

全港精英跳繩比賽 2026 暨 香港代表隊選拔賽 (團體賽及單項 - 男子組) 大會流程表

日期：2026 年 1 月 4 日

地點：深水埗體育館 (深水埗深旺道 38 號深水埗康樂文化大樓 2 至 4 樓)

賽事：團體賽及單項 (男子組)

預計開始時間	比賽項目/活動
單人繩四人速度跳接力比賽 (4x 30 秒)	
09:00	9-11 歲 (2015-17 年出生) 男子組 12 - 15 歲 (2011 - 2014 年出生) 男子組 16 歲或以上 (2010 年或之前出生) 男子組
交互繩四人速度跳接力比賽 (4x 30 秒)	
09:30	9-11 歲 (2015-17 年出生) 男子組 12 - 15 歲 (2011 - 2014 年出生) 男子組 16 歲或以上 (2010 年或之前出生) 男子組
單人繩二人二重跳接力比賽 (2x 30 秒)	
10:00	9-11 歲 (2015-17 年出生) 男子組 12 - 15 歲 (2011 - 2014 年出生) 男子組 16 歲或以上 (2010 年或之前出生) 男子組
交互繩單人速度比賽 (60 秒)	
10:35	9-11 歲 (2015-17 年出生) 男子組 12 - 15 歲 (2011 - 2014 年出生) 男子組 16 歲或以上 (2010 年或之前出生) 男子組
團體四人單人繩花式比賽 (75 秒) 團體四人交互繩花式比賽 (75 秒)	
11:10	9-11 歲 (2015-17 年出生) 男子組 12 - 15 歲 (2011 - 2014 年出生) 男子組 16 歲或以上 (2010 年或之前出生) 男子組
午膳時間	

團體二人單人繩花式比賽 (75 秒) 團體三人交互繩花式比賽 (75 秒)	
15:30	9-11 歲 (2015-17 年出生) 男子組 12 - 15 歲 (2011 - 2014 年出生) 男子組 16 歲或以上 (2010 年或之前出生) 男子組
團體二人車輪跳比賽 (75 秒)	
19:30	9-11 歲 (2015-17 年出生) 男子組 12 - 15 歲 (2011 - 2014 年出生) 男子組 16 歲或以上 (2010 年或之前出生) 男子組
頒獎典禮	

- 以上時間只供參考，如有需要，本會會實際情況而作出調動，請留意大會宣佈。
- 各隊伍的比賽次序，請參考相關的出場序。
- 請運動員於比賽項目開始前 **10-15** 分鐘到召集處報到。
- 各運動員必須攜同有效的身份證明文件正本或副本 (證明文件必須印有參賽者樣貌及出生日期，如：香港身份證 / 護照 / 學生手冊) 到召集處報到及進入所屬比賽場區的裁判，以便核對身份。
- 如果運動員 / 隊伍因未經正確途徑進入比賽場區；例如未先到報到處報到，而進入等候區，或比賽場區，該運動員 / 隊伍將不會獲得參賽的資格。

Address: Workshop F on 11/F, Leapont Centre, Nos. 18-28 Wo Liu Hang Road, Shatin, N.T., Hong Kong
香港新界火炭禾寮坑路 18-28 號聯邦中心 11 樓 F 室

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E-mail: info@hkropeskiping.org

Heat 1

Entry	Station/Event	Team	Participants	
#130	1: SRSR M 9-11	HKSPORTPRO	☐ Ming Ki Chiu ☐ Long Yan LAI	☐ Tsz Lok HUNG ☐ MING YIN ZENG
#135	2: SRSR M 9-11	香港跳繩精英訓練社(Aces)	☐ matthias Isaac Ho ☐ Yat Kiu Pong	☐ Wun Yan Chan ☐ Yu Yat Pun
#133	3: SRSR M 9-11	星辰跳繩部	☐ Man Kiu CHENG ☐ XIAOBAO SONG	☐ Hei LI ☐ HON CHING TANG
#131	4: SRSR M 9-11	JUMPER	☐ TSZ HIM CHENG ☐ Yui Wang Lai	☐ Long Kiu Lai ☐ chun him Lui
#128	5: SRSR M 9-11	HKRSAcademy	☐ Sum Yin Ho ☐ Hei Lok Shek	☐ Sum Kit Tommy Lee ☐ Chun Yin Yau
#126	6: SRSR M 9-11	Duckie Learning Centre	☐ Paak Sum CHEUNG ☐ Cheuk Him LI	☐ Yun Chi CHEUNG ☐ ZIRUI YUAN
#127	7: SRSR M 9-11	HKRSAcademy	☐ Ting Hei Hung ☐ Kin Tsun Mok	☐ Chengyang Lin ☐ Ching Yu Wong Po
#134	8: SRSR M 9-11	香港跳繩精英訓練社(Aces)	☐ Yu Cheung Choi ☐ CHUN YU TJU	☐ Tin Shing Jadon Chung ☐ On Yin Wong
#132	9: SRSR M 9-11	TONG SIR Rope Skipping Academy	☐ Ho Lam Cheung ☐ Hin Ting Lau	☐ Long Yin Chung ☐ Chun Hei Lee
#129	10: SRSR M 9-11	HKRSC	☐ TSZ HEI AU ☐ TIN HANG TIVON IP LUKE	☐ DEAN HE ☐ CLAYTON HUNGZEN

Heat 2

Entry	Station/Event	Team	Participants	
#1362	1: SRSR M 12-15	香港跳繩精英訓練社(Aces)	☐ Wang Yui Chu ☐ Ka Nam Kenneth Law	☐ GUZMAN MAN POK DE ☐ Long Chun Tsang
#1359	2: SRSR M 12-15	元朗區體育會	☐ Tsz Hin Cheng ☐ Tsz Him Shek	☐ Tsz Nok Cheng ☐ Ting Hang Wong
#1354	3: SRSR M 12-15	JUMPER	☐ Yat CHAN ☐ Hiu Hei LAI	☐ Tsz Wang SO ☐ Chi Lok LAI
#1361	4: SRSR M 12-15	至專運動學院	☐ Man Kiu LAM ☐ Man Ho TSANG	☐ Ka Chun NG ☐ Tung Chak WONG
#1360	5: SRSR M 12-15	星辰跳繩部	☐ Hoi Chun CHAN ☐ Pak Hin Kok	☐ Cheuk Lap Lucas Fong ☐ Shing Hin LEE
#1357	6: SRSR M 12-15	TOP ONE PLUS CO.	☐ Chi Yuen CHAN ☐ Chun Yat Tsang	☐ Hin Sheung NG ☐ Chun Ming Tseung
#1351	7: SRSR M 12-15	HKRSAcademy	☐ Marcus Chan ☐ Ka Shun Kwok	☐ Hau Yin Cheng ☐ Lok Shun Henry Ning
#1350	8: SRSR M 12-15	HKRSAcademy	☐ Sze Long LUK ☐ Wai Chiu WONG	☐ Hok Yiu TSE ☐ Tin Long YEUNG
#1349	9: SRSR M 12-15	HKRSAcademy	☐ Chun Yin CHAN ☐ Kwok Ban So	☐ Ching Hong LUK ☐ Chi Chung TSANG
#1363	10: SRSR M 12-15	香港跳繩精英訓練社(Aces)	☐ Hui San Lei ☐ Chun Hei Tsang	☐ Chun Kit Siu ☐ Chung Hei Wong

Heat 3

Entry	Station/Event	Team	Participants	
#1356	1: SRSR M 12-15	TONG SIR Rope Skipping Academy	☐ SPENCER CHENG ☐ Ting Hong Chow	☐ WAI CHUN CHEUNG ☐ Ho Ting CHUNG
#1353	2: SRSR M 12-15	HKSPORTPRO	☐ Lok Sum Chan ☐ HEI WAN TSANG	☐ Tsz Yeung Li ☐ Tsz Long (2) WONG
#1355	3: SRSR M 12-15	JUMP TO INFINITY	☐ Wai Nok Chan ☐ Ho Hin Tung	☐ Chun Wai Timothy Moy ☐ Ho Tung Wong
#1358	4: SRSR M 12-15	Vigor	☐ Leung Ching CHAN ☐ Aden Hei Tung CHUNG	☐ Tung Yeung CHEUNG ☐ Tsun Ka HO
#1352	5: SRSR M 12-15	HKRSC	☐ YAU HEI STEWART LAM ☐ DAO LANG YEUNG	☐ TIN LUN LI ☐ KING YU NG
#727	6: SRSR M 16+ (S)	Masterful Studio	☐ Hong Yau CHOI ☐ Chun Hei Tsang	☐ Cheuk Hin Tam ☐ Chi Hung WONG
#720	7: SRSR M 16+ (S)	Fever Jump Rope	☐ Sai Hong Cheung ☐ Tsz Lok Chen	☐ Ka Hing Guo ☐ Lik Hang WAI
#728	8: SRSR M 16+ (S)	國際跳繩有限公司	☐ Tik Long Fung ☐ Hon Yeung Lai	☐ Long Wai HO ☐ Wai Wa Anson MAN
#719	9: SRSR M 16+ (S)	HKRSAcademy	☐ Hoi Yin LEUNG ☐ Ting Hei NG	☐ Chi Hin MAK ☐ Ho Hin TAM
#725	10: SRSR M 16+ (S)	Masterful Studio	☐ Kwok Tung HUANG ☐ Ka Po LAI	☐ Chin Hei LAI ☐ Ching Ho SO

