+ (S)	HKRSAcademy	Wang Hei CHAN Lai Kit Leung	Muk Sing Chen Cheuk Luen Cherry WOO
#1584	2: DDPF X 12-15	香港跳繩精英訓練社(Aces)	Chun Yin CHAN Cheuk Yin LAU	Yui Kwong Sin Yu LUK

Heat 25

Entry	Station/Event	Team	Participants	
#963	1: SRTF X 16+ (S)	Stunning Rope Skipping Club	Hiu Lam Cheng Tsz Lok WONG	Man Chung MA Yuen Yee WONG
#1574	2: DDPF X 12-15	HKRSAcademy	Yuk Hon Ho Tin Yan Yuen	Ka Hei Yim Cheuk Wang Yung

Heat 26

Entry	Station/Event	Team	Participants	
#965	1: SRTF X 16+ (S)	Vigor	Yin Hang CHUNG Wing Hei WONG	Hui Wa LAU MEI YI WONG
#1579	2: DDPF X 12-15	Masterful Studio	Tsz Fung Lau Tsz Hin WONG	Pak Hei Wong Tsz Yan WONG

Heat 27

Entry	Station/Event	Team	Participants	
#958	1: SRTF X 16+ (S)	HKRSC	Qing Bin CHEN Hiu Laam Kasie SHE	Tsz Hin CHEUNG RYAN SO
#1575	2: DDPF X 12-15	HKRSC	Chit Wai LEUNG Nok Ching MA	Nok Tung Ma TIN YEUK WU

Heat 28

Entry	Station/Event	Team	Participants	
#957	1: SRTF X 16+ (S)	FORCES	Pak Hung CHEUNG Sung Chit WONG	Wing Lam CHEUNG Wing Yan WONG
#1572	2: DDPF X 12-15	Duckie Learning Centre	Hoi Ka CHAN Chun Yip WONG	Hau Yin KWONG Yin Sum Iris WONG

Heat 29

Entry	Station/Event	Team	Participants	
#961	1: SRTF X 16+ (S)	Masterful Studio	Pak Shun CHEUNG Chun Yiu HO	Wai Ying CHU Tsz Ying WONG
#1583	2: DDPF X 12-15	香港跳繩精英訓練社(Aces)	Chun Yan Leung CHUNG SING TANG	Tsz Ying Li YI MAN YIP

Heat 30

Entry	Station/Event	Team	Participants	
#956	1: SRTF X 16+ (S)	HKRSAcademy	Chun Wa Chan Ziqi CHEN	Ming Yip CHE Chak Man LIU
#1582	2: DDPF X 12-15	繩研跳繩運動學院	Tsz Hei LAW Tsz Ming TSUI	Ho Long LIANG Hei Tung YUNG

Heat 31

Entry	Station/Event	Team	Participants	
#969	1: SRTF X 16+ (S)	至專運動學院	Chun Him Derek CHAN Kit Lam CHU	Hoi Ching CHIU Kai Lok Jophy Tang
#1580	2: DDPF X 12-15	Stunning Rope Skipping Club	Yi Ki LEUNG Sin Yiu SUI	Ying Fung LEUNG Shun Hang WAT

Heat 32

Entry	Station/Event	Team	Participants	
#960	1: SRTF X 16+ (S)	Masterful Studio	Mei Kei Maggie LAU Sze Nga NG	Chon Meng LEE Ying Nam Kay TSUI
#1573	2: DDPF X 12-15	HKRSAcademy	Chun Kiu Adrian CHAN Chit Nam Anson LOK	Cheuk Hei LAI Sze Yu PANG

Heat 33

Entry	Station/Event	Team	Participants	
#959	1: SRTF X 16+ (S)	HKRSC	Zhuo Feng CHEN Tin Chung Edward NG	Wing Laam KWAN Cheuk Yiu SIN
#996	2: DDPF X 16+ (S)	Stunning Rope Skipping Club	Hiu Lam Cheng Tsz Lok WONG	Man Chung MA Yuen Yee WONG

