



中國香港跳繩總會

HONG KONG ROPE SKIPPING ASSOCIATION, CHINA | SINCE 1997

IJRU VWC Series 2021

Virtual World Championships

Summary

Division		Champion	1st Runner up	2nd Runner up
Virtual International Open Tournament	Master	3	6	5
	Team	12	17	14
Virtual Junior World Championships	Master	1	0	2
	Team	10	13	11
Virtual World Championships	Master	2	4	1
	Team	13	18	13
Total		41	58	46



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IJRU VWC Series 2021 Virtual World Championships Master events

Gender/Age	Event	Participants		Rank
Female 16+	Single Rope Speed 1x30	Sum Yi Lee	李心怡	2
	Individual Overall			1
	Single Rope Speed Endurance 1x180	Hiu Lam Chan	陳曉琳	2
	Individual Overall			2
Male 16+	Single Rope Speed Endurance 1x180	Pan Hei Lau	劉盼晞	3
	Individual Overall			2
	Single Rope Individual Freestyle	Pak Hung Cheung	張柏鴻	1



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Team events

Gender/Age	Event	Team	Participants		Rank
Male 16+	Single Rope Speed Relay 4x30	HK01	Kai Ming Wong Lok Hin Tommy Hung Cheuk Nam Chan Po Hang Parco Shum	黃啟銘 洪樂軒 陳卓男 沈保衡	2
	Single Rope Double-Under Relay		Lok Hin Tommy Hung Kai Ming Wong	洪樂軒 黃啟銘	3
	Double Dutch Speed Relay 4x30		Shum Po Hang Parco Wong Kai Ming Chan Cheuk Nam Chan Chun Yin	沈保衡 黃啟銘 陳卓男 陳俊彥	2
	Double Dutch Speed Sprint 1x60		Chan Cheuk Nam Chan Chun Yin Kai Ming Wong	陳卓男 陳俊彥 黃啟銘	1
	Single Rope Pair Freestyle		Chan Chun Yin Lok Hin Tommy Hung	陳俊彥 洪樂軒	2
	Single Rope Team Freestyle		Lok Hin Tommy Hung Kai Ming Wong Chan Chun Yin Chan Cheuk Nam	洪樂軒 黃啟銘 陳俊彥 陳卓男	2
	Double Dutch Single Freestyle		Chan Cheuk Nam Shum Po Hang Parco Kai Ming Wong	陳卓男 沈保衡 黃啟銘	1
	Double Dutch Pair Freestyle		Chan Cheuk Nam Lok Hin Tommy Hung Shum Po Hang Parco Kai Ming Wong	陳卓男 洪樂軒 沈保衡 黃啟銘	2
	Team Single Rope Overall		Hung Lok Hin Tommy Wong Kai Ming Chan Cheuk Nam Chan Chun Yin Shum Po Hang Parco	洪樂軒 黃啟銘 陳卓男 陳俊彥 沈保衡	2
	Double Dutch Team Overall		Cheuk Nam Chan Chun Yin Chan Lok Hin Tommy Hung Po Hang Parco Shum Kai Ming Wong	陳卓男 陳俊彥 洪樂軒 沈保衡 黃啟銘	2
Team All-Around	Hung Lok Hin Tommy Wong Kai Ming Chan Cheuk Nam Chan Chun Yin Shum Po Hang Parco	洪樂軒 黃啟銘 陳卓男 陳俊彥 沈保衡	2		

