

全港精英跳繩比賽 2026 暨 香港代表隊選拔賽

(團體賽及單項 - 公開組)

大會流程表

日期：2026 年 1 月 11 日

地點：石硤尾公園體育館 (深水埗南昌街 290 號)

賽事：團體賽及單項 (公開組)

預計開始時間	比賽項目/活動
單人繩四人速度跳接力比賽 (4x 30 秒)	
09:00	9-11 歲 (2015-17 年出生) 公開組 12 - 15 歲 (2011 - 2014 年出生) 公開組 16 歲或以上 (2010 年或之前出生) 公開組
交互繩四人速度跳接力比賽 (4x 30 秒)	
09:35	9-11 歲 (2015-17 年出生) 公開組 12 - 15 歲 (2011 - 2014 年出生) 公開組 16 歲或以上 (2010 年或之前出生) 公開組
單人繩二人二重跳接力比賽 (2x 30 秒)	
10:10	9-11 歲 (2015-17 年出生) 公開組 12 - 15 歲 (2011 - 2014 年出生) 公開組 16 歲或以上 (2010 年或之前出生) 公開組
交互繩單人速度比賽 (60 秒)	
10:40	9-11 歲 (2015-17 年出生) 公開組 12 - 15 歲 (2011 - 2014 年出生) 公開組 16 歲或以上 (2010 年或之前出生) 公開組
團體四人單人繩花式比賽 (75 秒) 團體四人交互繩花式比賽 (75 秒)	
11:15	9-11 歲 (2015-17 年出生) 公開組 12 - 15 歲 (2011 - 2014 年出生) 公開組 16 歲或以上 (2010 年或之前出生) 公開組
午膳時間	

團體二人單人繩花式比賽 (75 秒) 團體三人交互繩花式比賽 (75 秒)	
15:30	9-11 歲 (2015-17 年出生) 公開組 12 - 15 歲 (2011 - 2014 年出生) 公開組 16 歲或以上 (2010 年或之前出生) 公開組
團體二人車輪跳比賽 (75 秒)	
18:30	9-11 歲 (2015-17 年出生) 公開組 12 - 15 歲 (2011 - 2014 年出生) 公開組 16 歲或以上 (2010 年或之前出生) 公開組
頒獎典禮	

- 以上時間只供參考，如有需要，本會會實際情況而作出調動，請留意大會宣佈。
- 各隊伍的比賽次序，請參考相關的出場序。
- 請運動員於比賽項目開始前 **10-15** 分鐘到召集處報到。
- 各運動員必須攜同有效的身份證明文件正本或副本 (證明文件必須印有參賽者樣貌及出生日期，如：香港身份證 / 護照 / 學生手冊) 到召集處報到及進入所屬比賽場區的裁判，以便核對身份。
- 如果運動員 / 隊伍因未經正確途徑進入比賽場區；例如未先到報到處報到，而進入等候區，或比賽場區，該運動員 / 隊伍將不會獲得參賽的資格。

Address: Workshop F on 11/F, Leapont Centre, Nos. 18-28 Wo Liu Hang Road, Shatin, N.T., Hong Kong
香港新界火炭禾寮坑路 18-28 號聯邦中心 11 樓 F 室

Telephone: (852) 9464 9757 Fax: (852) 3020 5764 Website: <http://www.hkropeskiping.org>
E-mail: info@hkropeskiping.org

Heat 1

Entry	Station/Event	Team	Participants
#210	1: SRSR X 9-11	元朗區體育會	☐ Yin Hei Samuel CHAN ☐ Yik San HUI ☐ Wing Yau FUNG ☐ Yat Ching Lee
#201	2: SRSR X 9-11	Duckie Learning Centre	☐ Nok Sum KU ☐ Kar Ming LEUNG ☐ Yin Wai Chloe LAM ☐ Chun Ngo WONG
#212	3: SRSR X 9-11	香港跳繩精英訓練社(Aces)	☐ Yuen Sing Chen ☐ Gabriella Wong ☐ Chung Ping Tang ☐ Man Ching Wong
#207	4: SRSR X 9-11	Masterful Studio	☐ Yan Tung LEE ☐ Pak Hin SO ☐ Wing Lam NG ☐ Shu Yeung YIP
#209	5: SRSR X 9-11	TONG SIR Rope Skipping Academy	☐ Mun Ting Lam ☐ Tsoi Yin WONG ☐ Sze Yu Lam ☐ Wing Kiu YEUNG
#202	6: SRSR X 9-11	HKRS Academy	☐ Yat Lok Cheung ☐ Lok Him Himson Lai ☐ Hui Ching Fung ☐ Sum Yu Wong
#203	7: SRSR X 9-11	HKRS Academy	☐ Hui Chun Joan Chan ☐ Elizabeth Chan ☐ Yui Ning Alicia Chong ☐ King Yui Leung
#204	8: SRSR X 9-11	HKSPORTPRO	☐ Sum Yin CHAN ☐ Dick Son Keung ☐ kam Yau HUI ☐ Sum Yu Lo
#211	9: SRSR X 9-11	繩研跳繩運動學院	☐ Hing Yiu CHING ☐ Cheuk Kiu Liao ☐ Elly Ngai Sum Fung ☐ Hoi Yung Annice Shing
#205	10: SRSR X 9-11	Jump Lab	☐ Yee Pang CHEN ☐ LOK HIM TSUI ☐ Tsz Yu Lai ☐ Cheuk Nok YIP

Heat 2

Entry	Station/Event	Team	Participants
#208	1: SRSR X 9-11	Stunning Rope Skipping Club	☐ Ching Hong KAI ☐ Cheuk Yan Melissa LEE ☐ Lok Hang LAM ☐ Hoi Yiu WONG
#206	2: SRSR X 9-11	JUMP TO INFINITY	☐ Man Chun Kyson Chau ☐ Ching Kiu Cho ☐ Tsun Yu Chiu ☐ Ka Kei Tsang
#1487	3: SRSR X 12-15	繩研跳繩運動學院	☐ Tsz Hei LAW ☐ Tsz Ming TSUI ☐ Ho Long LIANG ☐ Hei Tung YUNG
#1484	4: SRSR X 12-15	Vigor	☐ Shek Hei CHAN ☐ Dik Sum Yeung ☐ HO WANG JAY TANG ☐ Nok Ching Yu
#1489	5: SRSR X 12-15	香港跳繩精英訓練社(Aces)	☐ Chun Yin CHAN ☐ Cheuk Yin LAU ☐ Yui Kwong ☐ Sin Yu LUK
#1476	6: SRSR X 12-15	HKRS Academy	☐ Yik Hang Chan ☐ Ka Hei Yim ☐ Cheuk Wang Yung ☐ Tin Yan Yuen
#1478	7: SRSR X 12-15	JUMPER	☐ Yiu Nam Wong ☐ Nga Yin Law ☐ TSZ LAM KUANG ☐ Yat Hei Lui
#1488	8: SRSR X 12-15	香港跳繩精英訓練社(Aces)	☐ CHUNG SING TANG ☐ Tsz Ying Li ☐ Chun Yan Leung ☐ YI MAN YIP
#1477	9: SRSR X 12-15	HKRSC	☐ Chit Wai LEUNG ☐ TIN YEUK WU ☐ Nok Tung Ma ☐ Hui Tung WONG
#1481	10: SRSR X 12-15	JUMP TO INFINITY	☐ Sum Kit CHEUNG ☐ Ka Man Li ☐ Chun Hei DAI ☐ Ching Tin Lui

Heat 3

Entry	Station/Event	Team	Participants	
#1485	1: SRSR X 12-15	星辰跳繩部	☐ Yee Ching CHAN ☐ Yu Lok Wong	☐ Sin Hang CHONG ☐ Cheuk Lam YIP
#1479	2: SRSR X 12-15	JUMPER	☐ Lok Yiu CHU ☐ Hoi Kiu LO	☐ Hon Nam Zenis Li ☐ Hei Tung NG
#1482	3: SRSR X 12-15	Masterful Studio	☐ Tsz Fung Lau ☐ Tsz Hin WONG	☐ Pak Hei Wong ☐ Tsz Yan WONG
#1475	4: SRSR X 12-15	HKRSAcademy	☐ Chun Kiu Adrian CHAN ☐ Yi Sum LAM	☐ Cheuk Hei LAI ☐ Sze Yu PANG
#1483	5: SRSR X 12-15	Stunning Rope Skipping Club	☐ Ying Fung LEUNG ☐ Yi Ki LEUNG	☐ Cheuk Kiu LO ☐ Shun Hang WAT
#1474	6: SRSR X 12-15	Duckie Learning Centre	☐ Hoi Ka CHAN ☐ Chun Yip WONG	☐ Hau Yin KWONG ☐ Yin Sum Iris WONG
#1480	7: SRSR X 12-15	JUMP TO INFINITY	☐ Tsz Fung MAK ☐ Tsz Long (I) Wong	☐ Ka Yan TSANG ☐ Pui Ga WONG
#1486	8: SRSR X 12-15	星辰跳繩部	☐ Chun Yiu Law ☐ SZE LONG WONG	☐ Hiu Cin TAM ☐ YAN MING WONG
#885	9: SRSR X 16+ (S)	Masterful Studio	☐ Yeuk Lam HUI ☐ Sze Wai LEE	☐ Chun Wing LAM ☐ Sin Hing TSANG
#878	10: SRSR X 16+ (S)	Fever Jump Rope	☐ Yin Hei CHAN ☐ Sin Hang WAI	☐ Tsz Tik Leung ☐ Hau Yee WONG