Heat 34

Entry	Station/Event	Team	Participants	
#968	1: SRTF	濠動體育有限公司	Ka Yuen Rex CHOY	Ho Yin LEONG
	X 16+ (S)		HIU CHING SUM	Ka Chun WONG
#1002	2: DDPF	至專運動學院	Chun Him Derek CHAN	Kit Lam CHU
	X 16+ (S)		Kai Lok Jophy Tang	Kin Wo Yuan

Heat 35

Entry	Station/Event	Team	Participants	
#265	1: SRTF	香港跳繩精英訓練社(Aces)	Yuen Sing Chen	Quentin Sung Hei Lee
	X 9-11		Gabriella Wong	Man Ching Wong
#1000	2: DDPF	星辰跳繩部	Ching Hin CHAN	Hoi Tung CHENG
	X 16+ (S)		Yik Nam HO	Yan Hei LEUNG

Heat 36

Entry	Station/Event	Team	Participants	
#260	1: SRTF	Jump Lab	Yee Pang CHEN	Tsz Yu Lai
	X 9-11		LOK HIM TSUI	Cheuk Nok YIP
#992	2: DDPF	HKRSC	Zhuo Feng CHEN	Wing Laam KWAN
	X 16+ (S)		Pak Wai LEUNG	Tin Chung Edward NG

Heat 37

Entry	Station/Event	Team	Participants	
#262	1: SRTF	Masterful Studio	Yan Tung LEE	Wing Lam NG
	X 9-11		Pak Hin SO	Shu Yeung YIP
#993	2: DDPF	Masterful Studio	Mei Kei Maggie LAU	Chon Meng LEE
	X 16+ (S)		Kin Wang LEE	Ying Nam Kay TSUI

Heat 38

Entry	Station/Event	Team	Participants	
#258	1: SRTF	HKRSAcademy	Yat Lok Cheung	Hui Ching Fung
	X 9-11		Lok Him Himson Lai	Sum Yu Wong
#1001	2: DDPF	濠動體育有限公司	Ka Yuen Rex CHOY	Ho Yin LEONG
	X 16+ (S)		HIU CHING SUM	Ka Chun WONG

Heat 39

Entry	Station/Event	Team	Participants	
#257	1: SRTF	Duckie Learning Centre	Nok Sum KU	Yin Wai Chloe LAM
	X 9-11		Kar Ming LEUNG	Chun Ngo WONG
#994	2: DDPF	Masterful Studio	Hoi Kit CHAN	Pak Shun CHEUNG
	X 16+ (S)		Chun Yiu HO	Tsz Ying WONG

Heat 40

Entry	Station/Event	Team	Participants	
#264	1: SRTF	繩研跳繩運動學院	Hing Yiu CHING	Elly Ngai Sum Fung
	X 9-11		Cheuk Kiu Liao	Hoi Yung Annice Shing
#990	2: DDPF	FORCES	Pak Hung CHEUNG	Wing Lam CHEUNG
	X 16+ (S)		Sung Chit WONG	Wing Yan WONG

Heat 41

Entry	Station/Event	Team	Participants	
#263	1: SRTF X 9-11	元朗區體育會	Yin Hei Samuel CHAN Yik San HUI	Wing Yau FUNG Hannah LAU
#997	2: DDPF X 16+ (S)	Stunning Rope Skipping Club	Mei Sze Lai Wai Shan PANG	Kam Chiu LI Hoi Lok TAM

Heat 42

Entry	Station/Event	Team	Participants	
#261	1: SRTF X 9-11	JUMP TO INFINITY	Man Chun Kyson Chau Ching Kiu Cho	Man Hei Kimi Chau Ka Kei Tsang
#999	2: DDPF X 16+ (S)	Vigor	Chung Man CHEUNG Chun Ho Law	Hok Nga LAM Hiu Tung LIU