Heat 4

Entry	Station/Event	Team	Participants	
#733	1: SRSR M 16+ (S)	香港跳繩精英訓練社(Aces)	☐ Tsz Him CHENG ☐ Sheung Chit Lam	☐ Shuishan JIANG ☐ Yun San Leung
#717	2: SRSR M 16+ (S)	HKRSAcademy	☐ Kwan Ho LAW ☐ Tsz Wai WONG	☐ Tin Yau WONG ☐ Ching Yau YUEN
#731	3: SRSR M 16+ (S)	溢動體育有限公司	☐ Chin Ting CHAN ☐ Siu Hang FONG	☐ Hon Man CHAN ☐ Pak Ming YIP
#726	4: SRSR M 16+ (S)	Masterful Studio	☐ Chun Wang Chan ☐ Hei Yeung Chen	☐ Hay Yeung CHAN ☐ Wing Sum LAU
#718	5: SRSR M 16+ (S)	HKRSAcademy	☐ Tsun Hei Edgar HO ☐ Man To Shi	☐ Ka Man Lo ☐ Cheung Sing So
#730	6: SRSR M 16+ (S)	星辰跳繩部	☐ Cheuk Hei CHIU ☐ Ka Chun LIN	☐ Sing Long Lee ☐ Anthony Hing Wun TSANG
#729	7: SRSR M 16+ (S)	星辰跳繩部	☐ Hoi Hang Chen ☐ Man Hei LAI	☐ Cheuk Hing KE ☐ Ho Yiu TANG
#721	8: SRSR M 16+ (S)	HKRSC	☐ King Chung Kavis CHENG ☐ Tin Long LEE	☐ Pak Wai CHU ☐ Ming Hin BUT
#724	9: SRSR M 16+ (S)	JUMP TO INFINITY	☐ Kin Hang CHAU ☐ Hoi Kin Lau	☐ Tsz Lok CHEUNG ☐ Ho Fung Yuen
#723	10: SRSR M 16+ (S)	HKSPORTPRO	☐ Lok Hin Tommy HUNG ☐ Hui Lun LEUNG	☐ Yui Chit Lee ☐ Chun Hin Wong

Heat 5

Entry	Station/Event	Team	Participants	
#722	1: SRSR M 16+ (S)	HKRSC	☐ Tsz Ho CHENG ☐ Ho Yin WONG	☐ Ho Hin Chung ☐ Hui Hei XU
#732	2: SRSR M 16+ (S)	繩研跳繩運動學院	☐ Pan Wing CHAN ☐ Ming Chung KO	☐ Cheuk Nam Scott Yau ☐ Ho Yuen LOUIE
#734	3: SRSR M 16+ (S)	香港跳繩精英訓練社(Aces)	☐ Chun Yin CHOW ☐ Ka Lok NG	☐ Ka Hei LI ☐ Cheuk Ho Wong
#716	4: SRSR M 16+ (S)	HKRSAcademy	☐ Cheuk Him AU ☐ Cheong Chun LEUNG	☐ Cheuk Kei CHU ☐ Yun San LEUNG

Hong Kong Elite Championship 2026

Heat Sheets by Heat

DDSR_Male

Day 2

Heat 6

Entry	Station/Event	Team	Participants	
#160	1: DDSR M 9-11	HKSPORTPRO	☐ Ming Ki Chiu ☐ Long Yan LAI	☐ Tsz Lok HUNG ☐ MING YIN ZENG
#161	2: DDSR M 9-11	JUMPER	☐ TSZ HIM CHENG ☐ Yui Wang Lai	☐ Long Kiu Lai ☐ chun him Lui
#157	3: DDSR M 9-11	HKRSAcademy	☐ Ting Hei Hung ☐ Kin Tsun Mok	☐ Chengyang Lin ☐ Ching Yu Wong Po
#156	4: DDSR M 9-11	Duckie Learning Centre	☐ Paak Sum CHEUNG ☐ Cheuk Him LI	☐ Yun Chi CHEUNG ☐ ZIRUI YUAN
#163	5: DDSR M 9-11	香港跳繩精英訓練社(Aces)	☐ Wun Yan Chan ☐ Yat Kiu Pong	☐ Long Hei Ng ☐ Yu Yat Pun
#162	6: DDSR M 9-11	香港跳繩精英訓練社(Aces)	☐ Yu Cheung Choi ☐ CHUN YU TJU	☐ Tin Shing Jadon Chung ☐ On Yin Wong
#159	7: DDSR M 9-11	HKRSC	☐ TSZ HEI AU ☐ TIN HANG TIVON IP LUKE	☐ DEAN HE ☐ CLAYTON HUNGZEN
#158	8: DDSR M 9-11	HKRSAcademy	☐ Sum Yin Ho ☐ Shun Hei Asher So	☐ Sum Kit Tommy Lee ☐ Chun Yin Yau
#1391	9: DDSR M 12-15	JUMPER	☐ Yat CHAN ☐ Hui Hei LAI	☐ Lok Him CHU ☐ Tsz Wang SO
#1397	10: DDSR M 12-15	至專運動學院	☐ Man Kiu LAM ☐ Man Ho TSANG	☐ Ka Chun NG ☐ Tung Chak WONG

Heat 7

Entry	Station/Event	Team	Participants	
#1386	1: DDSR M 12-15	HKRSAcademy	☐ Chun Yin CHAN ☐ Kwok Ban So	☐ Ching Hong LUK ☐ Chi Chung TSANG
#1398	2: DDSR M 12-15	香港跳繩精英訓練社(Aces)	☐ Wang Yui Chu ☐ Ka Nam Kenneth Law	☐ GUZMAN MAN POK DE ☐ Long Chun Tsang
#1394	3: DDSR M 12-15	Vigor	☐ Leung Ching CHAN ☐ Tsun Ka HO	☐ Tung Yeung CHEUNG ☐ Cho Sum LEUNG
#1392	4: DDSR M 12-15	TONG SIR Rope Skipping Academy	☐ SPENCER CHENG ☐ Ting Hong Chow	☐ WAI CHUN CHEUNG ☐ Ho Ting CHUNG
#1395	5: DDSR M 12-15	元朗區體育會	☐ Tsz Hin Cheng ☐ Tsz Him Shek	☐ Tsz Nok Cheng ☐ Ting Hang Wong
#1393	6: DDSR M 12-15	TOP ONE PLUS CO.	☐ Chi Yuen CHAN ☐ Chun Ming Tseung	☐ Chun Yat Tsang ☐ Tsz Chai WONG
#1396	7: DDSR M 12-15	星辰跳繩部	☐ Hoi Chun CHAN ☐ Cheuk Lap Lucas Fong	☐ Ka Lok CHAN ☐ Pak Hin Kok
#1388	8: DDSR M 12-15	HKRSAcademy	☐ Marcus Chan ☐ Ka Shun Kwok	☐ Hau Yin Cheng ☐ Man Nok Sam
#1389	9: DDSR M 12-15	HKRSC	☐ YAT HEI CHEUNG ☐ TIN LUN LI	☐ KING YU NG ☐ DAO LANG YEUNG
#1399	10: DDSR M 12-15	香港跳繩精英訓練社(Aces)	☐ Hui San Lei ☐ Chun Hei Tsang	☐ Chun Kit Siu ☐ Chung Hei Wong

Heat 8

Entry	Station/Event	Team	Participants	
#1387	1: DDSR M 12-15	HKRSAcademy	☐ Hok Yiu TSE ☐ Long Yin YAN	☐ Wai Chiu WONG ☐ Tin Long YEUNG
#1390	2: DDSR M 12-15	HKSPORTPRO	☐ Lok Sum Chan ☐ HEI WAN TSANG	☐ Chun Hin Chung ☐ Tsz Long (2) WONG
#754	3: DDSR M 16+ (S)	Fever Jump Rope	☐ Tsz Lok Chen ☐ HIU LOK LAU	☐ Ka Hing Guo ☐ Sai Hong Cheung
#752	4: DDSR M 16+ (S)	HKRSAcademy	☐ Kwan Hop Chan ☐ Man To Shi	☐ Ka Man Lo ☐ Cheung Sing So
#760	5: DDSR M 16+ (S)	Masterful Studio	☐ Wing Sum LAU ☐ Hei Yeung Chen	☐ Hay Yeung CHAN ☐ Jack Siu Nam LI
#762	6: DDSR M 16+ (S)	國際跳繩有限公司	☐ Shue Hei CHENG ☐ Long Wai HO	☐ Tik Long Fung ☐ Wai Wa Anson MAN
#767	7: DDSR M 16+ (S)	香港跳繩精英訓練社(Aces)	☐ Tsz Him CHENG ☐ Yun San Leung	☐ Shuishan JIANG ☐ Austin Mao LI
#755	8: DDSR M 16+ (S)	HKRSC	☐ Ming Hin BUT ☐ Chun Lai KONG	☐ Pak Wai CHU ☐ King Chung Kavis CHENG
#757	9: DDSR M 16+ (S)	HKSPORTPRO	☐ Ho Hin Chung ☐ Yui Chit Lee	☐ Lok Hin Tommy HUNG ☐ Chun Hin Wong
#753	10: DDSR M 16+ (S)	HKRSAcademy	☐ Qingyuan CHEN ☐ Chi Hin MAK	☐ Hoi Yin LEUNG ☐ Ting Hei NG