Male 16+	Double Dutch Speed Relay 4x30	HK02	Wong Tin Yau Chan Yik Long Wong Kai Chai Yan Owen Chin Tai	黃天佑 陳奕朗 黃偕齊 殷展泰	3
	Single Rope Pair Freestyle		Yan Owen Chin Tai Yik Long Chan	殷展泰 陳奕朗	3
	Single Rope Team Freestyle		Wong Tin Yau Chan Yik Long Wong Kai Chai Yan Owen Chin Tai	黃天佑 陳奕朗 黃偕齊 殷展泰	3
	Team Single Rope Overall		Wong Tin Yau Chan Yik Long Wong Kai Chai Yan Owen Chin Tai Wong Sung Chit	黃天佑 陳奕朗 黃偕齊 殷展泰 王崇喆	3
	Team All-Around		Wong Tin Yau Wong Sung Chit Owen Chin Tai Yan Kai Chai Kenji Wong Wong Tin Yau	黃天佑 王崇喆 殷展泰 黃偕齊 黃天佑	3
Female 16+	Single Rope Speed Relay 4x30	HK04	Kei Ching Chan Yin Ting Ho Ching Ting Hui Wing Yau Tai	陳紀靜 何燕婷 許靜婷 戴詠柔	3
	Double Dutch Speed Relay 4x30		Kei Ching Chan Yin Ting Ho Ching Ting Hui Mei Kei Maggie Lau	陳紀靜 何燕婷 許靜婷 劉美琦	2
	Single Rope Team Freestyle		Ching Yi Cheuk Kei Ching Chan Ching Ting Hui Mei Kei Maggie Lau	卓靖怡 陳紀靜 許靜婷 劉美琦	3
	Team Single Rope Overall		Mei Kei Maggie Lau Wing Yau Tai Ching Ting Hui Kei Ching Chan Ching Yi Cheuk Yin Ting Ho	劉美琦 戴詠柔 許靜婷 陳紀靜 卓靖怡 何燕婷	3
	Double Dutch Team Overall		Wing Yau Tai Mei Kei Maggie Lau Ching Yi Cheuk Yin Ting Ho Ching Ting Hui Kei Ching Chan	戴詠柔 劉美琦 卓靖怡 何燕婷 許靜婷 陳紀靜	3
	Team All-Around		Mei Kei Maggie Lau Wing Yau Tai Ching Ting Hui Yin Ting Ho Kei Ching Chan Ching Yi Cheuk	劉美琦 戴詠柔 許靜婷 何燕婷 陳紀靜 卓靖怡	2
	Double Dutch Speed Sprint 1x60		Sze Chai Cheung Laam Pui Lam Cheuk Laam Loo	張思齊 林嵐沛 魯卓嵐	2
	Single Rope Pair Freestyle		Yue Tong Eden Wu Sze Chai Cheung	伍悅童 張思齊	1

Female 16+	Single Rope Team Freestyle	HK06	Yue Tong Eden Wu Cheuk Laam Loo Sze Chai Cheung Laam Pui Lam	伍悅童 魯卓嵐 張思齊 林風沛	1
	Team Single Rope Overall		Sze Chai Cheung Laam Pui Lam Cheuk Laam Loo Yue Tong Eden Wu	張思齊 林風沛 魯卓嵐 伍悅童	2
	Double Dutch Team Overall		Sze Chai Cheung Laam Pui Lam Cheuk Laam Loo Yue Tong Eden Wu	張思齊 林風沛 魯卓嵐 伍悅童	2
	Team All-Around		Sze Chai Cheung Laam Pui Lam Cheuk Laam Loo Yue Tong Eden Wu	張思齊 林風沛 魯卓嵐 伍悅童	1
16+ Mixed	Single Rope Double-Under Relay	HK07	Sum Yi Lee Ka Yau Liu	李心怡 廖家佑	2
	Double Dutch Speed Relay 4x30		Lok Tin Tang Tin Long Yeung Ka Yau Liu Sum Yi Lee	鄧樂天 楊天朗 廖家佑 李心怡	2
	Single Rope Pair Freestyle		Sum Yi Lee Ka Yau Liu	李心怡 廖家佑	1
	Double Dutch Single Freestyle		Tin Long Yeung Lok Tin Tang Wai Yin Cheung	楊天朗 鄧樂天 張蕙嫻	2
	Team Single Rope Overall		Tang Lok Tin Yeung Tin Long Sum Yi Lee Ka Yau Liu Cheung Wai Yin	鄧樂天 楊天朗 李心怡 廖家佑 張蕙嫻	3
	Team All-Around		Tang Lok Tin Yeung Tin Long Sum Yi Lee Ka Yau Liu Cheung Wai Yin	鄧樂天 楊天朗 李心怡 廖家佑 張蕙嫻	3
	Single Rope Double-Under Relay		Ho Chu Ting Poon Yin Ting	何柱靈 潘彥滄	3
	Double Dutch Speed Relay 4x30		Chu Ting Ho Wing Lok Chow Ho Nam Lau Chi Ki LAW	何柱靈 周永樂 劉浩男 羅芷琪	1
	Double Dutch Speed Sprint 1x60		Chi Ki LAW Ho Nam Lau Wing Lok Chow	羅芷琪 劉浩男 周永樂	3
	Single Rope Pair Freestyle		Poon Yin Ting Chow Wing Lok	潘彥滄 周永樂	2
	Single Rope Team Freestyle		Yin Ting Poon Ho Nam Lau Wing Lok Chow Chu Ting Ho	潘彥滄 劉浩男 周永樂 何柱靈	1
	Double Dutch Single Freestyle		Chi Ki LAW Ho Nam Lau	羅芷琪 劉浩男	1