Heat 4

Entry	Station/Event	Team	Participants	
#880	1: SRSR X 16+ (S)	HKRSC	☐ Qing Bin CHEN ☐ R YAN SO	☐ Tsz Hin CHEUNG ☐ Tsz Yiu WONG
#888	2: SRSR X 16+ (S)	Stunning Rope Skipping Club	☐ Hiu Lam Cheng ☐ Tsz Lok WONG	☐ Man Chung MA ☐ Yuen Yee WONG
#882	3: SRSR X 16+ (S)	HKSPORTPRO	☐ Hoi Yu Evis Ho ☐ Tsz Shun Jayden Wong	☐ Cheuk Yau LI ☐ Cheuk Nam WONG
#890	4: SRSR X 16+ (S)	Vigor	☐ Yin Hang CHUNG ☐ Wing Hei WONG	☐ Hui Wa LAU ☐ MEI YI WONG
#875	5: SRSR X 16+ (S)	HKRSAcademy	☐ Wang Hei CHAN ☐ Lai Kit Leung	☐ Muk Sing Chen ☐ Cheuk Luen Cherry WOO
#877	6: SRSR X 16+ (S)	HKRSAcademy	☐ Yat Ning Alexis CHONG ☐ Hin Yau TSANG	☐ Mang I Marco LAM ☐ Yuet Lam Felice WONG
#883	7: SRSR X 16+ (S)	Masterful Studio	☐ Mei Kei Maggie LAU ☐ Sze Nga NG	☐ Chon Meng LEE ☐ Ying Nam Kay TSUI
#891	8: SRSR X 16+ (S)	Vigor	☐ Chung Man CHEUNG ☐ Chun Ho Law	☐ Hok Nga LAM ☐ Hiu Tung LIU
#893	9: SRSR X 16+ (S)	濠動體育有限公司	☐ Ka Yuen Rex CHOY ☐ HIU CHING SUM	☐ Ho Yin LEONG ☐ Sum Yi LEE
#889	10: SRSR X 16+ (S)	Stunning Rope Skipping Club	☐ Mei Sze Lai ☐ Wai Shan PANG	☐ Kam Chiu LI ☐ Hoi Lok TAM

Heat 5

Entry	Station/Event	Team	Participants	
#894	1: SRSR X 16+ (S)	至專運動學院	☐ Chun Him Derek CHAN ☐ Hoi Ching CHIU	☐ Kit Lam CHU ☐ Kin Wo Yuan
#887	2: SRSR X 16+ (S)	Stunning Rope Skipping Club	☐ Ka Ying CHAN ☐ Cheuk Yin LI	☐ Tsz Chai Simon LEUNG ☐ Wing Ho LO
#892	3: SRSR X 16+ (S)	星辰跳繩部	☐ Ching Hin CHAN ☐ Yik Nam HO	☐ Hoi Tung CHENG ☐ Yan Hei LEUNG
#886	4: SRSR X 16+ (S)	RopeZen Academy	☐ Yee Kiu CHAN ☐ Yi Ki KUANG	☐ Sum Yin HO ☐ Chun Yin WONG
#884	5: SRSR X 16+ (S)	Masterful Studio	☐ Hoi Kit CHAN ☐ Wai Ying CHU	☐ Pak Shun CHEUNG ☐ Chun Yiu HO
#879	6: SRSR X 16+ (S)	FORCES	☐ Pak Hung CHEUNG ☐ Sung Chit WONG	☐ Wing Lam CHEUNG ☐ Wing Yan WONG
#881	7: SRSR X 16+ (S)	HKRSC	☐ Zhuo Feng CHEN ☐ Tin Chung Edward NG	☐ Pak Wai LEUNG ☐ Cheuk Yiu SIN
#876	8: SRSR X 16+ (S)	HKRSAcademy	☐ Chun Wa Chan ☐ Ziqi CHEN	☐ Chun Yin CHEN ☐ Chak Man LIU

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Heat 6

Entry	Station/Event	Team	Participants	
#233	1: DDSR X 9-11	Masterful Studio	☐ Yan Tung LEE ☐ Pak Hin SO	☐ Wing Lam NG ☐ Shu Yeung YIP
#234	2: DDSR X 9-11	Stunning Rope Skipping Club	☐ Ching Hong KAI ☐ Cheuk Yan Melissa LEE	☐ Lok Hang LAM ☐ Hoi Yiu WONG
#232	3: DDSR X 9-11	JUMP TO INFINITY	☐ Man Chun Kyson Chau ☐ Tsun Yu Chiu	☐ Man Hei Kimi Chau ☐ Ka Kei Tsang
#230	4: DDSR X 9-11	HKSPORTPRO	☐ Sum Yin CHAN ☐ Dick Son Keung	☐ kam Yau HUI ☐ Sum Yu Lo
#236	5: DDSR X 9-11	繩研跳繩運動學院	☐ Hing Yiu CHING ☐ Cheuk Kiu Liao	☐ Elly Ngai Sum Fung ☐ Hoi Yung Annice Shing
#227	6: DDSR X 9-11	Duckie Learning Centre	☐ Nok Sum KU ☐ Kar Ming LEUNG	☐ Yin Wai Chloe LAM ☐ Chun Ngo WONG
#231	7: DDSR X 9-11	Jump Lab	☐ Yee Pang CHEN ☐ LOK HIM TSUI	☐ Tsz Yu Lai ☐ Cheuk Nok YIP
#235	8: DDSR X 9-11	元朗區體育會	☐ Yat Ching Lee ☐ Yik San HUI	☐ Wing Yau FUNG ☐ Hannah LAU
#237	9: DDSR X 9-11	香港跳繩精英訓練社(Aces)	☐ Yuen Sing Chen ☐ Chung Ping Tang	☐ Gabriella Wong ☐ Man Ching Wong
#229	10: DDSR X 9-11	HKRSAcademy	☐ Yui Ning Alicia Chong ☐ Nok Hui	☐ Hiu Chun Joan Chan ☐ King Yui Leung

Heat 7

Entry	Station/Event	Team	Participants	
#228	1: DDSR X 9-11	HKRSAcademy	☐ Yat Lok Cheung ☐ Lok Him Himson Lai	☐ Hui Ching Fung ☐ Sum Yu Wong
#1509	2: DDSR X 12-15	JUMP TO INFINITY	☐ Pak Yeung Lam ☐ Ka Yan TSANG	☐ Tsz Fung MAK ☐ Pui Ga WONG
#1503	3: DDSR X 12-15	Duckie Learning Centre	☐ Hoi Ka CHAN ☐ Chun Yip WONG	☐ Hau Yin KWONG ☐ Yin Sum Iris WONG
#1516	4: DDSR X 12-15	香港跳繩精英訓練社(Aces)	☐ Chun Yin CHAN ☐ Cheuk Yin LAU	☐ Yui Kwong ☐ Sin Yu LUK
#1505	5: DDSR X 12-15	HKRSAcademy	☐ Yik Hang Chan ☐ Tin Yan Yuen	☐ Yuk Hon Ho ☐ Cheuk Wang Yung
#1513	6: DDSR X 12-15	Vigor	☐ Shek Hei CHAN ☐ Nok Ching Yu	☐ Dik Sum Yeung ☐ Nok Wang Yu
#1511	7: DDSR X 12-15	Masterful Studio	☐ Tsz Fung Lau ☐ Tsz Him WONG	☐ Pak Hei Wong ☐ Tsz Yan WONG
#1512	8: DDSR X 12-15	Stunning Rope Skipping Club	☐ Yi Ki LEUNG ☐ Sin Yiu SIU	☐ Cheuk Kiu LO ☐ Shun Hang WAT
#1506	9: DDSR X 12-15	HKRSC	☐ Nok Ching MA ☐ Hiu Tung WONG	☐ Nok Tung Ma ☐ TIN YEUK WU
#1507	10: DDSR X 12-15	JUMPER	☐ Nga Yin Law ☐ Yat Hei Lui	☐ TSZ LAM KUANG ☐ Yiu Nam Wong