Heat 9

Entry	Station/Event	Team	Participants	
#766	1: DDSR M 16+ (S)	繩研跳繩運動學院	☐ Pan Wing CHAN ☐ Ming Chung KO	☐ Cheuk Nam Scott Yau ☐ Ho Yuen LOUIE
#761	2: DDSR M 16+ (S)	Masterful Studio	☐ Chi Kin NG ☐ Chun Hei Tsang	☐ Hong Yau CHOI ☐ Chi Hung WONG
#756	3: DDSR M 16+ (S)	HKRSC	☐ Tsz Ho CHENG ☐ Ho Yin WONG	☐ Hui Hei XU ☐ MING HEI YIU
#768	4: DDSR M 16+ (S)	香港跳繩精英訓練社(Aces)	☐ Chun Yin CHOW ☐ Cheuk Him MA	☐ Ka Hei LI ☐ Ka Lok NG
#750	5: DDSR M 16+ (S)	HKRSAcademy	☐ Cheuk Him AU ☐ Cheong Chun LEUNG	☐ Cheuk Kei CHU ☐ Pak Kin PANG
#764	6: DDSR M 16+ (S)	星辰跳繩部	☐ Cheuk Hei CHIU ☐ Ka Chun LIN	☐ Sing Long Lee ☐ Anthony Hing Wun TSANG
#763	7: DDSR M 16+ (S)	星辰跳繩部	☐ Hoi Hang Chen ☐ Cheuk Lam KE	☐ Cheuk Hing KE ☐ Man Hei LAI
#765	8: DDSR M 16+ (S)	濠動體育有限公司	☐ Chin Ting CHAN ☐ Siu Hang FONG	☐ Hon Man CHAN ☐ Pak Ming YIP
#759	9: DDSR M 16+ (S)	Masterful Studio	☐ Kwok Tung HUANG ☐ Ching Ho SO	☐ Ka Po LAI ☐ Chin Hei LAI
#758	10: DDSR M 16+ (S)	JUMP TO INFINITY	☐ Kin Hang CHAU ☐ Hoi Kin Lau	☐ Tsz Lok CHEUNG ☐ Ho Fung Yuen

Heat 10

Entry	Station/Event	Team	Participants	
#751	1: DDSR M 16+ (S)	HKRSAcademy	☐ Pan Hei LAU ☐ Tsz Wai WONG	☐ Kwan Ho LAW ☐ Ching Yau YUEN

Heat 11

Entry	Station/Event	Team	Participants	
#143	1: SRDR M 9-11	JUMP TO INFINITY	☐ Man Hei Kimi Chau	☐ Tsun Yu Chiu
#149	2: SRDR M 9-11	元朗區體育會	☐ Wan Him Law	☐ King Shun Yeung
#153	3: SRDR M 9-11	Masterful Studio	☐ Chun Him CHAN	☐ Pok Him Gerakd MA
#155	4: SRDR M 9-11	香港跳繩精英訓練社(Aces)	☐ Long Hei Ng	☐ Yu Yat Pun
#139	5: SRDR M 9-11	HKRSC	☐ TSZ HEI AU	☐ CLAYTON HUNGZEN LUKE
#150	6: SRDR M 9-11	元朗區體育會	☐ Yin Hei Samuel CHAN	☐ Yik San HUI
#146	7: SRDR M 9-11	Stunning Rope Skipping Club	☐ Ching Hong KAI	☐ Lok Hang LAM
#147	8: SRDR M 9-11	TONG SIR Rope Skipping Academy	☐ Hin Ting Lau	☐ Chun Hei Lee
#137	9: SRDR M 9-11	Duckie Learning Centre	☐ Nok Sum KU	☐ Kar Ming LEUNG
#145	10: SRDR M 9-11	SKIPPER'Z	☐ Shing Chun Lau	☐ Yi Sen Lo

Heat 12

Entry	Station/Event	Team	Participants	
#140	1: SRDR M 9-11	HKRSC	☐ DEAN HE	☐ TIN HANG TIVON IP
#138	2: SRDR M 9-11	HKRSAcademy	☐ Chengyang Lin	☐ Ching Yu Wong Po
#136	3: SRDR M 9-11	Duckie Learning Centre	☐ Cheuk Him LI	☐ ZIRUI YUAN
#141	4: SRDR M 9-11	HKSPORTPRO	☐ Long Yan LAI	☐ MING YIN ZENG
#142	5: SRDR M 9-11	Jump Lab	☐ LOK HIM TSUI	☐ Cheuk Nok YIP
#152	6: SRDR M 9-11	星辰跳繩部	☐ Hei LI	☐ XIAOBAO SONG
#154	7: SRDR M 9-11	香港跳繩精英訓練社(Aces)	☐ Yu Cheung Choi	☐ Tin Shing Jadon Chung
#144	8: SRDR M 9-11	SKIPPER'Z	☐ Chun San Chan	☐ Hiu Tsun Chung
#148	9: SRDR M 9-11	TOP ONE PLUS CO.	☐ Chi Yuen CHAN	☐ Chun Ming Tseung
#151	10: SRDR M 9-11	星辰跳繩部	☐ Man Kiu CHENG	☐ SZE LONG WONG

Heat 13

Entry	Station/Event	Team	Participants	
#1381	1: SRDR M 12-15	星辰跳繩部	☐ Hoi Chun CHAN	☐ Pak Hin Kok
#1372	2: SRDR M 12-15	JUMP TO INFINITY	☐ Wai Wing Chan	☐ Chun Wai Timothy Moy
#1374	3: SRDR M 12-15	SKIPPER'Z	☐ Yu Chung Lam	☐ Man Chun Lee
#1383	4: SRDR M 12-15	繩研跳繩運動學院	☐ Ho Long LIANG	☐ Tsz Ming TSUI
#1370	5: SRDR M 12-15	HKSPORTPRO	☐ Tsz Yeung Li	☐ HEI WAN TSANG
#1371	6: SRDR M 12-15	Jump Lab	☐ ZiJe CHEN	☐ Chun Hei CHENG
#1373	7: SRDR M 12-15	JUMP TO INFINITY	☐ Sum Kit CHEUNG	☐ Chun Hei DAI
#1379	8: SRDR M 12-15	Vigor	☐ Tung Yeung CHEUNG	☐ Tsun Ka HO
#1377	9: SRDR M 12-15	SKIPPER'Z	☐ Chi Sum Tsang	☐ Wai Lam Wong

Heat 14

Entry	Station/Event	Team	Participants	
#1382	1: SRDR M 12-15	星辰跳繩部	☐ Ka Lok CHAN	☐ Shing Hin LEE
#1376	2: SRDR M 12-15	SKIPPER'Z	☐ Kam Yuen Chan	☐ Lai Ting Chan
#1365	3: SRDR M 12-15	HKRSAcademy	☐ Wai Chiu WONG	☐ Tin Long YEUNG
#1367	4: SRDR M 12-15	HKRSAcademy	☐ Chun Kiu Adrian CHAN	☐ Cheuk Hei LAI
#1369	5: SRDR M 12-15	HKRSC	☐ YAU HEI STEWART LAM	☐ DAO LANG YEUNG
#1364	6: SRDR M 12-15	Duckie Learning Centre	☐ Hau Yin KWONG	☐ Chun Yip WONG
#1380	7: SRDR M 12-15	元朗區體育會	☐ Tsz Hin Cheng	☐ Ting Hang Wong
#1378	8: SRDR M 12-15	TONG SIR Rope Skipping Academy	☐ SPENCER CHENG	☐ Ting Hong Chow
#1366	9: SRDR M 12-15	HKRSAcademy	☐ Hau Yin Cheng	☐ Cheuk Wang Yung
#1384	10: SRDR M 12-15	至專運動學院	☐ Man Ho TSANG	☐ Tung Chak WONG

Heat 15

Entry	Station/Event	Team	Participants	
#1385	1: SRDR M 12-15	香港跳繩精英訓練社(Aces)	☐ Cheuk Yin Trevor Chak	☐ Long Hang Tang
#1368	2: SRDR M 12-15	HKRSC	☐ Chit Wai LEUNG	☐ Nok Tung Ma
#747	3: SRDR M 16+ (S)	星辰跳繩部	☐ Cheuk Lam KE	☐ Man Hei LAI
#738	4: SRDR M 16+ (S)	HKRSAcademy	☐ Tin Yau WONG	☐ Ching Yau YUEN
#737	5: SRDR M 16+ (S)	HKRSAcademy	☐ Chun Wa Chan	☐ Cheung Sing So
#743	6: SRDR M 16+ (S)	HKRSC	☐ Ho Hin Chung	☐ Hui Hei XU
#748	7: SRDR M 16+ (S)	繩研跳繩運動學院	☐ Pan Wing CHAN	☐ Cheuk Nam Scott Yau
#745	8: SRDR M 16+ (S)	SKIPPER'Z	☐ Sung Chit Wong	☐ Hong Tai Yan
#741	9: SRDR M 16+ (S)	Fever Jump Rope	☐ Tsz Lok Chen	☐ Tsz Tik Leung
#739	10: SRDR M 16+ (S)	HKRSAcademy	☐ Tin Nam Hugo LEE	☐ Tsz Wai WONG