16+ Mixed		HK08	Wing Lok Chow	周永樂	
	Double Dutch Pair Freestyle		Chi Ki LAW Ho Nam Lau Wing Lok Chow Chu Ting Ho	羅芷琪 劉浩男 周永樂 何柱靈	1
	Team Single Rope Overall		Ho Chu Ting Chow Wing Lok Lau Ho Nam Law Chi Ki Poon Yin Ting	何柱靈 周永樂 劉浩男 羅芷琪 潘彥婷	2
	Double Dutch Team Overall		Ho Chu Ting Chow Wing Lok Lau Ho Nam Law Chi Ki Poon Yin Ting	何柱靈 周永樂 劉浩男 羅芷琪 潘彥婷	1
	Team All-Around		Ho Chu Ting Chow Wing Lok Lau Ho Nam Law Chi Ki Poon Yin Ting	何柱靈 周永樂 劉浩男 羅芷琪 潘彥婷	1



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Gender/Age	Event	Participants		Rank
12-15 Female	Single Rope Individual Freestyle	Nok Ching Chang	鄭樂澄	1
	Individual Overall			3
12-15 Female	Single Rope Individual Freestyle	Nga Hei Siu	蕭雅希	3

Team events

Gender/Age	Event	Team	Participants		Rank
12-15 Male	Double Dutch Speed Relay 4x30	HK09	Chi Hin Mak Chun Hei Kong Hei Long Isaac Chan Ho Hin Tam	麥誌軒 江俊熹 陳希朗 譚浩軒	1
	Single Rope Team Freestyle		Chi Hin Mak Chun Hei Kong Ho Chit Leung Ho Hin Tam	麥誌軒 江俊熹 梁浩哲 譚浩軒	2
	Double Dutch Single Freestyle		Chun Hei Kong Ho Chit Leung Ho Hin Tam	江俊熹 梁浩哲 譚浩軒	1
	Double Dutch Pair Freestyle		Ho Hin Tam Hei Long Isaac Chan Chun Hei Kong Chi Hin Mak	譚浩軒 陳希朗 江俊熹 麥誌軒	1
	Team Single Rope Overall		Ho Hin Tam Ho Chit Leung Chun Hei Kong Chi Hin Mak Hei Long Isaac Chan	譚浩軒 梁浩哲 江俊熹 麥誌軒 陳希朗	3
	Double Dutch Team Overall		Ho Hin Tam Ho Chit Leung Chun Hei Kong Chi Hin Mak Hei Long Isaac Chan	譚浩軒 梁浩哲 江俊熹 麥誌軒 陳希朗	1
	Team All-Around		Ho Hin Tam Ho Chit Leung Chun Hei Kong Chi Hin Mak Hei Long Isaac Chan	譚浩軒 梁浩哲 江俊熹 麥誌軒 陳希朗	1
12-15 Male	Double Dutch Speed Relay 4x30	HK10	Ching Yin So Lik Hang Ho Hoi Hang Chen Cheuk Lam Ke	蘇正言 何力行 陳凱衡 柯卓霖	2
	Double Dutch Single Freestyle		Lik Hang Ho Hoi Hang Chen Cheuk Hing Ke	何力行 陳凱衡 柯卓興	3
	Double Dutch Speed Relay 4x30		Pak Ming Yip Tsz Wai Wong Ming Hin Tse Pak Yau Hui	葉珀銘 黃梓維 謝銘軒 許柏佑	3
	Double Dutch Single Freestyle		Pak Ming Yip Tsz Wai Wong Pak Yau Hui	葉珀銘 黃梓維 許柏佑	2

