



HKRSA

Hong Kong Rope Skipping Association, China | Since 1997

中國香港跳繩總會

2026 - 2028 HKRSA Coach List (Last updated on 08/09/2026)

中級教練 Intermediate Level Rope Skipping Coach			
No.	English Name	中文姓名	證書編號
1	YEUNG Tsz Lung	楊子龍	I-2026001
2	HAU Wai Lok	侯煒樂	I-2026002
3	IP Sum Tim	葉心甜	I-2026003
4	CHEUNG Chung Man	張仲民	I-2026004
5	LAW Chun Ho	羅駿灝	I-2026005
6	NG Ka Ho	吳嘉豪	I-2026006
7	LAI Yu Hang	賴宇恒	I-2026007
8	TSANG Long Tsung	曾糊棕	I-2026008
9	SO Ka Ying	蘇家盈	I-2026009
10	LO Shin Hang	盧倩珩	I-2026010
11	YIP Wai Ching	葉偉禎	I-2026011
12	LEE Man Ying	李文瑛	I-2026012
13	LEUNG Nga Ting	梁雅婷	I-2026013
14	WONG Tak Shing	黃德誠	I-2026014
15	LEUNG Yu Ming	梁裕銘	I-2026015
16	POON Tsz Kit	潘梓杰	I-2026016
17	HO Yin Ting	何燕婷	I-2026017
18	LEUNG Cheong Chun	梁昌俊	I-2026018
19	KO Yu Fung	高榆峰	I-2026019
20	SUM Hiu Ching	沈曉晴	I-2026020
21	CHOI Chi Kit	蔡智傑	I-2026021
22	MA Cheuk Him	馬棹謙	I-2026022
23	SIU On Yiu	蕭安遙	I-2026023
24	LAU Ho Nam	劉浩男	I-2026024
25	LEUNG Pak Wai	梁珀瑋	I-2026025
26	KWOK Hei Yeung	郭希洋	I-2026026
27	CHENG Kam Yuen	鄭淦元	I-2026027
28	HO Chu Ting	何柱靈	I-2026028
29	WONG Kai Ming	黃啟銘	I-2026029
30	CHOW Wing Lok	周永樂	I-2026030
31	SHUM Po Hang Parco	沈保衡	I-2026031
32	PANG Pak Kin	彭珀健	I-2026032
33	TAM Yee Ching	譚以靖	I-2026033
34	WONG Kwan Pik	黃均碧	I-2026034
35	WONG Wing Yan	黃詠欣	I-2026035
36	Man Wai Wa Anson	文偉華	I-2026036
37	CHEUNG Ka Leung	張家良	I-2026037