Heat 43

Entry	Station/Event	Team	Participants	
#259	1: SRTF X 9-11	HKRSAcademy	Elizabeth Chan Yui Ning Alicia Chong	Hiu Chun Joan Chan King Yui Leung
#991	2: DDPF X 16+ (S)	HKRSC	Tsz Hin CHEUNG RYAN SO	Hiu Laam Kasie SHE Tsz Yiu WONG

Heat 44

Entry	Station/Event	Team	Participants	
#1559	1: SRTF X 12-15	Vigor	Shek Hei CHAN Nok Ching Yu	HO WANG JAY TANG Nok Wang Yu
#988	2: DDPF X 16+ (S)	HKRSAcademy	Wang Hei CHAN Lai Kit Leung	Muk Sing Chen Cheuk Luen Cherry WOO

Heat 45

Entry	Station/Event	Team	Participants	
#1556	1: SRTF X 12-15	JUMP TO INFINITY	Tsz Fung MAK Tsz Long (1) Wong	Ka Yan TSANG Pui Ga WONG
#998	2: DDPF X 16+ (S)	Vigor	Yin Hang CHUNG Wing Hei WONG	Hui Wa LAU MEI YI WONG

Heat 46

Entry	Station/Event	Team	Participants	
#1557	1: SRTF X 12-15	Masterful Studio	Tsz Fung Lau Tsz Hin WONG	Pak Hei Wong Tsz Yan WONG
#995	2: DDPF X 16+ (S)	Stunning Rope Skipping Club	Ka Ying CHAN Cheuk Yin LI	Tsz Chai Simon LEUNG Wing Ho LO

Heat 47

Entry	Station/Event	Team	Participants	
#1554	1: SRTF X 12-15	JUMPER	TSZ LAM KUANG Yat Hei Lui	Nga Yin Law Yiu Nam Wong
#989	2: DDPF X 16+ (S)	HKRSAcademy	Chun Wa Chan Chun Yin CHEN	Ming Yip CHE Ziqi CHEN

Heat 48

Entry	Station/Event	Team	Participants	
#1562	1: SRTF X 12-15	香港跳繩精英訓練社(Aces)	Chun Yan Leung CHUNG SING TANG	Tsz Ying Li YI MAN YIP
#270	2: DDPF X 9-11	HKRSAcademy	Yat Lok Cheung Lok Him Himson Lai	Hui Ching Fung Sum Yu Wong

Heat 49

Entry	Station/Event	Team	Participants	
#1560	1: SRTF X 12-15	星辰跳繩部	Yee Ching CHAN Yu Lok Wong	Sin Hang CHONG Cheuk Lam YIP
#271	2: DDPF X 9-11	HKRSAcademy	Elizabeth Chan Nok Hui	Yui Ning Alicia Chong King Yui Leung

Heat 50

Entry	Station/Event	Team	Participants	
#1551	1: SRTF X 12-15	HKRSAcademy	Chun Kiu Adrian CHAN Chit Nam Anson LOK	Yi Sum LAM Sze Yu PANG
#275	2: DDPF X 9-11	元朗區體育會	Wing Yau FUNG Hannah LAU	Yik San HUI Yat Ching Lee

Heat 51

Entry	Station/Event	Team	Participants	
#1550	1: SRTF X 12-15	Duckie Learning Centre	Hoi Ka CHAN Chun Yip WONG	Hau Yin KWONG Yin Sum Iris WONG
#276	2: DDPF X 9-11	繩研跳繩運動學院	Hing Yiu CHING Cheuk Kiu Liao	Elly Ngai Sum Fung Hoi Yung Annice Shing

Heat 52

Entry	Station/Event	Team	Participants	
#1552	1: SRTF X 12-15	HKRSAcademy	Yik Hang Chan Tin Yan Yuen	Ka Hei Yim Cheuk Wang Yung
#273	2: DDPF X 9-11	JUMP TO INFINITY	Man Chun Kyson Chau Ching Kiu Cho	Tsun Yu Chiu Ka Kei Tsang