12-15 Male	Double Dutch Pair Freestyle	HK11	Tsz Wai Wong Pak Ming Yip Ming Hin Tse Pak Yau Hui	黃梓維 葉珀銘 謝銘軒 許柏佑	2
	Double Dutch Team Overall		Pak Ming Yip Tsz Wai Wong Ming Hin Tse Pak Yau Hui Alexander Fung	葉珀銘 謝銘軒 黃梓維 許柏佑 馮奕朗	2
	Team All-Around		Pak Ming Yip Tsz Wai Wong Ming Hin Tse Pak Yau Hui Alexander Fung	葉珀銘 謝銘軒 黃梓維 許柏佑 馮奕朗	2
12-15 Female	Single Rope Speed Relay 4x30	HK12	Pui Lam Lee Ching Yi Lee Long Yuet Tsang Yi Lan Evelyn Wu	李佩霖 李澄兒 曾朗悅 伍逸藍	3
	Double Dutch Speed Relay 4x30		Pui Lam Lee Ching Yi Lee Long Yuet Tsang Yi Lan Evelyn Wu	李佩霖 李澄兒 曾朗悅 伍逸藍	2
	Single Rope Pair Freestyle		Yi Lan Evelyn Wu Pui Lam Lee	伍逸藍 李佩霖	3
	Double Dutch Single Freestyle		Yi Lan Evelyn Wu Long Yuet Tsang Pui Lam Lee	伍逸藍 曾朗悅 李佩霖	1
	Double Dutch Pair Freestyle		Pui Lam Lee Ching Yi Lee Long Yuet Tsang Yi Lan Evelyn Wu	李佩霖 李澄兒 曾朗悅 伍逸藍	1
	Double Dutch Team Overall		Pui Lam Lee Ching Yi Lee Long Yuet Tsang Yi Lan Evelyn Wu	李佩霖 李澄兒 曾朗悅 伍逸藍	1
	Team All-Around		Pui Lam Lee Ching Yi Lee Long Yuet Tsang Yi Lan Evelyn Wu	李佩霖 李澄兒 曾朗悅 伍逸藍	1
12-15 Female	Single Rope Pair Freestyle	HK13	Nga Hei Siu Nok Ching Chang	蕭雅希 鄭樂澄	1
	Double Dutch Single Freestyle		Chun Ying Yu Nga Hei Siu Nok Ching Chang	俞春盈 蕭雅希 鄭樂澄	2
	Team All-Around		Chun Ying Yu Nga Hei Siu Yu Ki Li Wing Shih Nok Ching Chang	俞春盈 蕭雅希 李雨錡 施穎 鄭樂澄	3
12-15 Female	Single Rope Speed Relay 4x30	HK14	Jacey Yue Man Yi Katrina Lee Lok Yin Charisse Shea Wai Ka Tsang	余星月 李敏兒 余洛賢 曾尉迦	2
	Double Dutch Single Freestyle		Lok Yin Charisse Shea Sum Yee Li Man Yi Katrina Lee	余洛賢 李芯苾 李敏兒	3
	Double Dutch Pair Freestyle		Man Yi Katrina Lee Sum Yee Li Lok Yin Charisse Shea Wai Ka Tsang	余星月 李芯苾 余洛賢 曾尉迦	3
	Team All-Around		Wai Ka Tsang Sum Yee Li Man Yi Katrina Lee Lok Yin Charisse Shea Jacey Yue	曾尉迦 李芯苾 李敏兒 余洛賢 余星月	2
	Double Dutch Speed Sprint 1x60		Ching Yau Yuen HIU SA Kei Nam Constance CHAN	袁正佑 沙曉 陳紀南	3

12-15 Mixed	Single Rope Pair Freestyle	HK15	HIU SA Chit Hei Marco Wong	沙曉 黃捷熙	2
	Double Dutch Single Freestyle		Ching Yau Yuen Chit Hei Marco Wong Kei Nam Constance CHAN	袁正佑 黃捷熙 陳紀南	2
	Double Dutch Pair Freestyle		Hiu Tung Yuen Chit Hei Marco Wong HIU SA Kei Nam Constance CHAN	袁曉彤 黃捷熙 沙曉 陳紀南	3
	Double Dutch Team Overall		Hiu Tung Yuen Ching Yau Yuen Kei Nam Constance CHAN HIU SA Chit Hei Marco Wong	袁曉彤 袁正佑 陳紀南 沙曉 黃捷熙	3
	Team All-Around		Hiu Tung Yuen Ching Yau Yuen Kei Nam Constance CHAN HIU SA Chit Hei Marco Wong	袁曉彤 袁正佑 陳紀南 沙曉 黃捷熙	2