Heat 16

Entry	Station/Event	Team	Participants	
#744	1: SRDR M 16+ (S)	HKSPORTPRO	☐ Hui Lun LEUNG	☐ Chun Hin Wong
#742	2: SRDR M 16+ (S)	HKRSC	☐ Ming Hin BUT	☐ Tin Long LEE
#746	3: SRDR M 16+ (S)	國際跳繩有限公司	☐ Long Wai HO	☐ Hon Yeung Lai
#749	4: SRDR M 16+ (S)	香港跳繩精英訓練社(Aces)	☐ Cheuk Him MA	☐ Ka Lok NG
#735	5: SRDR M 16+ (S)	HKRSAcademy	☐ Cheuk Kei CHU	☐ Yun San LEUNG
#736	6: SRDR M 16+ (S)	HKRSAcademy	☐ Hoi Yin LEUNG	☐ Ting Hei NG
#740	7: SRDR M 16+ (S)	Fever Jump Rope	☐ Ka Hing Guo	☐ Lik Hang WAI

Heat 17

Entry	Station/Event	Team	Participants	
#164	1: DDSS M 9-11	Duckie Learning Centre	☐ Yun Chi CHEUNG ☐ ZIRUI YUAN	☐ Cheuk Him LI
#171	2: DDSS M 9-11	香港跳繩精英訓練社(Aces)	☐ Yu Cheung Choi ☐ On Yin Wong	☐ Tin Shing Jadon Chung
#165	3: DDSS M 9-11	HKRSAcademy	☐ Ting Hei Hung ☐ Kin Tsun Mok	☐ Chengyang Lin
#166	4: DDSS M 9-11	HKRSAcademy	☐ Sum Yin Ho ☐ Chun Yin Yau	☐ Hei Lok Shek
#168	5: DDSS M 9-11	HKSPORTPRO	☐ Ming Ki Chiu ☐ MING YIN ZENG	☐ Long Yan LAI
#172	6: DDSS M 9-11	香港跳繩精英訓練社(Aces)	☐ Long Hei Ng ☐ Yu Yat Pun	☐ Yat Kiu Pong
#170	7: DDSS M 9-11	JUMP TO INFINITY	☐ Man Chun Kyson Chau ☐ Ching Kiu Cho	☐ Man Hei Kimi Chau
#167	8: DDSS M 9-11	HKRSC	☐ TSZ HEI AU ☐ CLAYTON HUNGZEN LUKE	☐ TIN HANG TIVON IP
#169	9: DDSS M 9-11	JUMPER	☐ TSZ HIM CHENG ☐ Chun him Lui	☐ Yui Wang Lai
#1413	10: DDSS M 12-15	星辰跳繩部	☐ Hoi Chun CHAN ☐ Pak Him Kok	☐ Cheuk Lap Lucas Fong

Heat 18

Entry	Station/Event	Team	Participants	
#1403	1: DDSS M 12-15	HKRSAcademy	☐ Hau Yin Cheng ☐ Man Nok Sam	☐ Lok Shun Henry Ning
#1411	2: DDSS M 12-15	Vigor	☐ Tung Yeung CHEUNG ☐ Cho Sum LEUNG	☐ Tsun Ka HO
#1412	3: DDSS M 12-15	元朗區體育會	☐ Tsz Hin Cheng ☐ Ting Hang Wong	☐ Tsz Nok Cheng
#1404	4: DDSS M 12-15	HKRSC	☐ YAT HEI CHEUNG ☐ KING YU NG	☐ TIN LUN LI
#1409	5: DDSS M 12-15	TONG SIR Rope Skipping Academy	☐ SPENCER CHENG ☐ Ho Ting CHUNG	☐ WAI CHUN CHEUNG
#1415	6: DDSS M 12-15	香港跳繩精英訓練社(Aces)	☐ Hui San Lei ☐ Chun Hei Tsang	☐ Chun Kit Siu
#1410	7: DDSS M 12-15	TOP ONE PLUS CO.	☐ Chi Yuen CHAN ☐ Chun Ming Tseung	☐ Chun Yat Tsang
#1401	8: DDSS M 12-15	HKRSAcademy	☐ Chun Yin CHAN ☐ Kwok Ban So	☐ Ching Hong LUK
#1406	9: DDSS M 12-15	JUMP TO INFINITY	☐ Chun Wai Timothy Moy ☐ Ho Tung Wong	☐ Ho Hin Tung
#1414	10: DDSS M 12-15	至專運動學院	☐ Ka Chun NG ☐ Tung Chak WONG	☐ Man Ho TSANG

Heat 19

Entry	Station/Event	Team	Participants	
#1405	1: DDSS M 12-15	HKSPORTPRO	☐ Chun Him Chung ☐ Tsz Long (2) WONG	☐ HEI WAN TSANG
#1407	2: DDSS M 12-15	JUMP TO INFINITY	☐ Sum Kit CHEUNG ☐ Tsz Long (1) Wong	☐ Chun Hei DAI
#1402	3: DDSS M 12-15	HKRSAcademy	☐ Sze Long LUK ☐ Long Yin YAN	☐ Hok Yiu TSE
#1400	4: DDSS M 12-15	Duckie Learning Centre	☐ Hau Yin KWONG ☐ Chun Yip WONG	☐ Yi Xuan LIU
#1408	5: DDSS M 12-15	SKIPPER'Z	☐ Chi Sum Tsang ☐ Wai Lam Wong	☐ Ching Hei Tsoi
#772	6: DDSS M 16+ (S)	HKRSAcademy	☐ Qingyuan CHEN ☐ Ho Him TAM	☐ Ting Hei NG
#781	7: DDSS M 16+ (S)	HKSPORTPRO	☐ Yui Chit Lee ☐ Chun Him Wong	☐ Hiu Lun LEUNG
#770	8: DDSS M 16+ (S)	HKRSAcademy	☐ Cheuk Him AU ☐ Cheong Chun LEUNG	☐ Cheuk Kiu AU
#775	9: DDSS M 16+ (S)	HKRSAcademy	☐ Kwan Ho LAW ☐ Tsz Wai WONG	☐ Tin Yau WONG
#784	10: DDSS M 16+ (S)	SKIPPER'Z	☐ Tsz Chun Hui ☐ Hong Tai Yan	☐ Man Chun Lee

Heat 20

Entry	Station/Event	Team	Participants	
#787	1: DDSS M 16+ (S)	星辰跳繩部	☐ Hoi Hang Chen ☐ Cheuk Lam KE	☐ Cheuk Hing KE
#779	2: DDSS M 16+ (S)	HKRSC	☐ Ming Hin BUT ☐ Pak Wai CHU	☐ King Chung Kavis CHENG
#788	3: DDSS M 16+ (S)	繩研跳繩運動學院	☐ Pan Wing CHAN ☐ Ho Yuen LOUIE	☐ Ming Chung KO
#780	4: DDSS M 16+ (S)	HKRSC	☐ Pak Wai LEUNG ☐ Sheuk Ho Francis TAI	☐ Tin Chung Edward NG
#774	5: DDSS M 16+ (S)	HKRSAcademy	☐ Pan Hei LAU ☐ Ching Yau YUEN	☐ Tin Nam Hugo LEE
#790	6: DDSS M 16+ (S)	香港跳繩精英訓練社(Aces)	☐ Ka Hei LI ☐ Cheuk Ho Wong	☐ Ka Lok NG
#783	7: DDSS M 16+ (S)	Masterful Studio	☐ Cheuk Hin Tam ☐ Chi Hung WONG	☐ Chun Hei Tsang
#782	8: DDSS M 16+ (S)	JUMP TO INFINITY	☐ Kin Hang CHAU ☐ Ho Fung Yuen	☐ Hoi Kin Lau
#778	9: DDSS M 16+ (S)	FORCES	☐ Pak Hung CHEUNG ☐ Sung Chit WONG	☐ Wing Lam CHEUNG
#773	10: DDSS M 16+ (S)	HKRSAcademy	☐ Ming Yip CHE ☐ Chak Man LIU	☐ Chun Yin CHEN

Heat 21

Entry	Station/Event	Team	Participants	
#771	1: DDSS M 16+ (S)	HKRSAcademy	☐ Chun Wa Chan ☐ Cheung Sing So	☐ Tsun Hei Edgar HO
#785	2: DDSS M 16+ (S)	Stunning Rope Skipping Club	☐ Kam Chiu LI ☐ Hoi Lok TAM	☐ Man Chung MA
#786	3: DDSS M 16+ (S)	國際跳繩有限公司	☐ Long Wai HO ☐ Wai Wa Anson MAN	☐ Hon Yeung Lai
#769	4: DDSS M 16+ (S)	HKRSAcademy	☐ Cheuk Kei CHU ☐ Pak Kin PANG	☐ Yun San LEUNG
#789	5: DDSS M 16+ (S)	香港跳繩精英訓練社(Aces)	☐ Shuishan JIANG ☐ Yun San Leung	☐ Sheung Chit Lam
#776	6: DDSS M 16+ (S)	Fever Jump Rope	☐ Ka Hing Guo ☐ Tsz Tik Leung	☐ HIU LOK LAU
#777	7: DDSS M 16+ (S)	Fever Jump Rope	☐ Tsz Lok Chen ☐ Lik Hang WAI	☐ Sai Hong Cheung