Heat 8

Entry	Station/Event	Team	Participants	
#1514	1: DDSR X 12-15	繩研跳繩運動學院	☐ Tsz Hei LAW ☐ Tsz Ming TSUI	☐ Ho Long LIANG ☐ Hei Tung YUNG
#1510	2: DDSR X 12-15	JUMP TO INFINITY	☐ Sum Kit CHEUNG ☐ Cheuk Yan Fu	☐ Chun Hei DAI ☐ Ka Man Li
#1504	3: DDSR X 12-15	HKRSAcademy	☐ Chun Kiu Adrian CHAN ☐ Yi Sum LAM	☐ Cheuk Hei LAI ☐ Chit Nam Anson LOK
#1515	4: DDSR X 12-15	香港跳繩精英訓練社(Aces)	☐ Chun Yan Leung ☐ CHUNG SING TANG	☐ Tsz Ying Li ☐ Tsz Yu Jessie Chan
#1508	5: DDSR X 12-15	JUMPER	☐ Lok Yiu CHU ☐ Hoi Kiu LO	☐ Hon Nam Zenis Li ☐ Hei Tung NG
#925	6: DDSR X 16+ (S)	Vigor	☐ Yin Hang CHUNG ☐ Wing Hei WONG	☐ Hui Wa LAU ☐ MEI YI WONG
#921	7: DDSR X 16+ (S)	RopeZen Academy	☐ Tsz Lam CHAN ☐ Tsz Hei TSUI	☐ Chi Wing Chris Kan ☐ Yue Wang WONG
#918	8: DDSR X 16+ (S)	Masterful Studio	☐ Mei Kei Maggie LAU ☐ Kin Wang LEE	☐ Chon Meng LEE ☐ Ying Nam Kay TSUI
#922	9: DDSR X 16+ (S)	Stunning Rope Skipping Club	☐ Ka Ying CHAN ☐ Cheuk Yin LI	☐ Tsz Chai Simon LEUNG ☐ Wing Ho LO
#914	10: DDSR X 16+ (S)	HKRSC	☐ Qing Bin CHEN ☐ Hiu Laam Kasie SHE	☐ Tsz Hin CHEUNG ☐ Tsz Yiu WONG

Heat 9

Entry	Station/Event	Team	Participants	
#911	1: DDSR X 16+ (S)	HKRSAcademy	☐ Ming Yip CHE ☐ Ziqi CHEN	☐ Chun Yin CHEN ☐ Chak Man LIU
#915	2: DDSR X 16+ (S)	HKRSC	☐ Zhuo Feng CHEN ☐ Tin Chung Edward NG	☐ Pak Wai LEUNG ☐ Wing Laam KWAN
#923	3: DDSR X 16+ (S)	Stunning Rope Skipping Club	☐ Hiu Lam Cheng ☐ Tsz Lok WONG	☐ Man Chung MA ☐ Yuen Yee WONG
	4: DDSR X 16+ (S)			
#924	5: DDSR X 16+ (S)	Stunning Rope Skipping Club	☐ Mei Sze Lai ☐ Wai Shan PANG	☐ Kam Chiu LI ☐ Hoi Lok TAM
#927	6: DDSR X 16+ (S)	星辰跳繩部	☐ Ching Hin CHAN ☐ Yik Nam HO	☐ Hoi Tung CHENG ☐ Yan Hei LEUNG
#919	7: DDSR X 16+ (S)	Masterful Studio	☐ Hoi Kit CHAN ☐ Chun Yiu HO	☐ Pak Shun CHEUNG ☐ Tsz Ying WONG
#917	8: DDSR X 16+ (S)	HKSPORTPRO	☐ Hoi Yu Evis Ho ☐ Tsz Shun Jayden Wong	☐ Tsz Yeung Li ☐ Cheuk Nam WONG
#916	9: DDSR X 16+ (S)	HKRSC	☐ Wing Lok CHOW ☐ Chi Ki LAW	☐ Chu Ting HO ☐ Kai Ming WONG
#920	10: DDSR X 16+ (S)	Masterful Studio	☐ Yeuk Lam HUI ☐ Sze Wai LEE	☐ Chun Wing LAM ☐ Sin Hing TSANG

Heat 10

Entry	Station/Event	Team	Participants	
#910	1: DDSR X 16+ (S)	HKRSAcademy	☐ Wang Hei CHAN ☐ Lai Kit Leung	☐ Muk Sing Chen ☐ Cheuk Luen Cherry WOO
#928	2: DDSR X 16+ (S)	濠動體育有限公司	☐ Ka Yuen Rex CHOY ☐ Ho Yin LEONG	☐ Sum Yi LEE ☐ Ka Chun WONG
#929	3: DDSR X 16+ (S)	至專運動學院	☐ Chun Him Derek CHAN ☐ Kit Lam CHU	☐ Hoi Ching CHIU ☐ Kai Lok Jophy Tang
#912	4: DDSR X 16+ (S)	HKRSAcademy	☐ Yat Ning Alexis CHONG ☐ Hin Yau TSANG	☐ Mang I Marco LAM ☐ Yuet Lam Felice WONG
#926	5: DDSR X 16+ (S)	Vigor	☐ Chung Man CHEUNG ☐ Sai Kit LAU	☐ Hok Nga LAM ☐ Hiu Tung LIU
#913	6: DDSR X 16+ (S)	FORCES	☐ Pak Hung CHEUNG ☐ Sung Chit WONG	☐ Wing Lam CHEUNG ☐ Wing Yan WONG

Entry	Station/Event	Team	Participants	
#216	1: SRDR X 9-11	HKRSAcademy	☐ Lok Him Himson Lai	☐ Sum Yu Wong
#222	2: SRDR X 9-11	星辰跳繩部	☐ Hiu Cin TAM	☐ HON CHING TANG
#220	3: SRDR X 9-11	TONG SIR Rope Skipping Academy	☐ Mun Ting Lam	☐ Wing Kiu YEUNG
#215	4: SRDR X 9-11	HKRSAcademy	☐ Hiu Chun Joan Chan	☐ King Yui Leung
#214	5: SRDR X 9-11	Duckie Learning Centre	☐ Yin Wai Chloe LAM	☐ Chun Ngo WONG
#223	6: SRDR X 9-11	繩研跳繩運動學院	☐ Hing Yiu CHING	☐ Cheuk Kiu Liao
#217	7: SRDR X 9-11	HKSPORTPRO	☐ Dick Son Keung	☐ Chi Yin WONG
#226	8: SRDR X 9-11	香港跳繩精英訓練社(Aces)	☐ Quentin Sung Hei Lee	☐ Gabriella Wong
#225	9: SRDR X 9-11	香港跳繩精英訓練社(Aces)	☐ matthias Isaac Ho	☐ Man Ching Wong
#213	10: SRDR X 9-11	Duckie Learning Centre	☐ Yan Ching MOK	☐ Yuk Long POON

Heat 12

Entry	Station/Event	Team	Participants	
#219	1: SRDR X 9-11	Jump Lab	☐ Tsz Ki KWOK	☐ Yik Kiu Yorik TAI
#224	2: SRDR X 9-11	香港跳繩精英訓練社(Aces)	☐ Yuen Sing Chen	☐ Chung Ping Tang
#218	3: SRDR X 9-11	Jump Lab	☐ Yee Pang CHEN	☐ Tsz Yu Lai
#903	4: SRDR X 12-15	JUMP TO INFINITY	☐ Tsz Fung MAK	☐ Ka Yan TSANG
#1497	5: SRDR X 12-15	Vigor	☐ Aden Hei Tung CHUNG	☐ YEE CHING KWOK
#1491	6: SRDR X 12-15	HKSPORTPRO	☐ Ka Yuet HUANG	☐ Yat Long Yeung
#1496	7: SRDR X 12-15	Stunning Rope Skipping Club	☐ Cheuk Kiu LO	☐ Shun Hang WAT
#1492	8: SRDR X 12-15	Masterful Studio	☐ Tsz Hin WONG	☐ Tsz Yan WONG
#1494	9: SRDR X 12-15	SKIPPER'Z	☐ Hei Tung Chui	☐ Tsz Chun Hui
#1498	10: SRDR X 12-15	Vigor	☐ Tsz Pak LEUNG	☐ Tin Sheung Yip