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IJRU VWC Series 2021

Virtual International Open Tournament

Master events

Gender/Age	Event	Participants		Rank
12-15 Female	Single Rope Individual Freestyle	Wing Shih	施穎	1
	Single Rope Individual Freestyle	Chun Ying Yu	俞春盈	3
12-15 Male	Single Rope Individual Freestyle	Ho Chit Leung	梁浩哲	3
16-18 Female	Single Rope Individual Freestyle	Lok Yiu Wong	黃樂瑤	2
16-18 Male	Single Rope Speed 1x30	Tin Yau Wong	黃天佑	2
	Single Rope Speed Endurance 1x180			1
	Single Rope Individual Freestyle			2
	Single Rope Individual Freestyle	Hon Man Chan	陳漢文	1
19+ Female	Single Rope Speed 1x30	Kai Ying Lau	劉佳櫻	3
19+ Male	Single Rope Speed Endurance 1x180	Yun San Leung	梁潤新	2
	Single Rope Individual Freestyle			2
30+ Male	Single Rope Speed 1x30	Chi Shing Tsoi	蔡志誠	3
	Single Rope Speed Endurance 1x180			3
	Single Rope Individual Freestyle			2



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Virtual International Open Tournament

Team events

Gender/Age	Event	Team	Participants	Rank	
12-15 Male	Single Rope Speed Relay 4x30	HK18	Jayden Leung Chin Ting Chan Qing Yuan Chen Tsz Hin Cheung	梁日曦 陳展霆 陳慶源 張梓軒	3
	Double Dutch Speed Relay 4x30		Jayden Leung Chin Ting Chan Qing Yuan Chen Tsz Hin Cheung	梁日曦 陳展霆 陳慶源 張梓軒	1
	Double Dutch Speed Sprint 1x60		Tsz Hin Cheung Qing Yuan Chen Chin Ting Chan	張梓軒 陳慶源 陳展霆	2
	Single Rope Pair Freestyle		Tsz Hin Cheung Qing Yuan Chen	張梓軒 陳慶源	2
	Single Rope Team Freestyle		Jayden Leung Chin Ting Chan Qing Yuan Chen Tsz Hin Cheung	梁日曦 陳展霆 陳慶源 張梓軒	1
	Double Dutch Single Freestyle		Tsz Hin Cheung Qing Yuan Chen Chin Ting Chan	張梓軒 陳慶源 陳展霆	1
	Double Dutch Pair Freestyle		Jayden Leung Chin Ting Chan Qing Yuan Chen Tsz Hin Cheung	梁日曦 陳展霆 陳慶源 張梓軒	1
12-15 Female	Single Rope Speed Relay 4x30	HK19	Hoi Tung Cheng Wing Laam Kwan Cheuk Yiu Sin Tsz Ching Yeung	鄭埜桐 關泳嵐 單焯瑤 楊梓晴	1
	Double Dutch Speed Relay 4x30		Wing Laam Kwan Yi Ching Law Cheuk Yiu Sin Tsz Ching Yeung	關泳嵐 羅倚晴 單焯瑤 楊梓晴	3
	Double Dutch Speed Sprint 1x60		Wing Laam Kwan Yi Ching Law Cheuk Yiu Sin	關泳嵐 羅倚晴 單焯瑤	1
	Single Rope Pair Freestyle		Wing Laam Kwan Cheuk Yiu Sin	關泳嵐 單焯瑤	2
	Single Rope Team Freestyle		Hoi Tung Cheng Wing Laam Kwan Cheuk Yiu Sin Tsz Ching Yeung	鄭埜桐 關泳嵐 單焯瑤 楊梓晴	2
	Double Dutch Single Freestyle		Wing Laam Kwan Cheuk Yiu Sin Tsz Ching Yeung	關泳嵐 單焯瑤 楊梓晴	1
12-15 Female	Double Dutch Speed Relay 4x30	HK20	Man Kiu Yim Hei Tung Chan Chung Yan Sabina Wong Hiu Ching Wong	嚴敏僑 陳希桐 黃頌焮 王曉澄	2
	Double Dutch Pair Freestyle		Tsz Kiu Pang Chung Yan Sabina Wong Man Kiu Yim Hiu Ching Wong	彭子僑 黃頌焮 嚴敏僑 王曉澄	2
16-18 Female	Single Rope Pair Freestyle	HK21	Yan Hei Leung Lok Yin Natalie Cheung	梁恩滸 章樂妍	2
	Single Rope Team Freestyle		Long Yiu Chow Yee Kiu Siu Ka Yi Fung Yan Hei Leung	周朗瑤 蕭以喬 馮嘉兒 梁恩滸	2