Hong Kong Elite Championship 2026

Heat Sheets by Heat

SRTF/DDPF_Male

Day 2

Heat 22

Entry	Station/Event	Team	Participants	
#829	1: SRTF M 16+ (S)	國際跳繩有限公司	☐ Tik Long Fung ☐ Hon Yeung Lai	☐ Long Wai HO ☐ Wai Wa Anson MAN
#1461	2: DDPF M 12-15	HKRSAcademy	☐ Marcus Chan ☐ Lok Shun Henry Ning	☐ Hau Yin Cheng ☐ Man Nok Sam

Heat 23

Entry	Station/Event	Team	Participants	
#834	1: SRTF M 16+ (S)	香港跳繩精英訓練社(Aces)	☐ Tsz Him CHENG ☐ Sheung Chit Lam	☐ Shuishan JIANG ☐ Yun San Leung
#1469	2: DDPF M 12-15	至專運動學院	☐ Man Kiu LAM ☐ Man Ho TSANG	☐ Ka Chun NG ☐ Tung Chak WONG

Heat 24

Entry	Station/Event	Team	Participants	
#822	1: SRTF M 16+ (S)	HKRSC	☐ Tsz Ho CHENG ☐ Hiu Hei XU	☐ Ho Hin Chung ☐ Ho Yin WONG
#1460	2: DDPF M 12-15	HKRSAcademy	☐ Sze Long LUK ☐ Wai Chiu WONG	☐ Hok Yiu TSE ☐ Long Yin YAN

Heat 25

Entry	Station/Event	Team	Participants	
#830	1: SRTF M 16+ (S)	星辰跳繩部	☐ Hoi Hang Chen ☐ Man Hei LAI	☐ Cheuk Hing KE ☐ Ho Yiu TANG
#1462	2: DDPF M 12-15	HKRSC	☐ YAT HEI CHEUNG ☐ TIN LUN LI	☐ DAO LANG YEUNG ☐ KING YU NG

Heat 26

Entry	Station/Event	Team	Participants	
#816	1: SRTF M 16+ (S)	HKRSAcademy	☐ Cheuk Him AU ☐ Yun San LEUNG	☐ Cheong Chun LEUNG ☐ Pak Kin PANG
#1459	2: DDPF M 12-15	HKRSAcademy	☐ Chun Yin CHAN ☐ Kwok Ban So	☐ Ching Hong LUK ☐ Chi Chung TSANG

Heat 27

Entry	Station/Event	Team	Participants	
#828	1: SRTF M 16+ (S)	Masterful Studio	☐ Chi Kin NG ☐ Hong Yau CHOI	☐ Cheuk Him Tam ☐ Chi Hung WONG
#1471	2: DDPF M 12-15	香港跳繩精英訓練社(Aces)	☐ Hui San Lei ☐ Chun Hei Tsang	☐ Chun Kit Siu ☐ Chung Hei Wong

Heat 28

Entry	Station/Event	Team	Participants	
#826	1: SRTF M 16+ (S)	Masterful Studio	☐ Kwok Tung HUANG ☐ Ching Ho SO	☐ Chin Hei LAI ☐ Wai Kwan WOO
#1468	2: DDPF M 12-15	星辰跳繩部	☐ Hoi Chun CHAN ☐ Cheuk Lap Lucas Fong	☐ Ka Lok CHAN ☐ Pak Hin Kok

Heat 29

Entry	Station/Event	Team	Participants	
#823	1: SRTF M 16+ (S)	HKSPORTPRO	☐ Ho Hin Chung ☐ Yui Chit Lee	☐ Lok Hin Tommy HUNG ☐ Chun Hin Wong
#1463	2: DDPF M 12-15	JUMPER	☐ Yat CHAN ☐ Hiu Hei LAI	☐ Lok Him CHU ☐ Tsz Wang SO

Heat 30

Entry	Station/Event	Team	Participants	
#820	1: SRTF M 16+ (S)	Fever Jump Rope	☐ Sai Hong Cheung ☐ HIU LOK LAU	☐ Ka Hing Guo ☐ Lik Hang WAI
#1467	2: DDPF M 12-15	元朗區體育會	☐ Tsz Hin Cheng ☐ Pak Kiu TUNG	☐ Tsz Nok Cheng ☐ Ting Hang Wong

Heat 31

Entry	Station/Event	Team	Participants	
#825	1: SRTF M 16+ (S)	JUMP TO INFINITY	☐ Kin Hang CHAU ☐ Hoi Kin Lau	☐ Tsz Lok CHEUNG ☐ Ho Fung Yuen
#1465	2: DDPF M 12-15	TOP ONE PLUS CO.	☐ Chi Yuen CHAN ☐ Chun Yat Tsang	☐ Hin Sheung NG ☐ Chun Ming Tseung

Heat 32

Entry	Station/Event	Team	Participants	
#831	1: SRTF M 16+ (S)	星辰跳繩部	☐ Cheuk Hei CHIU ☐ Ka Chun LIN	☐ Sing Long Lee ☐ Anthony Hing Wun TSANG
#1470	2: DDPF M 12-15	香港跳繩精英訓練社(Aces)	☐ Wang Yui Chu ☐ Ka Nam Kenneth Law	☐ GUZMAN MAN POK DE ☐ Long Chun Tsang

Heat 33

Entry	Station/Event	Team	Participants	
#824	1: SRTF M 16+ (S)	JUMPER	☐ Yiu Kei Yau ☐ Shun Him Zachary	☐ Yui Wai Cheung ☐ Ho Oscar Lo CHEUNG
#1466	2: DDPF M 12-15	Vigor	☐ Leung Ching CHAN ☐ Tsun Ka HO	☐ Tung Yeung CHEUNG ☐ Cho Sum LEUNG

Heat 34

Entry	Station/Event	Team	Participants	
#817	1: SRTF M 16+ (S)	HKRSAcademy	☐ Pan Hei LAU ☐ Tin Yau WONG	☐ Kwan Ho LAW ☐ Ching Yau YUEN
#1464	2: DDPF M 12-15	TONG SIR Rope Skipping Academy	☐ SPENCER CHENG ☐ Ting Hong Chow	☐ WAI CHUN CHEUNG ☐ Ho Ting CHUNG

Heat 35

Entry	Station/Event	Team	Participants	
#821	1: SRTF M 16+ (S)	HKRSC	☐ Pak Wai CHU ☐ Chun Lai KONG	☐ King Chung Kavis CHENG ☐ Tin Long LEE
#860	2: DDPF M 16+ (S)	國際跳繩有限公司	☐ Shue Hei CHENG ☐ Long Wai HO	☐ Tik Long Fung ☐ Wai Wa Anson MAN

Heat 36

Entry	Station/Event	Team	Participants	
#833	1: SRTF M 16+ (S)	繩研跳繩運動學院	☐ Pan Wing CHAN ☐ Ming Chung KO	☐ Cheuk Nam Scott Yau ☐ Ho Yuen LOUIE

Heat 37

Entry	Station/Event	Team	Participants	
#819	1: SRTF M 16+ (S)	HKRSAcademy	☐ Qingyuan CHEN ☐ Ting Hei NG	☐ Hoi Yin LEUNG ☐ Ho Hin TAM
#856	2: DDPF M 16+ (S)	HKRSC	☐ Tsz Ho CHENG ☐ Hui Hei XU	☐ Ho Yin WONG ☐ MING HEI YIU

Heat 38

Entry	Station/Event	Team	Participants	
#835	1: SRTF M 16+ (S)	香港跳繩精英訓練社(Aces)	☐ Chun Yin CHOW ☐ Ka Lok NG	☐ Ka Hei LI ☐ Cheuk Ho Wong
#861	2: DDPF M 16+ (S)	星辰跳繩部	☐ Hoi Hang Chen ☐ Cheuk Lam KE	☐ Cheuk Hing KE ☐ Man Hei LAI

Heat 39

Entry	Station/Event	Team	Participants	
#832	1: SRTF M 16+ (S)	漩動體育有限公司	☐ Chin Ting CHAN ☐ Siu Hang FONG	☐ Hon Man CHAN ☐ Pak Ming YIP
#862	2: DDPF M 16+ (S)	星辰跳繩部	☐ Cheuk Hei CHIU ☐ Ka Chun LIN	☐ Sing Long Lee ☐ Anthony Hing Wun TSANG

Heat 40

Entry	Station/Event	Team	Participants	
#818	1: SRTF M 16+ (S)	HKRSAcademy	☐ Kwan Hop Chan ☐ Man To Shi	☐ Tsun Hei Edgar HO ☐ Cheung Sing So
#865	2: DDPF M 16+ (S)	香港跳繩精英訓練社(Aces)	☐ Tsz Him CHENG ☐ Yun San Leung	☐ Shuishan JIANG ☐ Austin Mao LI