Heat 13

Entry	Station/Event	Team	Participants	
#1490	1: SRDR X 12-15	HKRSC	☐ Cheuk Lam Jolie NG	☐ TIN YEUK WU
#1493	2: SRDR X 12-15	SKIPPER'Z	☐ Ching Hei Tsoi	☐ Nga Ching Elie Yeung
#1502	3: SRDR X 12-15	香港跳繩精英訓練社(Aces)	☐ Chun Yan Leung	☐ Tsz Ying Li
#1501	4: SRDR X 12-15	星辰跳繩部	☐ Chun Yiu Law	☐ YAN MING WONG
#1495	5: SRDR X 12-15	Stropex. Studio	☐ Wing Kwok Pang	☐ Pak Hei PANG
#1375	6: SRDR X 12-15	SKIPPER'Z	☐ Yat Long Lai	☐ Tsz Lam Leung
#1499	7: SRDR X 12-15	元朗區體育會	☐ Hoi Ying Fung	☐ Pak Kiu TUNG
#1500	8: SRDR X 12-15	國際跳繩有限公司	☐ Ka Him Chan	☐ Suet Sha Lo
#221	9: SRDR X 12-15	星辰跳繩部	☐ Chung Yiu Chan	☐ Cheuk Lap Lucas Fong
#909	10: SRDR X 16+ (S)	香港跳繩精英訓練社(Aces)	☐ Tsz Ching Ho	☐ Ka Hei LI

Heat 14

Entry	Station/Event	Team	Participants	
#908	1: SRDR X 16+ (S)	濠動體育有限公司	☐ Ka Yuen Rex CHOY	☐ Sum Yi LEE
#895	2: SRDR X 16+ (S)	HKRSAcademy	☐ Tsun Hei Edgar HO	☐ Yue Tong Eden WU
#900	3: SRDR X 16+ (S)	HKRSC	☐ Qing Bin CHEN	☐ Hiu Laam Kasie SHE
#907	4: SRDR X 16+ (S)	RopeZen Academy	☐ Tsz Lam CHAN	☐ Yue Wang WONG
#903	5: SRDR X 12-15	JUMP TO INFINITY	☐ Tsz Fung MAK	☐ Ka Yan TSANG
#906	6: SRDR X 16+ (S)	Masterful Studio	☐ Hiu Lam LEE	☐ Chun Hei Tsang
#897	7: SRDR X 16+ (S)	HKRSAcademy	☐ Yat Ning Alexis CHONG	☐ Mang I Marco LAM
#901	8: SRDR X 16+ (S)	HKRSC	☐ Chu Ting HO	☐ Yin Ting POON
#905	9: SRDR X 16+ (S)	Masterful Studio	☐ Chin Hei LAI	☐ Hoi Ching TSE
#899	10: SRDR X 16+ (S)	HKRSC	☐ Zhuo Feng CHEN	☐ Cheuk Yiu SIN

Heat 15

Entry	Station/Event	Team	Participants	
#902	1: SRDR X 16+ (S)	HKSPORTPRO	☐ Hoi Yu Evis Ho	☐ Pak Nok LO
#904	2: SRDR X 16+ (S)	Masterful Studio	☐ King Chun CHAN	☐ Amy CHEUNG
#898	3: SRDR X 16+ (S)	HKRSC	☐ Tsz Hin CHEUNG	☐ Tsz Yiu WONG
#896	4: SRDR X 16+ (S)	HKRSAcademy	☐ Hin Yau TSANG	☐ Yuet Lam Felice WONG

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Heat Sheets by Heat

Heat 16

Entry	Station/Event	Team	Participants	
#244	1: DDSS X 9-11	Stunning Rope Skipping Club	☐ Ching Hong KAI ☐ Hoi Yiu WONG	☐ Cheuk Yan Melissa LEE
#238	2: DDSS X 9-11	Duckie Learning Centre	☐ Yan Ching MOK ☐ Aiden Kam Yuen TAM	☐ Yuk Long POON
#246	3: DDSS X 9-11	Ziberty Sports Studio	☐ Ho Yu Chan ☐ Lok Yan Wong	☐ Man Kei Loi
#247	4: DDSS X 9-11	香港跳繩精英訓練社(Aces)	☐ Yuen Sing Chen ☐ Man Ching Wong	☐ Chung Ping Tang
#245	5: DDSS X 9-11	TONG SIR Rope Skipping Academy	☐ Mun Ting Lam ☐ Tsoi Yin WONG	☐ Sze Yu Lam
#243	6: DDSS X 9-11	Jump Lab	☐ Tsz Yu Lai ☐ Cheuk Nok YIP	☐ LOK HIM TSUI
#248	7: DDSS X 9-11	香港跳繩精英訓練社(Aces)	☐ matthias Isaac Ho ☐ Gabriella Wong	☐ Quentin Sung Hei Lee
#241	8: DDSS X 9-11	HKRSAcademy	☐ Yat Lok Cheung ☐ Sum Yu Wong	☐ Lok Him Himson Lai
#242	9: DDSS X 9-11	HKSPORTPRO	☐ kam Yau HUI ☐ Sum Yu Lo	☐ Dick Son Keung
#240	10: DDSS X 9-11	HKRSAcademy	☐ Elizabeth Chan ☐ Nok Hui	☐ Yui Ning Alicia Chong

Heat 17

Entry	Station/Event	Team	Participants	
#239	1: DDSS X 9-11	Duckie Learning Centre	☐ Nok Sum KU ☐ Chun Ngo WONG	☐ Yin Wai Chloë LAM
#1523	2: DDSS X 12-15	Masterful Studio	☐ Tsz Fung Lau ☐ Tsz Yan WONG	☐ Pak Hei Wong
#1525	3: DDSS X 12-15	Stropex. Studio	☐ Chun Long Ng ☐ Yu Yung PANG	☐ Wing Kwok Pang
#1529	4: DDSS X 12-15	Vigor	☐ HO WANG JAY TANG ☐ Nok Wang Yu	☐ Nok Ching Yu
#1531	5: DDSS X 12-15	元朗區體育會	☐ Hoi Ying Fung ☐ Pak Kiu TUNG	☐ Tsz Him Shek
#1532	6: DDSS X 12-15	繩研跳繩運動學院	☐ Tsz Hei LAW ☐ Tsz Ming TSUI	☐ Ho Long LIANG
#1527	7: DDSS X 12-15	Vigor	☐ Hei Wing Isabelle Chung	☐ Aden Hei Tung CHUNG ☐ Sik Tung LI
#1530	8: DDSS X 12-15	Ziberty Sports Studio	☐ YI SHUN CHAN ☐ CHUN TING WONG	☐ Man Hei Loi
#1518	9: DDSS X 12-15	HKRSC	☐ LETTY HUI ☐ Lok Tung Tsui	☐ Chit Wai LEUNG
#1521	10: DDSS X 12-15	JUMPER	☐ Nga Yin Law ☐ Yiu Nam Wong	☐ Yat Hei Lui

Heat 18

Entry	Station/Event	Team	Participants	
#1520	1: DDSS X 12-15	HKSPORTPRO	☐ Hoi Yu Evis Ho ☐ Tsz Shun Jayden Wong	☐ Cheuk Yau LI
#1517	2: DDSS X 12-15	HKRSAcademy	☐ Oi Yuet Kristy Pang ☐ Tsz Ching Yuen	☐ Tsz Wai Pang
#1534	3: DDSS X 12-15	香港跳繩精英訓練社(Aces)	☐ Tsz Yu Jessie Chan ☐ YI MAN YIP	☐ Chun Yan Leung
#1519	4: DDSS X 12-15	HKRSC	☐ Nok Tung Ma ☐ Hui Tung WONG	☐ Nok Ching MA
#1522	5: DDSS X 12-15	JUMP TO INFINITY	☐ Pak Yeung Lam ☐ Pui Ga WONG	☐ Ka Yan TSANG
#1526	6: DDSS X 12-15	TONG SIR Rope Skipping Academy	☐ Ting Hong Chow ☐ Tin Yu WOO	☐ Wai Kiu FOK
#1533	7: DDSS X 12-15	繩研跳繩運動學院	☐ Tsz Shun Chung ☐ Yee Lam Lai	☐ Weixuan Guo
#1535	8: DDSS X 12-15	香港跳繩精英訓練社(Aces)	☐ Ching Lai ☐ Cheuk Ying Wong	☐ Lok Man Curtis Lee
#1528	9: DDSS X 12-15	Vigor	☐ Long Yuet Chan ☐ Tin Sheung Yip	☐ Tsz Pak LEUNG
#1524	10: DDSS X 12-15	SKIPPER'Z	☐ Yat Long Lai ☐ Tsz Yan Leung	☐ Tsz Lam Leung