Heat 53

Entry	Station/Event	Team	Participants	
#1555	1: SRTF X 12-15	JUMPER	Lok Yiu CHU Hoi Kiu LO	Hon Nam Zenis Li Hei Tung NG
#269	2: DDPF X 9-11	Duckie Learning Centre	Nok Sum KU Kar Ming LEUNG	Yin Wai Chloe LAM Chun Ngo WONG

Heat 54

Entry	Station/Event	Team	Participants	
#1561	1: SRTF X 12-15	繩研跳繩運動學院	Tsz Hei LAW Tsz Ming TSUI	Ho Long LIANG Hei Tung YUNG
#277	2: DDPF X 9-11	香港跳繩精英訓練社(Aces)	Yuen Sing Chen Chung Ping Tang	Quentin Sung Hei Lee Man Ching Wong

Heat 55

Entry	Station/Event	Team	Participants	
#1553	1: SRTF	HKRSC	 Chit Wai LEUNG	 Nok Ching MA
	X 12-15		 Hiu Tung WONG	 TIN YEUK WU
#274	2: DDPF	Masterful Studio	 Yan Tung LEE	 Wing Lam NG
	X 9-11		 Pak Hin SO	 Shu Yeung YIP

Heat 56

Entry	Station/Event	Team	Participants	
#1563	1: SRTF	香港跳繩精英訓練社(Aces)	 Chun Yin CHAN	 Yui Kwong
	X 12-15		 Cheuk Yin LAU	 Sin Yu LUK
#272	2: DDPF	Jump Lab	 Yee Pang CHEN	 Tsz Yu Lai
	X 9-11		 LOK HIM TSUI	 Cheuk Nok YIP

Heat 57

Entry	Station/Event	Team	Participants	
#1558	1: SRTF	Stunning Rope Skipping Club	 Yi Ki LEUNG	 Ying Fung LEUNG
	X 12-15		 Cheuk Kiu LO	 Shun Hang WAT

Heat 58

Entry	Station/Event	Team	Participants	
#940	1: SRPF X 16+ (S)	HKRSAcademy	Chun Wa Chan	Ziqi CHEN
#1571	2: DDSF X 12-15	香港跳繩精英訓練社(Aces)	Ching Lai Cheuk Ying Wong	Lok Man Curtis Lee

Heat 59

Entry	Station/Event	Team	Participants	
#950	1: SRPF X 16+ (S)	RopeZen Academy	Sum Yin HO	Chun Yin WONG
#1564	2: DDSF X 12-15	HKRSAcademy	Cho Yeung Chu Tsz Ching Yuen	Oi Yuet Kristy Pang

Heat 60

Entry	Station/Event	Team	Participants	
#948	1: SRPF X 16+ (S)	Masterful Studio	Uen Yan LEE	Ying Nam Kay TSUI
#1568	2: DDSF X 12-15	TONG SIR Rope Skipping Academy	Ting Hong Chow Tin Yu WOO	Wai Kiu FOK

Heat 61

Entry	Station/Event	Team	Participants	
#954	1: SRPF X 16+ (S)	至專運動學院	Chun Him Derek CHAN	Hoi Ching CHIU
#1567	2: DDSF X 12-15	Stropex. Studio	Chun Long Ng Pak Hei PANG	Wing Kwok Pang

Heat 62

Entry	Station/Event	Team	Participants	
#941	1: SRPF X 16+ (S)	HKRSAcademy	Yat Ning Alexis CHONG	Mang I Marco LAM
#1569	2: DDSF X 12-15	元朗區體育會	Chik Yu LEE Ho Hin TANG	Wing Yiu LEUNG