Heat 41

Entry	Station/Event	Team	Participants	
#827	1: SRTF M 16+ (S)	Masterful Studio	☐ Hay Yeung CHAN ☐ Wing Sum LAU	☐ Hei Yeung Chen ☐ Jack Siu Nam LI
#859	2: DDPF M 16+ (S)	Masterful Studio	☐ Hong Yau CHOI ☐ Chun Hei Tsang	☐ Chi Kin NG ☐ Chi Hung WONG

Heat 42

Entry	Station/Event	Team	Participants	
#185	1: SRTF M 9-11	HKRSAcademy	☐ Ting Hei Hung ☐ Kin Tsun Mok	☐ Chengyang Lin ☐ Ching Yu Wong Po
#850	2: DDPF M 16+ (S)	HKRSAcademy	☐ Cheuk Him AU ☐ Yun San LEUNG	☐ Cheuk Kei CHU ☐ Pak Kin PANG

Heat 43

Entry	Station/Event	Team	Participants	
#186	1: SRTF M 9-11	HKRSAcademy	☐ Sum Kit Tommy Lee ☐ Shun Hei Asher So	☐ Hei Lok Shek ☐ Chun Yin Yau
#854	2: DDPF M 16+ (S)	Fever Jump Rope	☐ Sai Hong Cheung ☐ HIU LOK LAU	☐ Ka Hing Guo ☐ Lik Hang WAI

Heat 44

Entry	Station/Event	Team	Participants	
#187	1: SRTF M 9-11	HKRSC	☐ TS Z HEI AU ☐ TIN HANG TIVON IP LUKE	☐ DEAN HE ☐ CLAYTON HUNGZEN
#866	2: DDPF M 16+ (S)	香港跳繩精英訓練社(Aces)	☐ Chun Yin CHOW ☐ Cheuk Him MA	☐ Ka Hei LI ☐ Ka Lok NG

Heat 45

Entry	Station/Event	Team	Participants
#189	1: SRTF M 9-11	香港跳繩精英訓練社(Aces)	☐ Yu Cheung Choi ☐ CHUN YU TJU ☐ Tin Shing Jadon Chung ☐ On Yin Wong
#853	2: DDPF M 16+ (S)	HKRSAcademy	☐ Qingyuan CHEN ☐ Chi Hin MAK ☐ Hoi Yin LEUNG ☐ Ho Him TAM

Heat 46

Entry	Station/Event	Team	Participants
#190	1: SRTF M 9-11	香港跳繩精英訓練社(Aces)	☐ matthias Isaac Ho ☐ Yat Kiu Pong ☐ Wun Yan Chan ☐ Yu Yat Pun
#858	2: DDPF M 16+ (S)	Masterful Studio	☐ Chun Wang Chan ☐ Wing Sum LAU ☐ Hei Yeung Chen ☐ Jack Siu Nam LI

Heat 47

Entry	Station/Event	Team	Participants
#184	1: SRTF M 9-11	Duckie Learning Centre	☐ Paak Sum CHEUNG ☐ Cheuk Him LI ☐ Yun Chi CHEUNG ☐ Tsz Hin WONG
#851	2: DDPF M 16+ (S)	HKRSAcademy	☐ Pan Hei LAU ☐ Tsz Wai WONG ☐ Tin Yau WONG ☐ Ching Yau YUEN

Heat 48

Entry	Station/Event	Team	Participants
#188	1: SRTF M 9-11	JUMPER	☐ TSZ HIM CHENG ☐ Yui Wang Lai ☐ Long Kiu Lai ☐ chun him Lui
#863	2: DDPF M 16+ (S)	濠動體育有限公司	☐ Chin Ting CHAN ☐ Siu Hang FONG ☐ Hon Man CHAN ☐ Pak Ming YIP

Heat 49

Entry	Station/Event	Team	Participants
#1449	1: SRTF M 12-15	至專運動學院	☐ Man Kiu LAM ☐ Man Ho TSANG ☐ Ka Chun NG ☐ Tung Chak WONG
#857	2: DDPF M 16+ (S)	Masterful Studio	☐ Kwok Tung HUANG ☐ Ching Ho SO ☐ Ka Po LAI ☐ Wai Kwan WOO

Heat 50

Entry	Station/Event	Team	Participants
#1442	1: SRTF M 12-15	HKSPORTPRO	☐ Lok Sum Chan ☐ HEI WAN TSANG ☐ Chun Him Chung ☐ Tsz Long (2) WONG
#864	2: DDPF M 16+ (S)	繩研跳繩運動學院	☐ Pan Wing CHAN ☐ Ming Chung KO ☐ Cheuk Nam Scott Yau ☐ Ho Yuen LOUIE

Heat 51

Entry	Station/Event	Team	Participants
#1446	1: SRTF M 12-15	Vigor	☐ Tsun Ka HO ☐ Aden Hei Tung CHUNG ☐ Tung Yeung CHEUNG ☐ Cho Sum LEUNG
#852	2: DDPF M 16+ (S)	HKRSAcademy	☐ Kwan Hop Chan ☐ Ka Man Lo ☐ Tsun Hei Edgar HO ☐ Man To Shi

Heat 52

Entry	Station/Event	Team	Participants
#1443	1: SRTF M 12-15	JUMPER	☐ Yat CHAN ☐ Hiu Hei LAI ☐ Lok Him CHU ☐ Tsz Wang SO
#195	2: DDPF M 9-11	HKRSAcademy	☐ Sum Yin Ho ☐ Shun Hei Asher So ☐ Hei Lok Shek ☐ Chun Yin Yau

Heat 53

Entry	Station/Event	Team	Participants
#1440	1: SRTF M 12-15	HKRSAcademy	☐ Marcus Chan ☐ Lok Shun Henry Ning ☐ Ka Shun Kwok ☐ Man Nok Sam
#196	2: DDPF M 9-11	HKRSC	☐ TSZ HEI AU ☐ TIN HANG TIVON IP ☐ LUKE ☐ DEAN HE ☐ CLAYTON HUNGZEN

Heat 54

Entry	Station/Event	Team	Participants
#1438	1: SRTF M 12-15	HKRSAcademy	☐ Chun Yin CHAN ☐ Kwok Ban So ☐ Ching Hong LUK ☐ Chi Chung TSANG
#198	2: DDPF M 9-11	香港跳繩精英訓練社(Aces)	☐ Yu Cheung Choi ☐ CHUN YU TJU ☐ Tin Shing Jadon Chung ☐ On Yin Wong

Heat 55

Entry	Station/Event	Team	Participants	
#1451	1: SRTF M 12-15	香港跳繩精英訓練社(Aces)	☐ Hui San Lei ☐ Chun Hei Tsang	☐ Chun Kit Siu ☐ Chung Hei Wong
#197	2: DDPF M 9-11	JUMPER	☐ TS Z HIM CHENG ☐ Yui Wang Lai	☐ Long Kiu Lai ☐ chun him Lui

Heat 56

Entry	Station/Event	Team	Participants	
#1444	1: SRTF M 12-15	TONG SIR Rope Skipping Academy	☐ SPENCER CHENG ☐ Ting Hong Chow	☐ WAI CHUN CHEUNG ☐ Ho Ting CHUNG
#194	2: DDPF M 9-11	HKRS Academy	☐ Ting Hei Hung ☐ Kin Tsun Mok	☐ Chengyang Lin ☐ Ching Yu Wong Po

Heat 57

Entry	Station/Event	Team	Participants	
#1450	1: SRTF M 12-15	香港跳繩精英訓練社(Aces)	☐ Wang Yui Chu ☐ Ka Nam Kenneth Law	☐ GUZMAN MAN POK DE ☐ Long Chun Tsang
#193	2: DDPF M 9-11	Duckie Learning Centre	☐ Paak Sum CHEUNG ☐ Cheuk Him Li	☐ Yun Chi CHEUNG ☐ Tsz Him WONG

Heat 58

Entry	Station/Event	Team	Participants	
#1448	1: SRTF M 12-15	星辰跳繩部	☐ Hoi Chun CHAN ☐ Pak Hin Kok	☐ Cheuk Lap Lucas Fong ☐ Shing Him LEE
#199	2: DDPF M 9-11	香港跳繩精英訓練社(Aces)	☐ matthias Isaac Ho ☐ Yat Kiu Pong	☐ Wun Yan Chan ☐ Yu Yat Pun

Heat 59

Entry	Station/Event	Team	Participants	
#1447	1: SRTF M 12-15	元朗區體育會	☐ Tsz Him Cheng ☐ Tsz Him Shek	☐ Tsz Nok Cheng ☐ Ting Hang Wong
#855	2: DDPF M 16+ (S)	HKRSC	☐ Ming Hin BUT ☐ Pak Wai CHU	☐ King Chung Kavis CHENG ☐ Tin Long LEE

Heat 60

Entry	Station/Event	Team	Participants	
#1441	1: SRTF M 12-15	HKRSC	☐ TIN LUN LI ☐ KING YU NG	☐ YAU HEI STEWART LAM ☐ DAO LANG YEUNG