Heat 19

Entry	Station/Event	Team	Participants	
#937	1: DDSS X 16+ (S)	星辰跳繩部	☐ Hoi Tung CHENG ☐ Yan Hei LEUNG	☐ Yik Nam HO
#930	2: DDSS X 16+ (S)	HKRSAcademy	☐ Yat Ning Alexis CHONG ☐ Hin Yau TSANG	☐ Mang I Marco LAM
#933	3: DDSS X 16+ (S)	HKRSC	☐ Chu Ting HO ☐ Kai Ming WONG	☐ Yin Ting POON
#934	4: DDSS X 16+ (S)	Masterful Studio	☐ Pik Man Carman CHOI ☐ Chi Kin NG	☐ Wing Sum LAU
#936	5: DDSS X 16+ (S)	Stunning Rope Skipping Club	☐ Ka Ying CHAN ☐ Wing Ho LO	☐ Cheuk Yin LI
#932	6: DDSS X 16+ (S)	HKRSC	☐ Qing Bin CHEN ☐ Hiu Laam Kasie SHE	☐ Tsz Hin CHEUNG
#931	7: DDSS X 16+ (S)	HKRSAcademy	☐ Wang Hei CHAN ☐ Lai Kit Leung	☐ Muk Sing Chen
#935	8: DDSS X 16+ (S)	SKIPPER'Z	☐ Kam Yuen Chan ☐ Yu Chung Lam	☐ Pui Yu Peony Chin
#938	9: DDSS X 16+ (S)	至專運動學院	☐ Hoi Ching CHIU ☐ Kin Wo Yuan	☐ Kit Lam CHU

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Heat Sheets by Heat

Heat 20

SRTF/DDPF_Mixed
Day 3

Entry	Station/Event	Team	Participants	
#961	1: SRTF X 16+ (S)	Masterful Studio	☐ Pak Shun CHEUNG ☐ Chun Yiu HO	☐ Wai Ying CHU ☐ Tsz Ying WONG
#1581	2: DDPF X 12-15	Vigor	☐ Shek Hei CHAN ☐ Nok Ching Yu	☐ HO WANG JAY TANG ☐ Nok Wang Yu

Heat 21

Entry	Station/Event	Team	Participants	
#966	1: SRTF X 16+ (S)	Vigor	☐ Chung Man CHEUNG ☐ Sai Kit LAU	☐ Hok Nga LAM ☐ Hiu Tung LIU
#1578	2: DDPF X 12-15	JUMP TO INFINITY	☐ Pak Yeung Lam ☐ Tsz Long (1) Wong	☐ Tsz Fung MAK ☐ Pui Ga WONG

Heat 22

Entry	Station/Event	Team	Participants	
#962	1: SRTF X 16+ (S)	Stunning Rope Skipping Club	☐ Ka Ying CHAN ☐ Cheuk Yin LI	☐ Tsz Chai Simon LEUNG ☐ Wing Ho LO
#1576	2: DDPF X 12-15	JUMPER	☐ Chun Pak Chan ☐ Nga Yin Law	☐ Yiu Nam Wong ☐ Yat Hei Lui

Heat 23

Entry	Station/Event	Team	Participants	
#964	1: SRTF X 16+ (S)	Stunning Rope Skipping Club	☐ Mei Sze Lai ☐ Wai Shan PANG	☐ Kam Chiu LI ☐ Hoi Lok TAM
#1577	2: DDPF X 12-15	JUMPER	☐ Lok Yiu CHU ☐ Hoi Kiu LO	☐ Hon Nam Zenis Li ☐ Hei Tung NG

Heat 24

Entry	Station/Event	Team	Participants	
#955	1: SRTF X 16+ (S)	HKRSAcademy	☐ Wang Hei CHAN ☐ Lai Kit Leung	☐ Muk Sing Chen ☐ Cheuk Luen Cherry WOO
#1584	2: DDPF X 12-15	香港跳繩精英訓練社(Aces)	☐ Chun Yin CHAN ☐ Cheuk Yin LAU	☐ Yui Kwong ☐ Sin Yu LUK

Heat 25

Entry	Station/Event	Team	Participants	
#963	1: SRTF X 16+ (S)	Stunning Rope Skipping Club	☐ Hui Lam Cheng ☐ Tsz Lok WONG	☐ Man Chung MA ☐ Yuen Yee WONG
#1574	2: DDPF X 12-15	HKRSAcademy	☐ Yik Hang Chan ☐ Tin Yan Yuen	☐ Ka Hei Yim ☐ Cheuk Wang Yung

Heat 26

Entry	Station/Event	Team	Participants	
#965	1: SRTF X 16+ (S)	Vigor	☐ Yin Hang CHUNG ☐ Wing Hei WONG	☐ Hui Wa LAU ☐ MEI YI WONG
#1579	2: DDPF X 12-15	Masterful Studio	☐ Tsz Fung Lau ☐ Tsz Hin WONG	☐ Pak Hei Wong ☐ Tsz Yan WONG

Heat 27

Entry	Station/Event	Team	Participants	
#960	1: SRTF X 16+ (S)	Masterful Studio	☐ Mei Kei Maggie LAU ☐ Sze Nga NG	☐ Chon Meng LEE ☐ Ying Nam Kay TSUI
#1575	2: DDPF X 12-15	HKRSC	☐ Chit Wai LEUNG ☐ Nok Ching MA	☐ Nok Tung Ma ☐ Hui Tung WONG

Heat 28

Entry	Station/Event	Team	Participants	
#969	1: SRTF X 16+ (S)	至專運動學院	☐ Chun Him Derek CHAN ☐ Kit Lam CHU	☐ Hoi Ching CHIU ☐ Kai Lok Jophy Tang
#1572	2: DDPF X 12-15	Duckie Learning Centre	☐ Hoi Ka CHAN ☐ Chun Yip WONG	☐ Hau Yin KWONG ☐ Yin Sum Iris WONG

Heat 29

Entry	Station/Event	Team	Participants	
#967	1: SRTF X 16+ (S)	星辰跳繩部	☐ Ching Hin CHAN ☐ Yik Nam HO	☐ Hoi Tung CHENG ☐ Yan Hei LEUNG
#1583	2: DDPF X 12-15	香港跳繩精英訓練社(Aces)	☐ Chun Yan Leung ☐ CHUNG SING TANG	☐ Tsz Ying Li ☐ Tsz Yu Jessie Chan

Heat 30

Entry	Station/Event	Team	Participants	
#959	1: SRTF X 16+ (S)	HKRSC	☐ Zhuo Feng CHEN ☐ Tin Chung Edward NG	☐ Wing Laam KWAN ☐ Cheuk Yiu SIN
#1582	2: DDPF X 12-15	繩研跳繩運動學院	☐ Tsz Hei LAW ☐ Tsz Ming TSUI	☐ Ho Long LIANG ☐ Hei Tung YUNG

Heat 31

Entry	Station/Event	Team	Participants	
#957	1: SRTF X 16+ (S)	FORCES	☐ Pak Hung CHEUNG ☐ Sung Chit WONG	☐ Wing Lam CHEUNG ☐ Wing Yan WONG
#1580	2: DDPF X 12-15	Stunning Rope Skipping Club	☐ Yi Ki LEUNG ☐ Cheuk Kiu LO	☐ Ying Fung LEUNG ☐ Shun Hang WAT

Heat 32

Entry	Station/Event	Team	Participants	
#958	1: SRTF X 16+ (S)	HKRSC	☐ Qing Bin CHEN ☐ Tsz Yiu WONG	☐ Tsz Hin CHEUNG ☐ RYAN SO
#1573	2: DDPF X 12-15	HKRSAcademy	☐ Chun Kiu Adrian CHAN ☐ Chit Nam Anson LOK	☐ Cheuk Hei LAI ☐ Yi Sum LAM

Heat 33

Entry	Station/Event	Team	Participants	
#956	1: SRTF X 16+ (S)	HKRSAcademy	☐ Chun Wa Chan ☐ Ziqi CHEN	☐ Chun Yin CHEN ☐ Chak Man LIU
#996	2: DDPF X 16+ (S)	Stunning Rope Skipping Club	☐ Hiu Lam Cheng ☐ Tsz Lok WONG	☐ Man Chung MA ☐ Yuen Yee WONG