16-18 Mixed	Single Rope Pair Freestyle	HK22	Wing Tung Yu Kai Nam Yeung	庾詠彤 楊啟南	3
12-15 Mixed	Single Rope Team Freestyle		Wing Tung Yu Kai Nam Yeung Fong Yu Lam Hoi Tsun Fan	庾詠彤 楊啟南 林芳羽 范皓浚	2
19+ Male	Single Rope Speed Relay 4x30	HK23	King Man Ng Shun Him Zachary Cheung Chi Kit Choi Chin Man Sit	吳景文 張信謙 蔡智傑 薛展文	3
	Single Rope Team Freestyle		Ho Oscar Lo Chi Kit Choi Shun Him Zachary Cheung King Man Ng	羅灝 蔡智傑 張信謙 吳景文	3
	Double Dutch Single Freestyle		King Man Ng Chi Kit Choi Yu Ming Leung	吳景文 蔡智傑 梁裕銘	2
	Double Dutch Pair Freestyle		Chin Man Sit Yu Ming Leung Chi Kit Choi King Man Ng	薛展文 梁裕銘 蔡智傑 吳景文	2
19+ Male	Double Dutch Speed Relay 4x30	HK24	Ka Chun Wong Cheuk Lai Tang Ming Hei Tango Seto Ryan Li	黃家俊 鄧綽禮 司徒銘曦 李承羲	3
	Single Rope Pair Freestyle		Ka Chun Wong Ho Yin Leong	黃家俊 梁浩然	2
	Single Rope Team Freestyle		Ka Chun Wong Cheuk Lai Tang Ryan Li Ho Yin Leong	黃家俊 鄧綽禮 李承羲 梁浩然	2
	Double Dutch Single Freestyle		Ryan Li Ming Hei Tango Seto Ka Chun Wong	李承羲 司徒銘曦 黃家俊	1
	Double Dutch Pair Freestyle		Ka Chun Wong Ming Hei Tango Seto Ryan Li Ho Yin Leong	黃家俊 司徒銘曦 李承羲 梁浩然	1
19+ Female	Single Rope Speed Relay 4x30	HK25	Lok Ching Wong Tsz Ching Yuen Yuk Ting Tsang Hoi Ki Chan	黃樂程 袁芷晴 曾鈺婷 陳海淇	1
	Double Dutch Speed Relay 4x30		Lok Ching Wong Tsz Ching Yuen Yuk Ting Tsang Hoi Ki Chan	黃樂程 袁芷晴 曾鈺婷 陳海淇	2
	Double Dutch Speed Sprint 1x60		Tsz Ching Yuen Lok Ching Wong Hoi Ki Chan	袁芷晴 黃樂程 陳海淇	3
	Single Rope Pair Freestyle		Hoi Ki Chan Lok Ching Wong	陳海淇 黃樂程	2
	Double Dutch Single Freestyle		Tsz Ching Yuen Yuk Ting Tsang Hoi Ki Chan	袁芷晴 曾鈺婷 陳海淇	3
19+ Mixed	Double Dutch Speed Relay 4x30	HK26	CHON MENG LEE Tsz Hei Tsui Lok Ming Leung Ho Ching Priscila Lau	李俊明 徐梓禧 梁樂銘 劉灝程	3
	Single Rope Pair Freestyle		CHON MENG LEE Ho Yan Man	李俊明 文浩欣	1
	Single Rope Team Freestyle		CHON MENG LEE Tsz Hei Tsui Lok Ming Leung Ho Yan Man	李俊明 徐梓禧 梁樂銘 文浩欣	3
19+ Mixed	Single Rope Team Freestyle	HK27	Sing Lung Michael Ho Long Tsung Tsang Cheuk Him Ma SHIN HANG LO	何聲龍 曾瑚棕 馬焯謙 盧倩珩	2
	Double Dutch Single Freestyle		Sing Lung Michael Ho SHIN HANG LO Long Tsung Tsang	何聲龍 盧倩珩 曾瑚棕	3

19+ Mixed	Single Rope Double-Under Relay	HK28	Ching Tung Yeung Pak Wai LEUNG	楊靜潼 梁珀璋	3
	Double Dutch Speed Relay 4x30		Yin Lok Chan Chun Kit Ho Hei Ching Lai Ching Tung Yeung	陳言諾 何浚傑 黎希晴 楊靜潼	1
	Single Rope Pair Freestyle		Ching Tung Yeung Pak Wai LEUNG	楊靜潼 梁珀璋	3
	Double Dutch Single Freestyle		Yin Lok Chan Chun Kit Ho Hei Ching Lai	陳言諾 何浚傑 黎希晴	2
	Double Dutch Pair Freestyle		Yin Lok Chan Chun Kit Ho Hei Ching Lai Ching Tung Yeung	陳言諾 何浚傑 黎希晴 楊靜潼	1