Heat 63

Entry	Station/Event	Team	Participants	
#946	1: SRPF X 16+ (S)	HKSPORTPRO	Cheuk Yau LI	Tsz Shun Jayden Wong
#1566	2: DDSF X 12-15	HKRSC	LETTY HUI TIN YEUK WU	Lok Tung Tsui

Heat 64

Entry	Station/Event	Team	Participants	
#953	1: SRPF X 16+ (S)	濠動體育有限公司	Hon Man CHAN	Sum Yi LEE
#1565	2: DDSF X 12-15	HKRSC	Chit Wai LEUNG Hiu Tung WONG	Nok Ching MA

Heat 65

Entry	Station/Event	Team	Participants	
#939	1: SRPF X 16+ (S)	HKRSAcademy	 Pui Lam LEE	 Chi Hin MAK
#1570	2: DDSF X 12-15	星辰跳繩部	 Yee Ching CHAN  Yu Lok Wong	 Sin Hang CHONG

Heat 66

Entry	Station/Event	Team	Participants	
#952	1: SRPF X 16+ (S)	星辰跳繩部	 Ching Hin CHAN	 Hoi Tung CHENG
#980	2: DDSF X 16+ (S)	Stunning Rope Skipping Club	 Kam Chiu LI  Wai Shan PANG	 Man Chung MA

Heat 67

Entry	Station/Event	Team	Participants	
#944	1: SRPF X 16+ (S)	FORCES	 Sung Chit WONG	 Wing Yan WONG
#977	2: DDSF X 16+ (S)	JUMP TO INFINITY	 Kin Hang CHAU  Wing Tung LAW	 Hoi Kin Lau

Heat 68

Entry	Station/Event	Team	Participants	
#947	1: SRPF X 16+ (S)	Masterful Studio	 Pik Man Carman CHOI	 Chi Kin NG
#978	2: DDSF X 16+ (S)	RopeZen Academy	 Tsz Lam CHAN  Yue Wang WONG	 Chi Wing Chris Kan

Heat 69

Entry	Station/Event	Team	Participants	
#951	1: SRPF X 16+ (S)	Stunning Rope Skipping Club	 Man Chung MA	 Yuen Yee WONG
#986	2: DDSF X 16+ (S)	至專運動學院	 Chun Him Derek CHAN  Kit Lam CHU	 Hoi Ching CHIU

Heat 70

Entry	Station/Event	Team	Participants	
#949	1: SRPF X 16+ (S)	Masterful Studio	 Mei Kei Maggie LAU	 Kin Wang LEE
#971	2: DDSF X 16+ (S)	HKRSAcademy	 Qingyuan CHEN  Ho Hin TAM	 Pui Lam LEE

Heat 71

Entry	Station/Event	Team	Participants	
#942	1: SRPF X 16+ (S)	HKRSAcademy	 Cheuk Lam Lau	 Yun San LEUNG
#976	2: DDSF X 16+ (S)	HKRSC	 Wing Laam KWAN  Tin Chung Edward NG	 Pak Wai LEUNG

Heat 72

Entry	Station/Event	Team	Participants	
#1860	1: SRPF X 16+ (S)	HKRSAcademy	Kwan Ho LAW	Yue Tong Eden WU
#981	2: DDSF X 16+ (S)	Vigor	Hok Nga LAM Chun Ho Law	Sai Kit LAU

Heat 73

Entry	Station/Event	Team	Participants	
#943	1: SRPF X 16+ (S)	HKRSAcademy	Wang Hei CHAN	Cheuk Luen Cherry WOO
#975	2: DDSF X 16+ (S)	HKRSC	Chu Ting HO Ming Hei Tango SETO	Yin Ting POON

Heat 74

Entry	Station/Event	Team	Participants	
#945	1: SRPF X 16+ (S)	HKRSC	Tin Chung Edward NG	Cheuk Yiu SIN
#970	2: DDSF X 16+ (S)	HKRSAcademy	Hoi Yin LEUNG Ting Hei NG	Sum Yee LI