Heat 34

Entry	Station/Event	Team	Participants	
#968	1: SRTF X 16+ (S)	濠動體育有限公司	☐ Ka Yuen Rex CHOY ☐ Sum Yi LEE	☐ Ho Yin LEONG ☐ Ka Chun WONG
#1002	2: DDPF X 16+ (S)	至專運動學院	☐ Chun Him Derek CHAN ☐ Kai Lok Jophy Tang	☐ Kit Lam CHU ☐ Hoi Ching CHIU

Heat 35

Entry	Station/Event	Team	Participants	
#265	1: SRTF X 9-11	香港跳繩精英訓練社(Aces)	☐ Yuen Sing Chen ☐ Gabriella Wong	☐ Chung Ping Tang ☐ Man Ching Wong
#1000	2: DDPF X 16+ (S)	星辰跳繩部	☐ Ching Hin CHAN ☐ Yik Nam HO	☐ Hoi Tung CHENG ☐ Yan Hei LEUNG

Heat 36

Entry	Station/Event	Team	Participants	
#260	1: SRTF X 9-11	Jump Lab	☐ Yee Pang CHEN ☐ LOK HIM TSUI	☐ Tsz Yu Lai ☐ Cheuk Nok YIP
#992	2: DDPF X 16+ (S)	HKRSC	☐ Cheuk Yiu SIN ☐ Pak Wai LEUNG	☐ Wing Laam KWAN ☐ Tin Chung Edward NG

Heat 37

Entry	Station/Event	Team	Participants	
#262	1: SRTF X 9-11	Masterful Studio	☐ Yan Tung LEE ☐ Pak Hin SO	☐ Wing Lam NG ☐ Shu Yeung YIP
#993	2: DDPF X 16+ (S)	Masterful Studio	☐ Mei Kei Maggie LAU ☐ Kin Wang LEE	☐ Chon Meng LEE ☐ Ying Nam Kay TSUI

Heat 38

Entry	Station/Event	Team	Participants	
#258	1: SRTF X 9-11	HKRSAcademy	☐ Yat Lok Cheung ☐ Lok Him Himson Lai	☐ Hui Ching Fung ☐ Sum Yu Wong
#998	2: DDPF X 16+ (S)	Vigor	☐ Yin Hang CHUNG ☐ Wing Hei WONG	☐ Hui Wa LAU ☐ MEI YI WONG

Heat 39

Entry	Station/Event	Team	Participants	
#257	1: SRTF X 9-11	Duckie Learning Centre	☐ Nok Sum KU ☐ Kar Ming LEUNG	☐ Yin Wai Chloe LAM ☐ Chun Ngo WONG
#994	2: DDPF X 16+ (S)	Masterful Studio	☐ Hoi Kit CHAN ☐ Chun Yiu HO	☐ Pak Shun CHEUNG ☐ Tsz Ying WONG

Heat 40

Entry	Station/Event	Team	Participants	
#264	1: SRTF X 9-11	繩研跳繩運動學院	☐ Hing Yiu CHING ☐ Cheuk Kiu Liao	☐ Elly Ngai Sum Fung ☐ Hoi Yung Annice Shing
#990	2: DDPF X 16+ (S)	FORCES	☐ Pak Hung CHEUNG ☐ Sung Chit WONG	☐ Wing Lam CHEUNG ☐ Wing Yan WONG

Heat 41

Entry	Station/Event	Team	Participants	
#263	1: SRTF X 9-11	元朗區體育會	☐ Yin Hei Samuel CHAN ☐ Yat Ching Lee	☐ Wing Yau FUNG ☐ Hannah LAU
#997	2: DDPF X 16+ (S)	Stunning Rope Skipping Club	☐ Mei Sze Lai ☐ Wai Shan PANG	☐ Kam Chiu LI ☐ Hoi Lok TAM

Heat 42

Entry	Station/Event	Team	Participants	
#261	1: SRTF X 9-11	JUMP TO INFINITY	☐ Man Chun Kyson Chau ☐ Ching Kiu Cho	☐ Man Hei Kimi Chau ☐ Ka Kei Tsang
#999	2: DDPF X 16+ (S)	Vigor	☐ Chung Man CHEUNG ☐ Chun Ho Law	☐ Hok Nga LAM ☐ Hiu Tung LIU

Heat 43

Entry	Station/Event	Team	Participants	
#259	1: SRTF X 9-11	HKRSAcademy	☐ Nok Hui ☐ Yui Ning Alicia Chong	☐ Hiu Chun Joan Chan ☐ King Yui Leung
#991	2: DDPF X 16+ (S)	HKRSC	☐ Tsz Hin CHEUNG ☐ RYAN SO	☐ Qing Bin CHEN ☐ Tsz Yiu WONG

Heat 44

Entry	Station/Event	Team	Participants	
#1559	1: SRTF X 12-15	Vigor	☐ Shek Hei CHAN ☐ Nok Ching Yu	☐ HO WANG JAY TANG ☐ Nok Wang Yu
#988	2: DDPF X 16+ (S)	HKRSAcademy	☐ Wang Hei CHAN ☐ Lai Kit Leung	☐ Muk Sing Chen ☐ Cheuk Luen Cherry WOO

Heat 45

Entry	Station/Event	Team	Participants	
#1556	1: SRTF X 12-15	JUMP TO INFINITY	☐ Tsz Fung MAK ☐ Tsz Long (1) Wong	☐ Ka Yan TSANG ☐ Pui Ga WONG
#1001	2: DDPF X 16+ (S)	濠動體育有限公司	☐ Ka Yuen Rex CHOY ☐ HIU CHING SUM	☐ Ho Yin LEONG ☐ Ka Chun WONG

Heat 46

Entry	Station/Event	Team	Participants	
#1557	1: SRTF X 12-15	Masterful Studio	☐ Tsz Fung Lau ☐ Tsz Hin WONG	☐ Pak Hei Wong ☐ Tsz Yan WONG
#995	2: DDPF X 16+ (S)	Stunning Rope Skipping Club	☐ Ka Ying CHAN ☐ Cheuk Yin LI	☐ Tsz Chai Simon LEUNG ☐ Wing Ho LO

Heat 47

Entry	Station/Event	Team	Participants	
#1554	1: SRTF X 12-15	JUMPER	☐ Chun Pak Chan ☐ Yat Hei Lui	☐ Nga Yin Law ☐ Yiu Nam Wong
#989	2: DDPF X 16+ (S)	HKRSAcademy	☐ Chak Man LIU ☐ Chun Yin CHEN	☐ Ming Yip CHE ☐ Ziqi CHEN

Heat 48

Entry	Station/Event	Team	Participants	
#1562	1: SRTF X 12-15	香港跳繩精英訓練社(Aces)	☐ Chun Yan Leung ☐ CHUNG SING TANG	☐ Tsz Ying Li ☐ YI MAN YIP
#270	2: DDPF X 9-11	HKRSAcademy	☐ Yat Lok Cheung ☐ Lok Him Himson Lai	☐ Hui Ching Fung ☐ Sum Yu Wong

Heat 49

Entry	Station/Event	Team	Participants	
#1560	1: SRTF X 12-15	星辰跳繩部	☐ Yee Ching CHAN ☐ Yu Lok Wong	☐ Sin Hang CHONG ☐ Cheuk Lam YIP
#271	2: DDPF X 9-11	HKRSAcademy	☐ Elizabeth Chan ☐ Hiu Chun Joan Chan	☐ Yui Ning Alicia Chong ☐ King Yui Leung

Heat 50

Entry	Station/Event	Team	Participants	
#1551	1: SRTF X 12-15	HKRSAcademy	☐ Chun Kiu Adrian CHAN ☐ Chit Nam Anson LOK	☐ Yi Sum LAM ☐ Sze Yu PANG
#275	2: DDPF X 9-11	元朗區體育會	☐ Wing Yau FUNG ☐ Hannah LAU	☐ Yik San HUI ☐ Yat Ching Lee

Heat 51

Entry	Station/Event	Team	Participants	
#1550	1: SRTF X 12-15	Duckie Learning Centre	☐ Hoi Ka CHAN ☐ Chun Yip WONG	☐ Hau Yin KWONG ☐ Yin Sum Iris WONG
#276	2: DDPF X 9-11	繩研跳繩運動學院	☐ Hing Yiu CHING ☐ Cheuk Kiu Liao	☐ Elly Ngai Sum Fung ☐ Hoi Yung Annice Shing