Heat 61

Entry	Station/Event	Team	Participants	
#1439	1: SRTF M 12-15	HKRS Academy	☐ Sze Long LUK ☐ Long Yin YAN	☐ Wai Chiu WONG ☐ Tin Long YEUNG

Heat 62

Entry	Station/Event	Team	Participants	
#1445	1: SRTF M 12-15	TOP ONE PLUS CO.	☐ Hin Sheung NG ☐ Chun Ming Tseung	☐ Chun Yat Tsang ☐ Tsz Chai WONG

Hong Kong Elite Championship 2026

Heat Sheets by Heat

SRPF/DDSF_Male
Day 2**Heat 63.1**

Entry	Station/Event	Team	Participants	
#808	1: SRPF M 16+ (S)	繩研跳繩運動學院	☐ Ho Yuen LOUIE	☐ Ho Long LIANG

Heat 63

Entry	Station/Event	Team	Participants	
#490	1: SRPF M 16+ (S)	Vigor	☐ Chung Man CHEUNG	☐ Chun Ho Law
#1456	2: DDSF M 12-15	TOP ONE PLUS CO.	☐ Chun Yat Tsang ☐ Tsz Chai WONG	☐ Chun Ming Tseung

Heat 64

Entry	Station/Event	Team	Participants	
#793	1: SRPF M 16+ (S)	HKRS Academy	☐ Tin Nam Hugo LEE	☐ Tin Yau WONG

#1458	2: DDSF M 12-15	香港跳繩精英訓練社(Aces)	☐ Chun Kit Siu ☐ Chung Hei Wong	☐ Chun Hei Tsang
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Heat 65

Entry	Station/Event	Team	Participants	
#804	1: SRPF M 16+ (S)	JUMPER	☐ Shun Him Zachary CHEUNG	☐ Ho Oscar Lo
#1455	2: DDSF M 12-15	TONG SIR Rope Skipping Academy	☐ SPENCER CHENG ☐ Ho Ting CHUNG	☐ WAI CHUN CHEUNG

Heat 66

Entry	Station/Event	Team	Participants	
#810	1: SRPF M 16+ (S)	星辰跳繩部	☐ Sing Long Lee TSANG	☐ Anthony Hing Wun
#1452	2: DDSF M 12-15	Duckie Learning Centre	☐ Hau Yin KWONG ☐ Chun Yip WONG	☐ Yi Xuan LIU

Heat 67

Entry	Station/Event	Team	Participants	
#794	1: SRPF M 16+ (S)	HKRSAcademy	☐ Tsz Wai WONG	☐ Ching Yau YUEN
#1454	2: DDSF M 12-15	HKRSC	☐ YAT HEI CHEUNG ☐ KING YU NG	☐ TIN LUN LI

Heat 68

Entry	Station/Event	Team	Participants	
#797	1: SRPF M 16+ (S)	Fever Jump Rope	☐ Ka Hing Guo	☐ Tsz Tik Leung
#1453	2: DDSF M 12-15	HKRSAcademy	☐ Chun Yin CHAN ☐ Kwok Ban So	☐ Ching Hong LUK

Heat 69

Entry	Station/Event	Team	Participants	
#811	1: SRPF M 16+ (S)	星辰跳繩部	☐ Cheuk Hei CHIU	☐ Ka Chun LIN
#1457	2: DDSF M 12-15	Vigor	☐ Tung Yeung CHEUNG ☐ Cho Sum LEUNG	☐ Tsun Ka HO

Heat 70

Entry	Station/Event	Team	Participants	
#809	1: SRPF M 16+ (S)	星辰跳繩部	☐ Cheuk Hing KE	☐ Cheuk Lam KE
#849	2: DDSF M 16+ (S)	香港跳繩精英訓練社(Aces)	☐ Chun Yin CHOW ☐ Cheuk Ho Wong	☐ Ka Lok NG

Heat 71

Entry	Station/Event	Team	Participants	
#796	1: SRPF M 16+ (S)	Fever Jump Rope	☐ Tsz Lok Chen	☐ Sai Hong Cheung
#842	2: DDSF M 16+ (S)	JUMPER	☐ Yiu Kei Yau ☐ Shun Him Zachary CHEUNG	☐ Yui Wai Cheung

Heat 72

Entry	Station/Event	Team	Participants	
#802	1: SRPF M 16+ (S)	HKRSC	☐ Tsz Ho CHENG	☐ Ho Yin WONG
#844	2: DDSF M 16+ (S)	國際跳繩有限公司	☐ Shue Hei CHENG ☐ Wai Wa Anson MAN	☐ Hon Yeung Lai

Heat 73

Entry	Station/Event	Team	Participants	
#792	1: SRPF M 16+ (S)	HKRSAcademy	☐ Kwan Hop Chan	☐ Tsun Hei Edgar HO
#847	2: DDSF M 16+ (S)	繩研跳繩運動學院	☐ Leong Hei CHU ☐ Siu Fung Ng	☐ Hai Feng Huang

Heat 74

Entry	Station/Event	Team	Participants	
#812	1: SRPF M 16+ (S)	滄動體育有限公司	☐ Ho Yin LEONG	☐ Ka Chun WONG
#840	2: DDSF M 16+ (S)	FORCES	☐ Pak Hung CHEUNG ☐ Sung Chit WONG	☐ Wing Lam CHEUNG

Heat 75

Entry	Station/Event	Team	Participants	
#801	1: SRPF M 16+ (S)	HKRSC	☐ King Chung Kavis CHENG	☐ Pak Wai CHU
#836	2: DDSF M 16+ (S)	HKRSAcademy	☐ Cheong Chun LEUNG ☐ Pak Kin PANG	☐ Yun San LEUNG

Heat 76

Entry	Station/Event	Team	Participants	
#800	1: SRPF M 16+ (S)	HKRSC	☐ Ming Hin BUT	☐ Chun Lai KONG
#848	2: DDSF M 16+ (S)	香港跳繩精英訓練社(Aces)	☐ Shuishan JIANG ☐ Yun San Leung	☐ Sheung Chit Lam

Heat 77

Entry	Station/Event	Team	Participants	
#814	1: SRPF M 16+ (S)	香港跳繩精英訓練社(Aces)	☐ Cheuk Yin Trevor Chak	☐ Long Hang Tang
#837	2: DDSF M 16+ (S)	HKRSAcademy	☐ Cheuk Him AU ☐ Cheuk Kei CHU	☐ Cheuk Kiu AU

Heat 78

Entry	Station/Event	Team	Participants	
#813	1: SRPF M 16+ (S)	繩研跳繩運動學院	☐ Pan Wing CHAN	☐ Cheuk Nam Scott Yau
#839	2: DDSF M 16+ (S)	HKRSAcademy	☐ Kwan Ho LAW ☐ Tsz Wai WONG	☐ Tin Yau WONG

Heat 79

Entry	Station/Event	Team	Participants	
#807	1: SRPF M 16+ (S)	Stunning Rope Skipping Club	☐ Kam Chiu LI	☐ Hoi Lok TAM
#838	2: DDSF M 16+ (S)	HKRSAcademy	☐ Kwan Hop Chan ☐ Man To Shi	☐ Ka Man Lo

Heat 80

Entry	Station/Event	Team	Participants	
#799	1: SRPF M 16+ (S)	HKRSC	☐ Tsz Hin CHEUNG	☐ Chu Ting HO
#843	2: DDSF M 16+ (S)	Masterful Studio	☐ Cheuk Hin Tam ☐ Chi Hung WONG	☐ Chun Hei Tsang

Heat 81

Entry	Station/Event	Team	Participants	
#803	1: SRPF M 16+ (S)	HKSPORTPRO	☐ Lok Hin Tommy HUNG	☐ Chun Hin Wong
#846	2: DDSF M 16+ (S)	濠動體育有限公司	☐ Hon Man CHAN ☐ Ka Chun WONG	☐ Ho Yin LEONG

Heat 82

Entry	Station/Event	Team	Participants	
#798	1: SRPF M 16+ (S)	FORCES	☐ Pak Hung CHEUNG	☐ Wing Lam CHEUNG
#845	2: DDSF M 16+ (S)	星辰跳繩部	☐ Hoi Hang Chen ☐ Ho Yu TANG	☐ Man Hei LAI

Heat 83

Entry	Station/Event	Team	Participants	
#805	1: SRPF M 16+ (S)	JUMP TO INFINITY	☐ Kin Hang CHAU	☐ Ho Fung Yuen
#841	2: DDSF M 16+ (S)	HKRSC	☐ King Chung Kavis CHENG	☐ Pak Wai CHU ☐ Chun Lai KONG

Heat 84

Entry	Station/Event	Team	Participants	
#791	1: SRPF M 16+ (S)	HKRSAcademy	☐ Cheong Chun LEUNG	☐ Pak Kin PANG
#191	2: DDSF M 9-11	HKRSC	☐ TSZ HEI AU ☐ CLAYTON HUNGZEN LUKE	☐ DEAN HE

Heat 85

Entry	Station/Event	Team	Participants	
#806	1: SRPF M 16+ (S)	SKIPPER'Z	☐ Sung Chit Wong	☐ Hong Tai Yan
#192	2: DDSF M 9-11	香港跳繩精英訓練社(Aces)	☐ Tin Shing Jadon Chung ☐ On Yin Wong	☐ CHUN YU TJU