Heat 75

Entry	Station/Event	Team	Participants	
#249	1: SRPF X 9-11	Duckie Learning Centre	Yan Ching MOK	Aiden Kam Yuen TAM
#987	2: DDSF X 16+ (S)	香港跳繩精英訓練社(Aces)	ManWai Chow Ka Ying So	Shin Hang LO

Heat 76

Entry	Station/Event	Team	Participants	
#252	1: SRPF X 9-11	Jump Lab	Yee Pang CHEN	Tsz Yu Lai
#982	2: DDSF X 16+ (S)	星辰跳繩部	Ching Hin CHAN Yik Nam HO	Hoi Tung CHENG

Heat 77

Entry	Station/Event	Team	Participants	
#251	1: SRPF X 9-11	HKSPORTPRO	Dick Son Keung	Sum Yu Lo
#985	2: DDSF X 16+ (S)	濠動體育有限公司	Ka Yuen Rex CHOY Pak Ming YIP	Sum Yi LEE

Heat 78

Entry	Station/Event	Team	Participants	
#253	1: SRPF X 9-11	Jump Lab	Tsz Ki KWOK	Yik Kiu Yorik TAI
#973	2: DDSF X 16+ (S)	HKRSAcademy	Yat Ning Alexis CHONG Hin Yau TSANG	Mang I Marco LAM

Heat 79

Entry	Station/Event	Team	Participants	
#256	1: SRPF X 9-11	香港跳繩精英訓練社(Aces)	 Quentin Sung Hei Lee	 Man Ching Wong
#983	2: DDSF X 16+ (S)	星辰跳繩部	 Dodo Hoi Tung LAM  Anthony Hing Wun TSANG	 Ngai Lam TAM

Heat 80

Entry	Station/Event	Team	Participants	
#255	1: SRPF X 9-11	香港跳繩精英訓練社(Aces)	 Yuen Sing Chen	 Chung Ping Tang
#984	2: DDSF X 16+ (S)	星辰跳繩部	 Yu Ki LI  Tsz Lung YEUNG	 Nga Hei SIU

Heat 81

Entry	Station/Event	Team	Participants	
#254	1: SRPF X 9-11	元朗區體育會	 Yik San HUI	 Yat Ching Lee
#972	2: DDSF X 16+ (S)	HKRSAcademy	 Man Yi Katrina LEE  Wai Ka TSANG	 Chi Hin MAK

Heat 82

Entry	Station/Event	Team	Participants	
#250	1: SRPF X 9-11	HKRSAcademy	 Hiu Chun Joan Chan	 Nok Hui
#974	2: DDSF X 16+ (S)	HKRSC	 Qing Bin CHEN  RYAN SO	 Hiu Laam Kasie SHE

Heat 83

Entry	Station/Event	Team	Participants	
#1537	1: SRPF X 12-15	HKRSAcademy	 Tsz Wai Pang	 Tsz Ching Yuen
#979	2: DDSF X 16+ (S)	RopeZen Academy	 Yee Kiu CHAN  Tsz Hei TSUI	 Yi Ki KUANG

Heat 84

Entry	Station/Event	Team	Participants	
#1546	1: SRPF X 12-15	星辰跳繩部	 Yee Ching CHAN	 Sin Hang CHONG
#266	2: DDSF X 9-11	Duckie Learning Centre	 Yan Ching MOK  Aiden Kam Yuen TAM	 Yuk Long POON

Heat 85

Entry	Station/Event	Team	Participants	
#1548	1: SRPF X 12-15	香港跳繩精英訓練社(Aces)	 Ching Lai	 Lok Man Curtis Lee
#267	2: DDSF X 9-11	元朗區體育會	 Wing Yau FUNG  Wai Hin UN	 Hannah LAU