Heat 52

Entry	Station/Event	Team	Participants	
#1552	1: SRTF X 12-15	HKRS Academy	☐ Yuk Hon Ho ☐ Tin Yan Yuen	☐ Ka Hei Yim ☐ Cheuk Wang Yung
#273	2: DDPF X 9-11	JUMP TO INFINITY	☐ Man Chun Kyson Chau ☐ Ching Kiu Cho	☐ Tsun Yu Chiu ☐ Ka Kei Tsang

Heat 53

Entry	Station/Event	Team	Participants	
#1555	1: SRTF X 12-15	JUMPER	☐ Lok Yiu CHU ☐ Hoi Kiu LO	☐ Hon Nam Zenis Li ☐ Hei Tung NG
#269	2: DDPF X 9-11	Duckie Learning Centre	☐ Nok Sum KU ☐ Kar Ming LEUNG	☐ Yin Wai Chloe LAM ☐ Chun Ngo WONG

Heat 54

Entry	Station/Event	Team	Participants	
#1561	1: SRTF X 12-15	繩研跳繩運動學院	☐ Tsz Hei LAW ☐ Tsz Ming TSUI	☐ Ho Long LIANG ☐ Hei Tung YUNG
#277	2: DDPF X 9-11	香港跳繩精英訓練社(Aces)	☐ Yuen Sing Chen ☐ Chung Ping Tang	☐ Gabriella Wong ☐ Man Ching Wong

Heat 55

Entry	Station/Event	Team	Participants	
#1553	1: SRTF X 12-15	HKRSC	☐ Chit Wai LEUNG ☐ Hiu Tung WONG	☐ Nok Ching MA ☐ TIN YEUK WU
#274	2: DDPF X 9-11	Masterful Studio	☐ Yan Tung LEE ☐ Pak Hin SO	☐ Wing Lam NG ☐ Shu Yeung YIP

Heat 56

Entry	Station/Event	Team	Participants	
#1563	1: SRTF X 12-15	香港跳繩精英訓練社(Aces)	☐ Chun Yin CHAN ☐ Cheuk Yin LAU	☐ Yui Kwong ☐ Sin Yu LUK
#272	2: DDPF X 9-11	Jump Lab	☐ Yee Pang CHEN ☐ LOK HIM TSUI	☐ Tsz Yu Lai ☐ Cheuk Nok YIP

Heat 57

Entry	Station/Event	Team	Participants	
#1558	1: SRTF X 12-15	Stunning Rope Skipping Club	☐ Yi Ki LEUNG ☐ Cheuk Kiu LO	☐ Ying Fung LEUNG ☐ Shun Hang WAT

Heat 58

Entry	Station/Event	Team	Participants	
#940	1: SRPF X 16+ (S)	HKRSAcademy	☐ Chun Wa Chan	☐ Ziqi CHEN
#1571	2: DDSF X 12-15	香港跳繩精英訓練社(Aces)	☐ Ching Lai ☐ Cheuk Ying Wong	☐ Lok Man Curtis Lee

Heat 59

Entry	Station/Event	Team	Participants	
#951	1: SRPF X 16+ (S)	Stunning Rope Skipping Club	☐ Man Chung MA	☐ Yuen Yee WONG
#1564	2: DDSF X 12-15	HKRSAcademy	☐ Cho Yeung Chu ☐ Tsz Ching Yuen	☐ Oi Yuet Kristy Pang

Heat 60

Entry	Station/Event	Team	Participants	
#948	1: SRPF X 16+ (S)	Masterful Studio	☐ Uen Yan LEE	☐ Ying Nam Kay TSUI
#1568	2: DDSF X 12-15	TONG SIR Rope Skipping Academy	☐ Ting Hong Chow ☐ Tin Yu WOO	☐ Wai Kiu FOK

Heat 61

Entry	Station/Event	Team	Participants	
#954	1: SRPF X 16+ (S)	至專運動學院	☐ Chun Him Derek CHAN	☐ Hoi Ching CHIU
#1567	2: DDSF X 12-15	Stropex. Studio	☐ Chun Long Ng ☐ Pak Hei PANG	☐ Wing Kwok Pang

Heat 62

Entry	Station/Event	Team	Participants	
#941	1: SRPF X 16+ (S)	HKRSAcademy	☐ Yat Ning Alexis CHONG	☐ Mang I Marco LAM
#1569	2: DDSF X 12-15	元朗區體育會	☐ Chik Yu LEE ☐ Ho Hin TANG	☐ Wing Yiu LEUNG

Heat 63

Entry	Station/Event	Team	Participants	
#939	1: SRPF X 16+ (S)	HKRSAcademy	☐ Pui Lam LEE	☐ Chi Hin MAK
#1566	2: DDSF X 12-15	HKRSC	☐ LETTY HUI ☐ TIN YEUK WU	☐ Lok Tung Tsui

Heat 64

Entry	Station/Event	Team	Participants	
#953	1: SRPF X 16+ (S)	濠動體育有限公司	☐ Hon Man CHAN	☐ Sum Yi LEE
#1565	2: DDSF X 12-15	HKRSC	☐ Chit Wai LEUNG ☐ Hiu Tung WONG	☐ Nok Ching MA

Heat 65

Entry	Station/Event	Team	Participants	
#946	1: SRPF X 16+ (S)	HKSPORTPRO	☐ Cheuk Yau LI	☐ Tsz Shun Jayden Wong
#1570	2: DDSF X 12-15	星辰跳繩部	☐ Yee Ching CHAN ☐ Yu Lok Wong	☐ Sin Hang CHONG

Heat 66

Entry	Station/Event	Team	Participants	
#952	1: SRPF X 16+ (S)	星辰跳繩部	☐ Ching Hin CHAN	☐ Hoi Tung CHENG
#980	2: DDSF X 16+ (S)	Stunning Rope Skipping Club	☐ Kam Chiu LI ☐ Wai Shan PANG	☐ Man Chung MA

Heat 67

Entry	Station/Event	Team	Participants	
#944	1: SRPF X 16+ (S)	FORCES	☐ Sung Chit WONG	☐ Wing Yan WONG
#977	2: DDSF X 16+ (S)	JUMP TO INFINITY	☐ Kin Hang CHAU ☐ Wing Tung LAW	☐ Hoi Kin Lau

Heat 68

Entry	Station/Event	Team	Participants	
#947	1: SRPF X 16+ (S)	Masterful Studio	☐ Pik Man Carman CHOI	☐ Chi Kin NG
#976	2: DDSF X 16+ (S)	HKRSC	☐ Wing Laam KWAN ☐ Tin Chung Edward NG	☐ Pak Wai LEUNG

Heat 69

Entry	Station/Event	Team	Participants	
#950	1: SRPF X 16+ (S)	RopeZen Academy	☐ Sum Yin HO	☐ Chun Yin WONG
#986	2: DDSF X 16+ (S)	至專運動學院	☐ Chun Him Derek CHAN ☐ Kit Lam CHU	☐ Hoi Ching CHIU

Heat 70

Entry	Station/Event	Team	Participants	
#949	1: SRPF X 16+ (S)	Masterful Studio	☐ Mei Kei Maggie LAU	☐ Kin Wang LEE
#971	2: DDSF X 16+ (S)	HKRSAcademy	☐ Qingyuan CHEN ☐ Ho Hin TAM	☐ Pui Lam LEE

Heat 71

Entry	Station/Event	Team	Participants	
#942	1: SRPF X 16+ (S)	HKRSAcademy	☐ Cheuk Lam Lau	☐ Yun San LEUNG
#978	2: DDSF X 16+ (S)	RopeZen Academy	☐ Tsz Lam CHAN ☐ Yue Wang WONG	☐ Chi Wing Chris Kan

Heat 72

Entry	Station/Event	Team	Participants	
#1860	1: SRPF X 16+ (S)	HKRSAcademy	☐ Kwan Ho LAW	☐ Yue Tong Eden WU
#981	2: DDSF X 16+ (S)	Vigor	☐ Hok Nga LAM ☐ Chun Ho Law	☐ Sai Kit LAU

Heat 73

Entry	Station/Event	Team	Participants	
#943	1: SRPF X 16+ (S)	HKRSAcademy	☐ Wang Hei CHAN	☐ Cheuk Luen Cherry WOO
#975	2: DDSF X 16+ (S)	HKRSC	☐ Chu Ting HO ☐ Ming Hei Tango SETO	☐ Yin Ting POON