Heat 86

Entry	Station/Event	Team	Participants	
#795	1: SRPF M 16+ (S)	Fever Jump Rope	☐ HIU LOK LAU	☐ Lik Hang WAI

Heat 87

Entry	Station/Event	Team	Participants	
#815	1: SRPF M 16+ (S)	香港跳繩精英訓練社(Aces)	☐ Ka Hei LI	☐ Ka Lok NG

Heat 88

Entry	Station/Event	Team	Participants	
#173	1: SRPF M 9-11	HKRSAcademy	☐ Hei Lok Shek	☐ Shun Hei Asher So

Heat 89

Entry	Station/Event	Team	Participants	
#177	1: SRPF M 9-11	Jump Lab	☐ LOK HIM TS UI	☐ Cheuk Nok YIP

Heat 90

Entry	Station/Event	Team	Participants	
#176	1: SRPF M 9-11	HKSPORTPRO	☐ Ming Ki Chiu	☐ Long Yan LAI

Heat 91

Entry	Station/Event	Team	Participants	
#183	1: SRPF M 9-11	香港跳繩精英訓練社(Aces)	☐ Yat Kiu Pong	☐ Yu Yat Pun

Heat 92

Entry	Station/Event	Team	Participants	
#178	1: SRPF M 9-11	JUMP TO INFINITY	☐ Man Hei Kimi Chau	☐ Ching Kiu Cho

Heat 93

Entry	Station/Event	Team	Participants	
#181	1: SRPF M 9-11	Masterful Studio	☐ Chun Him CHAN	☐ Pok Him Gerald MA

Heat 94

Entry	Station/Event	Team	Participants	
#180	1: SRPF M 9-11	元朗區體育會	☐ Wan Him Law	☐ King Shun Yeung

Heat 95

Entry	Station/Event	Team	Participants	
#179	1: SRPF M 9-11	TONG SIR Rope Skipping Academy	☐ Hin Ting Lau	☐ Chun Hei Lee

Heat 96

Entry	Station/Event	Team	Participants	
#174	1: SRPF M 9-11	HKRSAcademy	☐ Sum Yin Ho	☐ Chun Yin Yau

Heat 97

Entry	Station/Event	Team	Participants	
#175	1: SRPF M 9-11	HKRSC	☐ TSZ HEI AU	☐ CLAYTON HUNGZEN

Heat 98

Entry	Station/Event	Team	Participants	
#182	1: SRPF	香港跳繩精英訓練社(Aces)	☐ CHUN YU TJU	☐ On Yin Wong
	M 9-11			

Heat 99

Entry	Station/Event	Team	Participants	
#1432	1: SRPF	Vigor	☐ Tung Yeung CHEUNG	☐ Tsun Ka HO
	M 12-15			

Heat 100

Entry	Station/Event	Team	Participants	
#1425	1: SRPF	Jump Lab	☐ Zijie CHEN	☐ Chun Hei CHENG
	M 12-15			

Heat 101

Entry	Station/Event	Team	Participants	
#1427	1: SRPF	SKIPPER'Z	☐ Yu Chung Lam	☐ Ching Hei Tsoi
	M 12-15			

Heat 102

Entry	Station/Event	Team	Participants	
#1424	1: SRPF	HKSPORTPRO	☐ Chun Hin Chung	☐ Tsz Long (2) WONG

Heat 103

Entry	Station/Event	Team	Participants	
#1416	1: SRPF	Duckie Learning Centre	☐ Hau Yin KWONG	☐ Chun Yip WONG
	M 12-15			

Heat 104

Entry	Station/Event	Team	Participants	
#1433	1: SRPF	元朗區體育會	☐ Tsz Nok Cheng	☐ Tsz Him Shek
	M 12-15			

Heat 105

Entry	Station/Event	Team	Participants	
#1419	1: SRPF	HKRSAcademy	☐ Chun Kiu Adrian CHAN	☐ Chit Nam Anson LOK
	M 12-15			

Heat 106

Entry	Station/Event	Team	Participants	
#1418	1: SRPF	HKRSAcademy	☐ Ka Shun Kwok	☐ Lok Shun Henry Ning
	M 12-15			

Heat 107

Entry	Station/Event	Team	Participants	
#1426	1: SRPF	JUMP TO INFINITY	☐ Tsz Fung MAK	☐ Tsz Long (1) Wong
	M 12-15			

Heat 108

Entry	Station/Event	Team	Participants	
#1435	1: SRPF	星辰跳繩部	☐ Cheuk Lap Lucas Fong	☐ Shing Hin LEE
	M 12-15			

Heat 109

Entry	Station/Event	Team	Participants	
#1417	1: SRPF	HKRSAcademy	☐ Long Yin YAN	☐ Tin Long YEUNG
	M 12-15			

Heat 110

Entry	Station/Event	Team	Participants	
#1429	1: SRPF	Stunning Rope Skipping Club	☐ Ying Fung LEUNG	☐ Shun Hang WAT
	M 12-15			

Heat 111

Entry	Station/Event	Team	Participants	
#1430	1: SRPF M 12-15	TONG SIR Rope Skipping Academy	☐ WAI CHUN CHEUNG	☐ Ting Hong Chow

Heat 112

Entry	Station/Event	Team	Participants	
#1422	1: SRPF	HKRSC	☐ KING YU NG	☐ DAO LANG YEUNG

Heat 113

Entry	Station/Event	Team	Participants	
#1421	1: SRPF M 12-15	HKRSC	☐ Chit Wai LEUNG	☐ TIN YEUK WU

Heat 114

Entry	Station/Event	Team	Participants	
#1428	1: SRPF M 12-15	SKIPPER'Z	☐ Itsz Chun Hui	☐ Man Chun Lee

Heat 115

Entry	Station/Event	Team	Participants	
#1431	1: SRPF M 12-15	TOP ONE PLUS CO.	☐ Chi Yuen CHAN	☐ Chun Ming Tseung

Heat 116

Entry	Station/Event	Team	Participants	
#1420	1: SRPF M 12-15	HKRS Academy	☐ Chun Yui Andreas Tse	☐ Hei Wang Wong

Heat 117

Entry	Station/Event	Team	Participants	
#1436	1: SRPF M 12-15	至專運動學院	☐ Man Kiu LAM	☐ Ka Chun NG

Heat 118

Entry	Station/Event	Team	Participants	
#1423	1: SRPF M 12-15	HKRSC	☐ CHENGZUO HUANG	☐ YAU HEI STEWART LAM

Heat 119

Entry	Station/Event	Team	Participants	
#1437	1: SRPF M 12-15	香港跳繩精英訓練社(Aces)	☐ Yui Kwong	☐ Cheuk Yin LAU

Heat 120

Entry	Station/Event	Team	Participants	
#1434	1: SRPF M 12-15	星辰跳繩部	☐ Hoi Chun CHAN	☐ Ka Lok CHAN

Hong Kong Elite Championship 2026

Heat Sheets by Heat

WHPF_Male
Day 2

Heat 121

Entry	Station/Event	Team	Participants	
#200	1: WHPF M 9-11	HKRS Academy	☐ Chengyang Lin	☐ Kin Tsun Mok

Heat 122

Entry	Station/Event	Team	Participants	
#1473	1: WHPF M 12-15	Ziberty Sports Studio	☐ YI SHUN CHAN	☐ Kwan Yin Li

Heat 123

Entry	Station/Event	Team	Participants	
#1472	1: WHPF M 12-15	Duckie Learning Centre	☐ Hau Yin KWONG	☐ Chun Yip WONG

Heat 124

Entry	Station/Event	Team	Participants	
#874	1: WHPF	香港跳繩精英訓練社(Aces)	☐ Chun Yin CHOW	☐ Ka Lok NG
	M 16+ (S)			

Heat 125

Entry	Station/Event	Team	Participants	
#870	1: WHPF	HKRSC	☐ LUNG KIT NGAU	☐ TSZ LOK SHAM
	M 16+ (S)			

Heat 126

Entry	Station/Event	Team	Participants	
#872	1: WHPF	繩研跳繩運動學院	☐ Hai Feng Huang	☐ Siu Fung Ng
	M 16+ (S)			

Heat 127

Entry	Station/Event	Team	Participants	
#869	1: WHPF	HKRSC	☐ Pak Wai LEUNG	☐ Tin Chung Edward NG
	M 16+ (S)			

Heat 128

Entry	Station/Event	Team	Participants	
#868	1: WHPF	FORCES	☐ Pak Hung CHEUNG	☐ Wing Lam CHEUNG
	M 16+ (S)			

Heat 129

Entry	Station/Event	Team	Participants	
#871	1: WHPF	星辰跳繩部	☐ Ching Hin CHAN	☐ Yik Nam HO
	M 16+ (S)			

Heat 130

Entry	Station/Event	Team	Participants	
#873	1: WHPF	繩研跳繩運動學院	☐ Leong Hei CHU	☐ Ming Chung KO
	M 16+ (S)			

Heat 131

Entry	Station/Event	Team	Participants	
#867	1: WHPF	HKRS Academy	☐ Kwan Ho LAW	☐ Tin Yau WONG
	M 16+ (S)			