Heat 86

Entry	Station/Event	Team	Participants	
#1543	1: SRPF X 12-15	Vigor	 Chi Hei CHAN	 Aden Hei Tung CHUNG
#268	2: DDSF X 9-11	香港跳繩精英訓練社(Aces)	 Chung Ping Tang  Man Ching Wong	 Gabriella Wong

Heat 87

Entry	Station/Event	Team	Participants	
#1538	1: SRPF X 12-15	HKRSC	 Nok Tung Ma	 Nok Ching MA

Heat 88

Entry	Station/Event	Team	Participants	
#1547	1: SRPF X 12-15	繩研跳繩運動學院	 Tsz Ming TSUI	 Hei Tung YUNG

Heat 89

Entry	Station/Event	Team	Participants	
#1549	1: SRPF X 12-15	香港跳繩精英訓練社(Aces)	 Chun Yin CHAN	 Sin Yu LUK

Heat 90

Entry	Station/Event	Team	Participants	
#1545	1: SRPF X 12-15	國際跳繩有限公司	 Ka Him Chan	 Suet Sha Lo

Heat 91

Entry	Station/Event	Team	Participants	
#1539	1: SRPF X 12-15	HKRSC	 Hiu Laam Kasie SHE	 RYAN SO

Heat 92

Entry	Station/Event	Team	Participants	
#1540	1: SRPF X 12-15	JUMPER	 Nga Yin Law	 Yiu Nam Wong

Heat 93

Entry	Station/Event	Team	Participants	
#1544	1: SRPF X 12-15	元朗區體育會	 Wing Yiu LEUNG	 Ho Hin TANG

Heat 94

Entry	Station/Event	Team	Participants	
#1536	1: SRPF X 12-15	HKRSAcademy	 Cheuk Hei LAI	 Sze Yu PANG

Heat 95

Entry	Station/Event	Team	Participants	
#1541	1: SRPF X 12-15	Masterful Studio	 Pak Hei Wong	 Tsz Yan WONG

Heat 96

Entry	Station/Event	Team	Participants	
#1542	1: SRPF X 12-15	SKIPPER'Z	 Kam Yuen Chan	 Nga Ching Elie Yeung

Heat 97

Entry	Station/Event	Team	Participants	
#278	1: WHPF X 9-11	Duckie Learning Centre	 Yan Ching MOK	 Yuk Long POON

Heat 98

Entry	Station/Event	Team	Participants	
#1585	1: WHPF X 12-15	HKRSAcademy	 Cho Yeung Chu	 Oi Yuet Kristy Pang

Heat 99

Entry	Station/Event	Team	Participants	
#1587	1: WHPF X 12-15	Stropex. Studio	 Pak Hei PANG	 Yu Yung PANG

Heat 100

Entry	Station/Event	Team	Participants	
#1586	1: WHPF X 12-15	Stropex. Studio	 Chun Long Ng	 Wing Kwok Pang

Heat 101

Entry	Station/Event	Team	Participants	
#1588	1: WHPF X 12-15	Ziberty Sports Studio	 Man Hei Loi	 CHUN TING WONG

Heat 102

Entry	Station/Event	Team	Participants	
#1006	1: WHPF X 16+ (S)	Masterful Studio	 Pak Shun CHEUNG	 Yat Tung NG

Heat 103

Entry	Station/Event	Team	Participants	
#1004	1: WHPF X 16+ (S)	HKRSAcademy	 Sum Yee LI	 Ting Hei NG

Heat 104

Entry	Station/Event	Team	Participants	
#1003	1: WHPF X 16+ (S)	HKRSAcademy	 Ho Hin TAM	 Hiu Tung YUEN

Heat 105

Entry	Station/Event	Team	Participants	
#1007	1: WHPF X 16+ (S)	星辰跳繩部	 Dodo Hoi Tung LAM	 Anthony Hing Wun TSANG

Heat 106

Entry	Station/Event	Team	Participants	
#1005	1: WHPF X 16+ (S)	JUMP TO INFINITY	 Kin Hang CHAU	 Wing Tung LAW