Heat 74

Entry	Station/Event	Team	Participants	
#945	1: SRPF X 16+ (S)	HKRSC	☐ Tin Chung Edward NG	☐ Cheuk Yiu SIN
#970	2: DDSF X 16+ (S)	HKRSAcademy	☐ Hoi Yin LEUNG ☐ Ting Hei NG	☐ Sum Yee LI

Heat 75

Entry	Station/Event	Team	Participants	
#249	1: SRPF X 9-11	Duckie Learning Centre	☐ Yan Ching MOK	☐ Aiden Kam Yuen TAM
#987	2: DDSF X 16+ (S)	香港跳繩精英訓練社(Aces)	☐ ManWai Chow ☐ Ka Ying So	☐ Shin Hang LO

Heat 76

Entry	Station/Event	Team	Participants	
#252	1: SRPF X 9-11	Jump Lab	☐ Yee Pang CHEN	☐ Tsz Yu Lai
#982	2: DDSF X 16+ (S)	星辰跳繩部	☐ Ching Hin CHAN ☐ Yik Nam HO	☐ Hoi Tung CHENG

Heat 77

Entry	Station/Event	Team	Participants	
#251	1: SRPF X 9-11	HKSPORTPRO	☐ Dick Son Keung	☐ Sum Yu Lo
#985	2: DDSF X 16+ (S)	濠動體育有限公司	☐ Ka Yuen Rex CHOY ☐ Pak Ming YIP	☐ Sum Yi LEE

Heat 78

Entry	Station/Event	Team	Participants	
#253	1: SRPF X 9-11	Jump Lab	☐ Tsz Ki KWOK	☐ Yik Kiu Yorik TAI
#973	2: DDSF X 16+ (S)	HKRSAcademy	☐ Yat Ning Alexis CHONG ☐ Hin Yau TSANG	☐ Mang I Marco LAM

Heat 79

Entry	Station/Event	Team	Participants	
#256	1: SRPF X 9-11	香港跳繩精英訓練社(Aces)	☐ Quentin Sung Hei Lee	☐ Man Ching Wong
#983	2: DDSF X 16+ (S)	星辰跳繩部	☐ Dodo Hoi Tung LAM ☐ Anthony Hing Wun TSANG	☐ Ngai Lam TAM

Heat 80

Entry	Station/Event	Team	Participants	
#255	1: SRPF X 9-11	香港跳繩精英訓練社(Aces)	☐ Yuen Sing Chen	☐ Chung Ping Tang
#984	2: DDSF X 16+ (S)	星辰跳繩部	☐ Yu Ki LI ☐ Tsz Lung YEUNG	☐ Nga Hei SIU

Heat 81

Entry	Station/Event	Team	Participants	
#254	1: SRPF X 9-11	元朗區體育會	☐ Yik San HUI	☐ Yat Ching Lee
#972	2: DDSF X 16+ (S)	HKRSAcademy	☐ Man Yi Katrina LEE ☐ Wai Ka TSANG	☐ Chi Hin MAK

Heat 82

Entry	Station/Event	Team	Participants	
#250	1: SRPF X 9-11	HKRSAcademy	☐ Hui Chun Joan Chan	☐ Nok Hui
#974	2: DDSF X 16+ (S)	HKRSC	☐ Qing Bin CHEN ☐ R YAN SO	☐ Hiu Laam Kasie SHE

Heat 83

Entry	Station/Event	Team	Participants	
#1537	1: SRPF X 12-15	HKRSAcademy	☐ Tsz Wai Pang	☐ Tsz Ching Yuen
#979	2: DDSF X 16+ (S)	RopeZen Academy	☐ Yee Kiu CHAN ☐ Tsz Hei TSUI	☐ Yi Ki KUANG

Heat 84

Entry	Station/Event	Team	Participants	
#1546	1: SRPF X 12-15	星辰跳繩部	☐ Yee Ching CHAN	☐ Sin Hang CHONG
#266	2: DDSF X 9-11	Duckie Learning Centre	☐ Yan Ching MOK ☐ Aiden Kam Yuen TAM	☐ Yuk Long POON

Heat 85

Entry	Station/Event	Team	Participants	
#1548	1: SRPF X 12-15	香港跳繩精英訓練社(Aces)	☐ Ching Lai	☐ Lok Man Curtis Lee
#267	2: DDSF X 9-11	元朗區體育會	☐ Wing Yau FUNG ☐ Wai Hin UN	☐ Hannah LAU

Heat 86

Entry	Station/Event	Team	Participants	
#1543	1: SRPF X 12-15	Vigor	☐ Chi Hei CHAN	☐ Aden Hei Tung CHUNG
#268	2: DDSF X 9-11	香港跳繩精英訓練社(Aces)	☐ Chung Ping Tang ☐ Man Ching Wong	☐ Gabriella Wong

Heat 87

Entry	Station/Event	Team	Participants	
#1538	1: SRPF X 12-15	HKRSC	☐ Nok Tung Ma	☐ Nok Ching MA

Heat 88

Entry	Station/Event	Team	Participants	
#1547	1: SRPF X 12-15	繩研跳繩運動學院	☐ Tsz Ming TSUI	☐ Hei Tung YUNG

Heat 89

Entry	Station/Event	Team	Participants	
#1549	1: SRPF X 12-15	香港跳繩精英訓練社(Aces)	☐ Chun Yin CHAN	☐ Sin Yu LUK

Heat 90

Entry	Station/Event	Team	Participants	
#1545	1: SRPF X 12-15	國際跳繩有限公司	☐ Ka Him Chan	☐ Suet Sha Lo

Heat 91

Entry	Station/Event	Team	Participants	
#1539	1: SRPF X 12-15	HKRSC	☐ Hiu Laam Kasie SHE	☐ RYAN SO

Heat 92

Entry	Station/Event	Team	Participants	
#1540	1: SRPF X 12-15	JUMPER	☐ Nga Yin Law	☐ Yiu Nam Wong

Heat 93

Entry	Station/Event	Team	Participants	
#1544	1: SRPF X 12-15	元朗區體育會	☐ Wing Yiu LEUNG	☐ Ho Hin TANG

Heat 94

Entry	Station/Event	Team	Participants	
#1536	1: SRPF X 12-15	HKRSAcademy	☐ Cheuk Hei LAI	☐ Sze Yu PANG

Heat 95

Entry	Station/Event	Team	Participants	
#1541	1: SRPF X 12-15	Masterful Studio	☐ Pak Hei Wong	☐ Tsz Yan WONG

Heat 96

Entry	Station/Event	Team	Participants	
#1542	1: SRPF X 12-15	SKIPPER'Z	☐ Kam Yuen Chan	☐ Nga Ching Elie Yeung

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Heat 97

Entry	Station/Event	Team	Participants	
#278	1: WHPF X 9-11	Duckie Learning Centre	☐ Yan Ching MOK	☐ Yuk Long POON

Heat 98

Entry	Station/Event	Team	Participants	
#1585	1: WHPF X 12-15	HKRSAcademy	☐ Cho Yeung Chu	☐ Oi Yuet Kristy Pang

Heat 99

Entry	Station/Event	Team	Participants	
#1587	1: WHPF X 12-15	Stropex. Studio	☐ Pak Hei PANG	☐ Yu Yung PANG

Heat 100

Entry	Station/Event	Team	Participants	
#1586	1: WHPF X 12-15	Stropex. Studio	☐ Chun Long Ng	☐ Wing Kwok Pang

Heat 101

Entry	Station/Event	Team	Participants	
#1588	1: WHPF X 12-15	Ziberty Sports Studio	☐ Man Hei Loi	☐ CHUN TING WONG

Heat 102

Entry	Station/Event	Team	Participants	
#1006	1: WHPF X 16+ (S)	Masterful Studio	☐ Pak Shun CHEUNG	☐ Yat Tung NG

Heat 103

Entry	Station/Event	Team	Participants	
#1004	1: WHPF X 16+ (S)	HKRSAcademy	☐ Sum Yee LI	☐ Ting Hei NG

Heat 104

Entry	Station/Event	Team	Participants	
#1003	1: WHPF X 16+ (S)	HKRSAcademy	☐ Ho Hin TAM	☐ Hiu Tung YUEN

Heat 105

Entry	Station/Event	Team	Participants	
#1007	1: WHPF X 16+ (S)	星辰跳繩部	☐ Dodo Hoi Tung LAM TSANG	☐ Anthony Hing Wun

Heat 106

Entry	Station/Event	Team	Participants	
#1005	1: WHPF X 16+ (S)	JUMP TO INFINITY	☐ Kin Hang CHAU	☐ Wing Tung LAW